



KERALA UNIVERSITY OF HEALTH SCIENCES

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MOSC COLLEGE OF NURSING, KOLENCHERY

REPORT ON WORLD AIDS DAY CELEBRATION

INTRODUCTION

World AIDS Day, observed on **1st December every year**, is a global initiative dedicated to raising awareness about HIV/AIDS, reducing stigma associated with the condition, and showing support to people living with HIV. The observance also serves as a reminder of the progress made in prevention and treatment while emphasizing the need for continued education, early detection, and compassionate care.

AWARENESS SESSION FOR THE PUBLIC

DATE: 01/12/2025

TIME: 09.45- 10.15 AM

Recognizing the importance of community participation, fifth semester BSc. Nursing students of M. O. S. C. College of Nursing, Kolenchery, were organized a World AIDS Day program at Community Health Centre, Ramamangalam, to spread awareness and promote a healthier, informed society.

The event commenced with a warm welcome address by **Ms. Adona M. Binoy**, fifth semester BSc. Nursing, who extended heartfelt greetings to all dignitaries, health staff, students, and community members. This was followed by

an informative **awareness session conducted by the students for the general public**. Through posters and interactive discussions, the students explained the causes and modes of transmission of HIV, Methods of prevention and safe health practices, Myths and misconceptions related to the disease, The importance of early testing and treatment, The need to fight stigma and discrimination against people living with HIV/AIDS.

The public actively participated in the session, asking questions and sharing their thoughts, which made the program more engaging and impactful. The event concluded with the vote of thanks.



AWARENESS SESSION FOR STUDENTS

An AIDS Day Awareness Session was organized for the **Third Semester BSc. Nursing students**. The session was conducted by **Dr. Sharon Baisil**, Associate Professor, **Department of Community Medicine**, M. O. S. C. Medical Mission Hospital, with the objective of enhancing students' understanding of HIV/AIDS, its prevention, and the importance of public health awareness. The session also included interactive discussions where students actively participated, clarified their doubts, and shared their perspectives on the importance of AIDS awareness in society.



CONCLUSION

Overall, the AIDS Day awareness initiative proved to be highly informative and impactful. It not only deepened the students' understanding of HIV/AIDS but also highlighted their responsibility as informed citizens to support prevention efforts and advocate for dignity and equality for those affected. The event reaffirmed the significance of continuous education in building a healthier and more inclusive society.

WORLD AIDS DAY-01/12/2025

World AIDS Day was observed on 1 December 2025 by the NSS Unit of Little Flower College of Nursing, Angamaly under the global theme "Overcoming Disruption, Transforming the AIDS Response". The programme was organized both at the College of Nursing and at Taluk Hospital, Angamaly with the aim of creating awareness among students and the community.

At the College of Nursing, students conducted a theme presentation highlighting the significance of the day, the global theme, and current strategies in HIV prevention and care. A quiz competition was also organized to enhance student participation and reinforce key concepts related to HIV/AIDS.

At Taluk Hospital, Angamaly, the NSS volunteers carried out various awareness activities. The session began with a brief introduction on the importance of World

AIDS Day, followed by an awareness talk on HIV transmission, prevention, early testing and treatment adherence. Volunteers presented informative posters and a short skit was performed to reduce stigma and promote acceptance of people living with HIV.

Red ribbons were distributed as a symbol of support and solidarity. The volunteers also formed a glowing red ribbon formation using candles, representing collective awareness and compassion for individuals affected by HIV/AIDS.

The campaign helped dispel common misconceptions, improved awareness and encouraged a positive and supportive attitude toward HIV prevention and care. Overall, the programme was impactful, informative and successful in fulfilling the objectives of World AIDS Day.

MAR SLEEVA COLLEGE OF NURSING PALAI

Sl. No.	Date	Name of the activity conducted	No. of participants	Total Hours spend	Achievement by the program including Beneficiaries
1.	29/09/2025	World Heart Day celebration	50	04	Active participation of NSS volunteers on this day. A walkathon was by NSS volunteers of this unit
2.	1/12/2025	World AIDS Day awareness rally	50	06	NSS volunteers participated in an AIDS Day awareness programme in Pala, conducting

					a rally with placards and slogans, presenting a skit, Pledge and attending an awareness class led by the District Medical Officer, Kottayam.
3.	3/12/25	World AIDS day awareness skit at college level	100	1 hr	NSS volunteers were conducted in AIDS awareness skit and the message was given by Principal, Prof. Dr Deltimol Mathew and Vice Principal Prof. Sini John.
4.	3/12/25	World disability day celebration	100	1 hr	Nss volunteers were conducted skit and the message was given by Pediatric HOD , Ms Mary Philip
5.	5/12/25	Drug free campus program	100	1 hr	A special initiative was taken for Anti-Narcotics Campus formation, and an informative class was conducted by Rev. Fr. Jacob Vellamaruthunkal and Mr. Prasad Kuruvila, in which

					NSS volunteers actively participated.
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World Heart day celebration



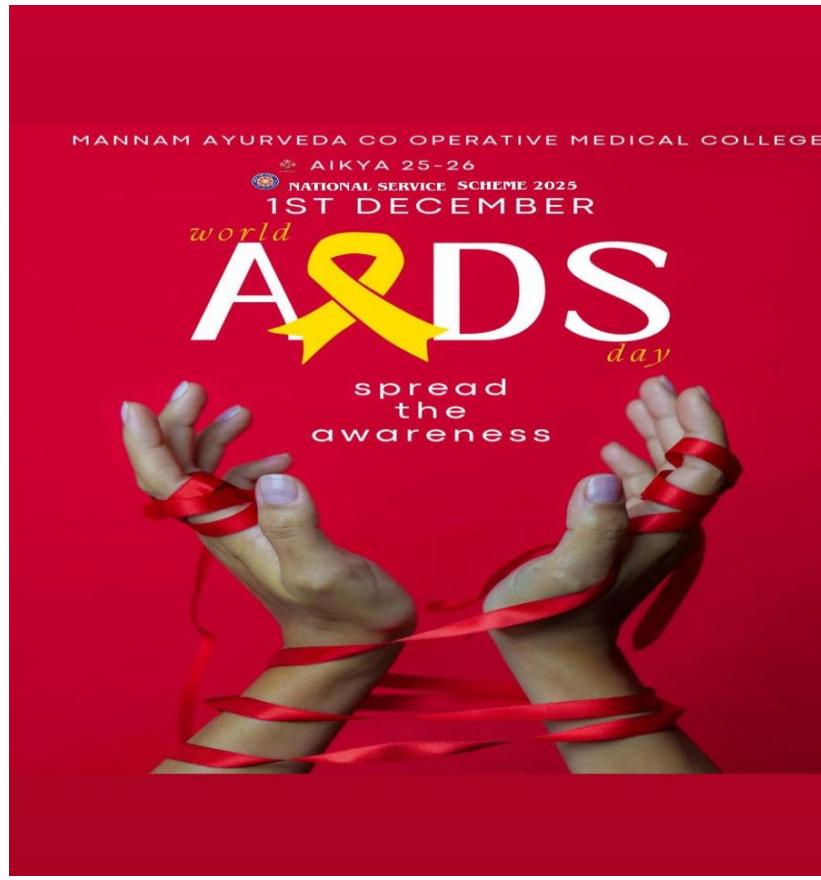
WORLD AIDS DAY



Drug free campus program



MANNAM AYURVEDA CO-OPERATIVE MEDICAL COLLEGE, PANDALAM



ALSHIFA COLLEGE OF PARAMEDICAL SCIENCES

Programme Report on World AIDS Day – 1 December 2025

As part of the observance of **World AIDS Day**, the **NSS Unit of Alshifa College of Paramedical Sciences** organized an awareness programme on **1st December** at **Alshifa College of Arts and Science**. The primary objective of the programme was to create awareness about HIV/AIDS, its modes of transmission, prevention strategies, and to reduce the stigma associated with the condition.

The programme included a **World AIDS awareness exhibition**, where informative charts, models and posters were displayed to educate students and staff about the global and national scenario of HIV/AIDS, preventive measures, and the importance of early testing and treatment. The exhibition attracted a large number of students and faculty members, making it an impactful learning experience. Inaugurated by arts college principal Dr. (Prof) Kamaludheen.

An **awareness class** was conducted by **Ms. Abhina** and **Dr. Ann Taisy George**, who highlighted the scientific aspects of HIV/AIDS, modes of transmission, preventive measures, and the importance of compassion and social support for people living with HIV. The session was interactive and encouraged students to clarify their doubts and misconceptions. Programme inaugurated by Our principal Prof (Dr.) Sudheesh K

In addition, a **poster-making competition** was organized as part of the programme to encourage creative expression among students regarding the theme of World AIDS Day. The competition witnessed active participation from various departments, and the posters created reflected powerful messages about awareness, prevention, and inclusion.

The programme was successfully coordinated by the NSS volunteers of Alshifa College of Paramedical Sciences with the support of faculty members. The event concluded with a vote of thanks, and the programme was appreciated by all participants for its relevance and social importance.



ഹ്രയ്യസ് ദിനാചരണം

പെരിന്തൽമണ്ണ

ലോക ഹ്രയ്യസ് ദിനത്തിൽ അൽക്ക സ്കിഹ് കോളേജ് ഓഫ് പാരാമെഡിക്കൽ സയൻസ സില്യൂം അൽക്ക സ്കിഹ് ആർക്കസ് ആൻഡ് സയൻസ് കോളേജി ലൂം വിവിധ ബോധവൽക്കര രൂപ പരിപാടികൾ നടത്തി. കിംസ് അൽക്ക സ്കിഹ് ആശുപ ത്രിയിലെ കൂടിനിക്കൽ മെക്രൂബയോളജിസ്റ്റ് ഡോ. ആൻ ടെയ്സി ജോർജ്ജ് മുവു പ്രഭാഷണം നടത്തി. അൽക്ക സ്കിഹ് ആർക്കസ് ആൻഡ് സയൻസ് കോളേജിൽ പ്രദർശന വും പോസ്റ്റർ അവതരണങ്ങൾ ഒരു സംഘടിപ്പിച്ചു. പ്രദർശന ത്തിൽ വിദ്യാർഥികൾ എച്ചോഎച്ചി ഹ്രയ്യസ് സംബന്ധിച്ച സാമൂഹികാരോഗ്യ സന്ദേശങ്ങൾ അവതരിപ്പിച്ചു.

INSTITUTE OF NURSING SCIENCES & RESEARCH, MALABAR CANCER CENTRE

Sl. No.	Date	Activity conducted (Name of the Activity)	No. of Volunteers Participants	No. of Hours performed	Achievement to the beneficiaries by the programmes
1	01/12/2025	World AIDS Day	168	2 hours	Conducted AIDS awareness rally, red ribbon distribution, pledge taken, informative chart displayed.

WORLD AIDS DAY

As a part of World AIDS Day, seven NSS volunteer students from the 7th semester actively participated in the AIDS awareness rally organized by the IMA, Thalassery in collaboration with NSS, Institute of Nursing Sciences and Research (INSeR). The rally began at 7:45 a.m. from the Thalassery Municipal Stadium and proceeded through GH Hospital and the bus stand, spreading key messages on HIV/AIDS prevention and awareness, before returning to the stadium by 8:30 a.m. Students carried placards highlighting the importance of early diagnosis, safe practices, and reducing stigma related to HIV/AIDS.

In addition to the rally, 3rd-semester students prepared informative posters on HIV/AIDS, which were displayed in the college for all students. These charts explained modes of transmission, preventive measures, myths and facts, and the importance of regular testing, contributing significantly to student learning and awareness within the campus.

At 11:00 a.m., Malabar Cancer Centre (MCC) and National Service Scheme (NSS) unit of the Institute of Nursing Sciences and Research, jointly conducted a red ribbon distribution campaign for all students, MCC Hospital faculty

members, and the general public, symbolizing solidarity with people living with HIV. A mass pledge was taken in front of the hospital, reaffirming the commitment to spread awareness and work toward a world free from AIDS. The Health Secretary, Dr. Rajan N Khobragade, addressed the gathering and emphasized the importance of ongoing awareness, community involvement, and responsible health practices.

The event was further strengthened by the presence of the Director, Hospital Administrator, Nursing Superintendent, Finance Officer, and doctors from various departments. Their support, along with the active participation of students and faculty, made the program impactful and meaningful, helping to promote awareness and responsibility regarding HIV/AIDS prevention and care within the community.



GOVT. AYURVEDA MEDICAL COLLEGE **PARIYARAM**

World AIDS Day Awareness Session Report

The NSS RRC Govt. Ayurveda college Kannur AM002 Unit, organized an AIDS Awareness Session on December 1, 2023, and December 4, 2025, in observance of World AIDS Day.

Date	Session	Time	Audience	Speakers
Dec 1, 2023	Session 1	12:30 PM – 1 PM	Students	Dr. Saranya P. Nambiar (MBBS, DGO)
Dec 1, 2023	Session 2	3:30 PM – 4:00 PM	Students	Dr. Shikha Pandey
Dec 4, 2025	Session for 2025 Batch	2:00 PM – 2:40 PM	Students	JITHIN SEBASTIAN (STI Counsellor), Tessa Joy (ART Counsellor)
Dec 4, 2025	Open Awareness Session	2:45 PM – 3:45 PM	IP Patients	JITHIN SEBASTIAN (STI Counsellor), Tessa Joy (ART Counsellor)

- Sessions aimed to raise awareness about HIV/AIDS and STIs, encouraging students to participate and promote solidarity.
- A Flash Mob was performed at the Open Auditorium to promote HIV/AIDS awareness.
- The event saw enthusiastic participation from students and faculty, making it a meaningful awareness program.

PUSHPAGIRI COLLEGE OF PHARMACY, **TIRUVALLA**

World AIDS Day 2025

Pushpagiri College of pharmacy in association with students union and NSS unit commemorated World AIDS Day 2025 on 01/12/2025. The theme of this year World AIDS Day was "Overcoming disruption, transforming the AIDS response". The day was commemorated with the aim of creating awareness about HIV/AIDS, promoting prevention strategies, and encouraging a compassionate attitude towards people living with HIV.

The programme included a pledge-taking ceremony conducted by the NSS unit and a leaflet-making competition by the student's union ensuring active participation of students and staff. The awareness pledge affirm their commitment to spread accurate information about HIV/AIDS, Promote safe and responsible health practices, Stand against discrimination and stigma towards people living with HIV.

The NSS student volunteers actively participated in the leaflet making and the leaflets were published in notice board as a remembrance of the day. Students created informative and visually appealing leaflets focusing on modes of transmission, Methods of prevention, Myths vs. facts and the Importance of testing and treatment to support for people living with HIV. Total of 20 students participated. The entries evaluated based on content accuracy, creativity, clarity of message, and presentation. The leaflets were evaluated and the best leaflets were awarded with cash prize.

The observance of World AIDS Day 2024 proved to be an enriching and impactful experience. The pledge-taking ceremony and leaflet-making competition together helped create a positive environment of awareness, empathy, and responsibility. The organizing committee thanks all participants, faculty members, and volunteers for their active support in making the programme a success.

RUCKMONI COLLEGE OF NURSING, VELLARADA

Sl. No.	Date	Name of the activity conducted	No.of participants	Total Hours spend	Achievement by the program including Beneficiaries
1.	8.11.2025	cleaning	100	1	NSS volunteers actively participated in Amboori village cleaning .
2.	14.11.2025	World diabetic day	100	1	NSS volunteers observed world Diabetic day on 14.11.2025 at Ruckmoni memorial devi hospital. The students were presented the theme and the theme for 2025 is

					“Diabetes across life stages”. And also, they have given health education regarding diabetic foot care.
3.	20.11.2025	Anti microbial resistance week	100	1	NSS Volunteers observed Anti-microbial resistance week on 20.11.2025 at Ruckmoni memorial devi hospital. They have given awareness regarding anti-microbial resistance for students and staff.
4.	22.11.2025	Campus cleaning	100	1	NSS volunteers actively participated in village cleaning.
5.	28.11.2025	National constitution day	100	1	NSS volunteers obseved National constitution day on 28.11.2025 at Ruckmoni memorial devi hospital. Mr. Albin .j. Thomas (Judicial I class magistrate) they taught about laws regarding students benefit, drug abuse, Anti ragging.



REPORT ON WORLD AIDS DAY-2025

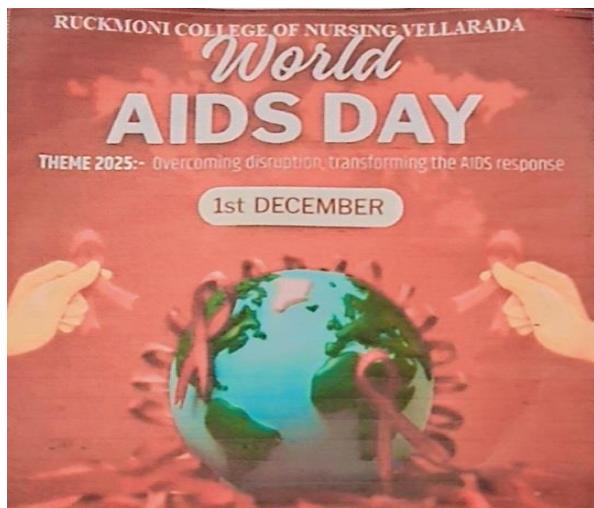
Date- 1.12.2025

Venue- Neyyattinkara General Hospital

Topic- World AIDS Day

Theme- “Overcoming disruption, Transforming the AIDS response.”

As a part of SSGP we have observed World AIDS Day. Ruckmoni College of Nursing and Neyyattinkara General Hospital jointly organized a public awareness rally from Neyyattinkara junction. Followed the rally Dr. Joy John (Medical Superintendent, General Hospital, Neyyattinkara), Mr. Anil Kumar (DYSP) and Nursing Superintendent (General Hospital, Neyyattinkara) shared their knowledge regarding AIDS. After that, the students presented the theme and performed a flash mob. More than 150 students participated in this programme. Information related to HIV/AIDS displayed on the display board of college .At the end of the programme, all got awareness regarding the AIDS. The programme started at 10.00 am and ended at 12.00 pm.



JAMIA SALAFIYA PHARMACY COLLEGE

Organized by NSS Unit in Association with Red Ribbon Club

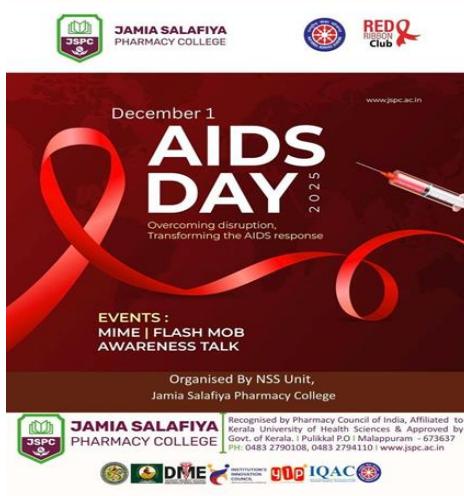
Date: 05/12/2025

World AIDS Day was observed at Jamia Salafiya Pharmacy College on 5th December 2025 with the objective of raising awareness about HIV/AIDS, promoting preventive measures, and encouraging compassionate attitudes towards affected individuals. The programme was jointly organized by the NSS Unit in association with the Red Ribbon Club of the institution.

The event began with an Awareness Talk delivered by Ms. Nesmiya K, a Fifth Semester B. Pharm student. She highlighted the importance of understanding HIV transmission, early diagnosis, and the role of youth in eliminating stigma associated with the disease. Her session effectively conveyed scientific facts, preventive strategies, and the need for responsible behavior. The talk also emphasized the significance of regular health checkups and the global efforts to achieve the “End AIDS” target.

Following the talk, the NSS volunteers presented a powerful and engaging Flash Mob that attracted the attention of the entire campus. The performance conveyed messages on safe practices, empathy, and the importance of spreading awareness within society. The flash mob successfully captured student interest and reinforced the theme of the day in a creative and impactful manner.

The program promote healthy lifestyles, and stand against discrimination faced by individuals living with HIV/AIDS. The combined efforts of the NSS Unit and the Red Ribbon Club made the event informative, memorable, and inspiring for the student community





KMCT COLLEGE OF PHARMACY, KUTTIPPURAM

REPORT FOR OBSERVATION OF WORLD'S AIDS DAY

NSS unit of KMCT College of pharmacy observed WORLD'S AIDS DAY. World AIDS Day is observed to raise global awareness about HIV/AIDS, show support for people living with HIV, and commemorate lives lost to AIDS-related illnesses. This year's program emphasized youth awareness, community education, and creative advocacy through an awareness class and poster presentation. The main purpose of the program was to educate participants on the causes, transmission, prevention, and treatment of HIV/AIDS, to reduce stigma and misconceptions associated with HIV, to use creative methods (posters) to spread public health messages.

The event began with a welcome address from the program officer, who emphasized the worldwide significance of the day and the need for constant awareness. A comprehensive awareness class was conducted by Dr.Samreen, MBBS, Medical officer key points covered in the session were

- What are HIV and AIDS?
- Modes of transmission
- Prevention methods such as safe sex practices, use of clean needles, and regular testing.
- Treatment options including antiretroviral therapy (ART).

- Myths and misconceptions surrounding HIV.
- Importance of empathy and non-discrimination toward people living with HIV.

Interactive discussions, question-and-answer sessions, and short videos were used to keep participants engaged.

Students/participants were encouraged to design posters with creative messages on HIV/AIDS awareness. Students showcased excellent creativity and communication skills through their posters. The World AIDS Day celebration was informative, engaging, and impactful. The combination of awareness class and poster presentation effectively deepened participants' knowledge and encouraged open discussion about HIV/AIDS



MALABAR CANCER CENTRE

No	Activities	No. of Colleges
1	Malayalam Varaghosham	3
2	World Diabetes day	3
3	Awareness campaign	2
4	Children s day	3
5	Flash mob	2
6	National Tooth Brushing Day	1
7	Health survey at adopted village	1
8	Constitution day	1
9	Dental Camp	3
10	Participation of conducting Blood bank camps	5

KARUNA COLLEGE OF PHARMACY

THEME: OVERCOMING DISRUPTION, TRANSFORMING THE AIDS RESPONSE

On the occasion of World AIDS Day 2025, observed annually on December 1st. We started the program with NSS Song. National Service Scheme of Karuna College of Pharmacy organized an awareness program in collaboration with Student Support Guidance Program(SSGP).In this program we have an external Junior Health Inspector Mr. Sarath .T.S-JHI Thirumittacode deliver an awareness session on AIDS DAY. Afterwards there is an awareness session by SSGP Nodal Officer Mrs. Farija. K.H about current theme of AIDS DAY 2025- OVERCOMING DISRUPTION, TRANSFORMING THE AIDS RESPONSE. She explained about the current disruptions faced by our community and made awareness about the latest treatment regimens for AIDS. There was a mime show conducted by third semester students under NSS UNIT about AIDS DAY. The program ended with National Anthem.



JDT ISLAM COLLEGE OF PHYSIOTHERAPY KOZHIKKODE

The National Service Scheme (NSS) unit of JDT Islam College of Physiotherapy organized a Road Safety Awareness Programme on 2nd December 2025 at 2:00 PM in the college library. The programme aimed to create awareness on safe road practices, responsible driving, and accident prevention.

The event commenced with a warm welcome address delivered by Dr. Sajeevan T, principal ,JDT Islam college of physiotherapy, who emphasized the importance of road safety and the growing need for responsible behavior among road users. He highlighted the alarming rise in road traffic accidents and motivated the students to become responsible and vigilant citizens.

The resource person for the session was Mr. Shyjan P, AMVI, RTO Enforcement, Kozhikode. He discussed key aspects of road safety including:

- Importance of wearing helmets and seatbelts
- Hazards of overspeeding and reckless driving
- Dangers associated with mobile phone use while driving
- Legal consequences of drunk driving
- Pedestrian rules and safe road crossing
- First response actions during road accidents

His session was highly interactive and informative, supported with real-life examples and practical insights.

A felicitation address was given by Remya Chempadathil, Associate Professor, who appreciated the NSS unit for arranging such a socially relevant programme. She stressed the significance of spreading road safety awareness among youth and practicing disciplined road use.

The programme saw active participation from NSS volunteers and students across different batches. An open discussion session provided clarity on traffic rules and enforcement mechanisms.

The event concluded with a heartfelt vote of thanks delivered by Aneeta, NSS Volunteer, who expressed gratitude to the resource person, faculty members, NSS coordinators, and all volunteers for their cooperation and support.

This Road Safety Awareness Programme was also successfully uploaded to the My Bharat Portal, ensuring official documentation and wider visibility of the NSS unit's activities. The programme details, photographs, and participant count were entered as per the portal guidelines.

Overall, the programme was highly informative and successfully conveyed the importance of adopting safe road practices.

JUBILEE MISSION COLLEGE OF NURSING

The NSS & SSGP Unit of JMCON has organized an World AIDS day awareness quiz competition for the students of Jubilee Mission college of Nursing on 02/12/2025. The theme for this year is “Overcoming disruption, transforming the AIDS response”. In adherence to the theme Jubilee Mission college of Nursing has organized and quiz competition for the students of various batches of BSc Nursing. The broucher was prepared in advance and circulated to the students.

The students in groups were given names for participation to the coordinators. Totally 5 batches of students participated for the quiz competition. Each group has three members. The questions were prepared in advance with adequate refrence and correction were received from experts.

On 2/12/2025 the quiz competition was conducted in three rounds by the organizers. The first round consist of questions related to basic informations on HIV nad AIDS. The score board was also maintained. Each team received 5 questions. No pass marks were awarded. The second one was proceeded with visual based questions. Based on the aggregate mark scored in first and second round 3 groups were selected and proceeded to third round. As there was a tie between two groups tie breaker questions were given and one group was forwaded to third round.

Third round was a rapid fire round. 30 seconds were given to each team. The teams were asked to answer maximum number of questions within the given time. Based on the total score the groups were awarded for prize. Goup IV (7th semester), Group 2 (3rd Semester) & Group 5 (8th Semester) were won first, second and third places respectively.

Conclusion

The students participated in the quiz programme with much enthusiasm and team spirit. The organizers acknowledge the students knowledge and interest in participation.

TRAVANCORE COLLEGE OF NURSING

Sl.No	Date	NSS Activity conducted	No. of volunteers participated	Total hours	Achievements
1.	01-12-2025 TO 06-12-2025	WORLD AIDS DAY <ul style="list-style-type: none">• Awareness class on anti ragging , legal aspects and anti drug awareness and mass awareness program on AIDS• Quiz competition• Poster competition• Flashmob and streetplay in public places• Essay competition	100 VOLUNTEERS OF NSS AND all other students of college Total 282 students	12 hours	Addressing the importance of theme of the AIDS day 2025, role of young youths for the prevention of AIDS, reduce the stigma of people over AIDS , information regarding anti ragging and its legal aspects and drug awareness.

01-12-25 : On day 1 Recognizing the importance of World AIDS day and as per KUHS NSS cell and KSACS instructions the NSS RRC unit of Travancore college of nursing had celebrated a one week program, The program started with NSS prayer song and a mass awareness session on antiragging its legal aspects and antidrug awareness by Mr.Midhun M.S , Sub Inspector of Kottiyam police station, Kollam for the students , AIDS theme speech by Mr. Harikrishnan U, Associate Professor , Community health nursing department, AIDS Awareness session by Psychologist and ICTC counsellor, Paripally Mrs Karthika P and Mrs Remya R.S , Professor, Travancore college of nursing . this session was so important and valuable for the students to understand the legal aspects, the different efforts that were taking to prevent AIDS. Pledge taking ceremony was done for both AIDS and as a part of Nasha Mukht Bharat Abhiyan by faculties and students.. Depth understanding the role of a ICTC Counselor. Importance of antidrug awareness campaign, the impact of drugs among youth.

02-12-25 : On day 2 A poster competition was conducted among volunteers as a part of AIDS day celebration on the topic "**AIDS : A Threat to Youth, A Challenge to overcome**". Many students participated in the competition and winners were selected for first, second and third position.



04-12-25 : On day 4 , Flashmob, streetplay and distribution of pamphlets were conducted in public place at Kollam beach. 52 students participated in the program, a wide range of public were attracted towards and attentive for the program. Distribution of pamphlets information regarding AIDS were done.

05-12-25 : On day 5, an awareness class on AIDS were conducted By Dermatology department of Travancore Medical College Dr. SREELEKSHMI . 142 students participated for the class.



06-12-25 : On day 6 , planning to conduct an essay competition among students.. 26 participants listed for essay competition. The title for the essay is **“BREAKING BARRIERS, BUILDING BRIDGES : The Role of YOUTH in Ending AIDS”**.

The one week WORLD AIDS DAY program helped volunteers to build up their confidence and leadership quality. They gained various informations and opportunities to focus on their abilities.

MES MEDICAL COLLEGE & HOSPITAL, PERINTHALMANNA

WORLD AIDS DAY CELEBRATION 2025

World AIDS Day 2025 was observed at MES Medical College on 02 December 2025 with the objective of enhancing awareness on HIV/AIDS, addressing stigma and discrimination, and reinforcing institutional commitment toward HIV prevention and support. The event was organized by the SSGP and NSS in collaboration with NSS volunteers of MES Medical College. The programme aligned with the official theme of World AIDS Day 2025, “Overcoming

disruption, transforming the AIDS response.” More than 100 participants, including undergraduate and postgraduate medical students, paramedical students, house surgeons, and NSS volunteers, attended the event, reflecting strong institutional participation and student engagement. The programme commenced with a brief introduction to World AIDS Day, its historical context, and current public health relevance. Faculty members highlighted the global burden of HIV infection, challenges in achieving prevention targets, and the need to address social determinants of health in HIV response. Participants were reminded of the role of healthcare professionals in combating stigma, promoting awareness, and ensuring equitable access to care for affected individuals.

Expert talk on HIV/AIDS

The keynote session was delivered by Dr. Lamiya KK, Associate Professor, Department of Community Medicine, MES Medical College. Dr. Lamiya conducted a comprehensive session on HIV/AIDS awareness, epidemiology, modes of transmission, prevention strategies, treatment advancements, and challenges in the current context. The speaker referred to the 2025 theme,

explaining that healthcare systems must *overcome disruptions posed by pandemics, socio-economic inequalities, digital divides, and service delivery gaps* in order to transform the HIV/AIDS response. She highlighted the need for resilient health systems, strengthened community involvement, and prioritisation of vulnerable populations. A significant part of the talk focused on *stigma and discrimination* associated with HIV/AIDS. The speaker explained how stigma affects diagnosis, adherence to therapy, quality of life, and mental health, and urged students to adopt non-judgmental, patient-centered communication in clinical practice. The talk also stressed the importance of *early detection, universal access to antiretroviral therapy, safe sexual practices, harm reduction strategies, and youth-focused interventions*.

Student interaction and question-answer session

Following the expert lecture, an interactive session was conducted where students raised questions related to clinical management, post-exposure prophylaxis, pre-

exposure prophylaxis, vertical transmission, stigma in healthcare settings, legal protections, and ethical considerations.

Students actively participated, reflecting their academic interest and awareness of current issues in HIV/AIDS care. Faculty members provided clarifications and encouraged further academic exploration of HIV-related health policies and research.

Pledge by students

All participants took a pledge reaffirming their commitment towards:

- promoting HIV awareness and prevention
- supporting individuals living with HIV/AIDS without discrimination
- advocating for stigma-free environments in healthcare and society
- contributing to evidence-based public health initiatives

The pledge served as a reminder of the ethical responsibility of healthcare professionals to uphold dignity, equality, and informed care.

Hostel-based awareness by NSS volunteers

As a continuation of World AIDS Day activities, NSS volunteers organized awareness sessions in *men's and women's hostels* of MES Medical College. These sessions specifically addressed:

- risks associated with *injectable drug use*
- unsafe needle sharing and its relationship to HIV and other blood-borne infections
- methods of harm reduction and early referral
- availability of counselling and confidential support

Participation and feedback

The programme witnessed a total participation of more than 100 attendees representing *medical, paramedical, and NSS units*. The diversity of participants facilitated a multidisciplinary understanding of HIV/AIDS and encouraged collaborative public health action.

Feedback obtained informally from students suggested that the session improved their conceptual understanding of HIV/AIDS, enhanced sensitivity towards affected individuals, and strengthened motivation to participate in public health outreach.

Conclusion

The World AIDS Day 2025 observance at MES Medical College was a meaningful academic and community-oriented initiative that combined knowledge dissemination, student engagement, stigma reduction, and peer-driven outreach. The event aligned with the global call for transforming HIV/AIDS response through resilient systems, informed youth participation, and inclusive practices. The active involvement of students, faculty, and NSS volunteers emphasized the institution's ongoing commitment to public health promotion, behavioural change communication, and community support. Sustained efforts through awareness, counselling, and evidence-based interventions will continue to play a vital role in HIV prevention and care, and MES Medical College remains committed to contributing to this global mission.

PRS COLLEGE OF NURSING

REPORT OF WORLD AIDS DAY

As a part of World AIDS day observance our NSS volunteers conducted various programme such as AIDS awareness programmes and Rali at Paliyode junction and inter colligate quiz competition at PRS College of nursing. 40 NSS volunteers participated. The programme inaugurated by Prof. Dr.Bhasura Chandrachood, Principal PRS College of Nursing and it was grant successes.

Introduction

World AIDS Day is observed globally on December 1st every year to raise awareness about HIV/AIDS, show support for people living with HIV, and commemorate those who have lost their lives to the disease. As part of this observance, our institution organized a series of educational and awareness-oriented activities aimed at strengthening knowledge, promoting positive attitudes, and encouraging preventive practices among students and the community.

Activities Conducted:

1. Quiz Competition:

On 28/11/2025 an Inter collegiate quiz competition on HIV/AIDS was conducted to enhance students' understanding of the causes, prevention, transmission, and management of HIV/AIDS. Students from various Institutions enthusiastically participated. Questions covered epidemiology, myths vs facts, preventive measures, treatment options, and global initiatives. The competition promoted healthy learning and encouraged students to stay updated with current health information. Winners were awarded certificates of appreciation.

1. Awareness Rally:

On 01/12/2025, an awareness rally (From Paliyode to Alathoor) was organized on World AIDS Day involving all students of the institution. The rally aimed to disseminate accurate information and spread public awareness. Students carried placards, banners, and slogans promoting HIV prevention, stigma reduction, and community support. The rally received positive responses from the public along the route. Faculty members supervised and guided the rally to ensure safety and effective communication.

Poster Presentation

A poster presentation was conducted to encourage creative expression and deepen students' understanding of HIV/AIDS. Students prepared informative and visually appealing posters on topics such as modes of transmission, Posters

were displayed in the notice board.

Conclusion

The observance of World AIDS Day 2025 was successful in promoting awareness, encouraging preventive attitudes, and empowering students to act as ambassadors of health education. The activities conducted quiz competition, awareness rally, and poster presentation helped reinforce the importance of community involvement in combating HIV/AIDS.



MES DENTAL COLLEGE, PERINTHALMANNA

World AIDS Day was observed at MES Dental College, Perinthalmanna, on December 1st, 2025, with a series of awareness activities organised with the aim of educating the public and student community regarding HIV/AIDS, its prevention, and the importance of empathy and support towards individuals living with the condition. The programme was conducted by Public Health Department of MES DENTAL COLLEGE in association with PSSP MIGRANT SURAKSHA PROJECT MALAPPURAM at Municipal hi -tech complex Perinthalmanna



ഭൗക്ത പ്രയ്യാസ് ദിനാവരണാദത്താടനുബന്ധിച്ച് പെരിന്തൽമല്ലായിൽ നടത്തിയ പരിപാടിയിൽ പങ്കെടുത്തവർ പ്രതിജ്ഞയെടുക്കുന്നു

ലോക എയ്യെസ് ഡിസോള്യൂഷൻസ്

జిల్లా అంశుపత్రి వెదతితో లుంబెస్టుక్రి సెనిటిం కుమార్ అయ్యకషణాయి. పి.ఎస్.ఎస్.పి ప్రాజెక్టు యయరక్కర్ హా. సిజో కలికాట్లిస్ లుంబులాంకు లుంబు జిల్లా అంశుపత్రి గై. సి.కి.సి (జ్యూతిల్స్) కుళాంచిలపరి నీతు జోస్ సాంగాం రంకి కి. గౌష్ఠ, ఆంబుపుకర్ పి.ఎం.రి, యో. లిప వాగం, యో. షాలి విష్ణుర్, యో. గ్రూతి, జిస్ జోర్జెస్, ముహర్రమత్ ముహర్రమిన్, సజీవ్, జ్యునియర్ వెదతితో లుంబెస్టుక్రిమారాయ నీతినీ రంజ్, ఆర్ట్రచ్, పి.ఎస్.ఎస్.పి ప్రాజెక్టు వైమిసిసల్ పి.వోమాబి, కె. ఆజెం, ఎస్.ఎస్. సుజిష్, నాన్, రమ్, ఆలిగాయ ముస్త లిం యు నివేశసిద్ది లింగతే ఎర్యయ సెన్ అన్తిప్ప వాగ్ సంసారిచ్చ.

അതിലീനിലാളികൾക്കായി എഴുപ്പ് എന്തു. വി അഞ്ചുമ്പാദ നിർണ്ണയം, ക്ഷയ രോഗ നിർണ്ണയം, മലനന്നി പരിശോധന, വി വിധ ലാക്ഷണ്യാലും ബേബുവൽക്കരണ കൂടാം, രാലി എന്നിവയും എന്നും. എന്ത് ക്രതേ കോളജ് വിദ്യാർത്ഥികൾ അവതരിപ്പിച്ചു എന്നാണ് മൊബൈൽ, തെരുവുന്നാടകൾ, ലാലുവേലവ വിതരണം എന്നിവയും നടത്തി. പി.എസ്.എസ്.പി.ലൂപാജക്ക് മാനേജർ സുരജ് കോട്ടത്തോടി സ്കൂൾത്തവും മെമ്പ്രേസ് ലിങ്ക് വർക്കർ ഫാറുക്ക് നൽകിയും പറഞ്ഞു.

Programme Highlights

1. Awareness rally
2. Awareness talk
3. Red ribbon campaign
4. Flash mob

1. Awareness Rally

Interns, and faculties of MES Dental College actively participated in an AIDS Awareness Rally conducted at Perinthalmanna, carrying placards and slogans

promoting education, testing, and prevention.

The rally emphasised reducing stigma associated with HIV/AIDS and encouraged community health responsibility.



2. Flash Mob by Interns

A flash mob performance was presented by the interns of MES Dental College as part of the awareness programme.

The performance focused on delivering a powerful message about safe practices, breaking misconceptions, and spreading hope and support through creative movement and music.

The flash mob attracted significant public attention and effectively conveyed the message in an engaging and memorable manner.

3. Awareness Talk

An awareness session was conducted by intern Dr. Regha Raveendran, who spoke about:

- Modes of transmission and prevention of HIV/AIDS
- Importance of timely testing and treatment
- The need to break the stigma and support individuals living with HIV

- The global theme of World AIDS Day 2025 and relevance to the local community .The talk was informative and well-received by public audience.

4.Red ribbon campaign

The event served to raise awareness among the college community about HIV/AIDS — its risks, prevention, and destigmatization. The red ribbon campaign helped foster empathy ,support ,and a more informed attitude towards HIV positive individuals.



Objectives of the Programme

- To spread awareness regarding prevention and early diagnosis of HIV/AIDS
- To eliminate misconceptions and social stigma
- To encourage responsible behaviour and public health participation
- To promote empathy and respect for People Living with HIV (PLHIV)

Outcome

The event successfully created awareness among the public and students. Active participation from interns, house surgeons, and faculty reflected the institution's commitment to community health development. The creative format of activities helped capture attention and increase impact.

Conclusion

The World AIDS Day programme conducted by MES Dental College, Perinthalmanna, on 1st December 2025, served as an inspiring platform to promote awareness, education, and responsibility towards HIV/AIDS prevention. Such initiatives greatly contribute to building a healthier and compassionate society.

JDT ISLAM COLLEGE OF NURSING

FOOTBALL JERSEY LAUNCH – 19/11/25

The NSS unit of JDT Islam College of Nursing and Sports club launched a new football jersey kit associated with Lanstitute academy. Our Honourable Secretary of JDT ISLAM Mr. C.A Harif inaugurate the function and Prof: Sunitha P.C (Principle JDT islam college of Nursing) was the chief guest. NSS programme officer Mr. Anas K.P welcomed the event and Mr. Iqbal who is the student representative said thanks to the ceremony. Our NSS volunteers and other students actively participated on the occasion.



FIRST AID AWARENESS CLASS - 22/11/2025

The NSS unit of JDT Islam College of Nursing conducted a first aid awareness for NCC cadets with the objective of equipping them with the essential lifesaving skills. The session was conducted by Mr. Anas. K.P Programme officer NSS jdt islam college of Nursing and Mrs. Shyni mohan (Lecturer) who explained the importance of first aid. A total of 170 cadets participated the programme. All cadets actively engaged in demonstration and hands on practice.

BLOOD DONATION CAMP – 26/11/25

NSS unit of JDT Islam college of nursing , poly technique college NSS unit, IQRAA international hospital and Malabar medical college jointly organizes a blood donation camp in JDT Islam college of nursing. The programme was inaugurated by Prof. Sunitha.P.C (Principal JDT islam college of Nursing). They highlighted the importance of donating Blood. 70 units of blood collected from the camp. NSS volunteers and students from various colleges participated in the donation camp.

GOVT. COLLEGE OF NURSING, KOTTAYAM

Sl. No.	Date of Program	Name of the Program	Objective & Brief Description	No. Of NSS volunteers participated	Volunteer Hours Devoted	Advantages of the program
1.	2/12/25	The World AIDS Day Observance 2025	Government Nursing College, Kottayam conducted its World AIDS Day Observance on 02 December 2025 with the theme <i>“Overcoming disruption,</i>	100	4	It was a well-planned and impactful event. Through cultural performances, expert talks, symbolic activities, and community engagement, the programme successfully raised awareness

		<p><i>transforming the AIDS response.”</i></p> <p>The event was organized collaboratively by several units of the institution including the ART Centre, DSRC, ICTC, CSC, Blood Bank, DRUVA 24, AVODHA, and the NSS unit of GCON Kottayam.</p> <p>The programme began with an energetic flash mob presented by DRUVA 24 of the MBBS Students Union, followed by a prayer rendered by BSc Nursing students of the Government College of Nursing, Kottayam, creating a solemn and reflective atmosphere.</p>		<p>about HIV/AIDS and emphasized the importance of compassion, scientific knowledge, and collective responsibility in addressing the HIV epidemic.</p> <p>Such initiatives play an essential role in reducing stigma, promoting early testing, and reinforcing the commitment of healthcare professionals and students towards HIV/AIDS care and prevention.</p>
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		<p>Dr. Abin M Abraham, Medical Officer at the ART Centre, delivered the introduction and welcome speech, setting the stage for the event. The presidential address was given by Dr. Radha R, Professor and Head of the Department of Medicine, who emphasized the importance of commitment and awareness in combating HIV/AIDS.</p> <p>The event was formally inaugurated by Dr. Varghese Punnoose, Principal of Government Medical College, Kottayam, who also administered the pledge affirming support, empathy, and responsibility</p>		
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		<p>toward people living with HIV. This was followed by a symbolic red ribbon pinning ceremony, reflecting solidarity with the cause.</p> <p>Students from the College of Nursing performed a meaningful role play highlighting challenges related to HIV stigma and care, while AVODHA, represented by BDS students from DCK, delivered a powerful mime performance reinforcing the message of awareness and compassion.</p> <p>An informative awareness talk was given by Dr. Netto George, Assistant Professor in the Infectious Diseases Unit,</p>		
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		<p>providing insights into prevention strategies, treatment advancements, and public health initiatives. Dr. Sue Ann Zachariah, Nodal Officer of the ART Centre, presented a detailed report on the centre's activities and achievements.</p> <p>Felicitations were offered by Dr. Tony Thomas, Secretary of IMA Kottayam, acknowledging the efforts of the organisers and participants. The programme also included prize distribution for various related activities, and it concluded with a vote of thanks delivered by Mrs. Deepa C D, Data</p>		
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			Manager at the ART Centre.			
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SI-MET COLLEGE OF NURSING, MUTTATHARA

Swatchhata Hi Seva

Introduction

The National Service Scheme (NSS) aims to develop social responsibility, civic sense, and community engagement among students. As part of this vision, our NSS Unit actively participated in the nationwide campaign “Swachhata Hi Seva”, a mass cleanliness movement launched to promote hygiene, waste management, and awareness on environmental protection. The campaign was organised on 08.10.2025.

The campaign focused on mobilizing students and the community to take part in cleaning public spaces, spreading messages on sanitation, and encouraging sustainable habits.

Objectives of the Programme

- To promote awareness on maintaining cleanliness in public and institutional spaces.
- To involve NSS volunteers in community service activities.

- To educate the public on proper waste disposal and segregation.
- To motivate community members to adopt responsible environmental practices.
- To contribute to the national mission of a clean and healthy India.
- Activities Conducted
- Campus Cleaning Drive
- Cleaned college premises including classrooms, corridors, courtyard, and garden area.
- Removed plastic waste, fallen leaves, and accumulated garbage.
- Volunteers arranged waste bins and displayed cleanliness messages.

National Mental Health Day

Introduction

World Mental Health Day is observed every year on 10 October to raise awareness about mental health issues and mobilize efforts to support mental well-being. Our NSS Unit organized a series of educational and awareness activities as part of the National Mental Health Day observance to help students and the community understand the importance of emotional wellness. The theme was “Mental Health is a Universal Human Right”

The programme aimed at reducing stigma, promoting healthy coping strategies, and encouraging individuals to seek help when in need.

Objectives of the Programme

- ❖ To create awareness on the importance of mental health and emotional well-being.
- ❖ To educate students about recognizing stress, anxiety, and early signs of mental health problems.
- ❖ To reduce stigma and misconceptions related to mental illness.
- ❖ To promote counseling services and support networks available in the institution and community.

- ❖ To equip individuals with coping strategies for daily stress and academic pressure.

Activities Conducted

The program was organized in collaboration with Mental health center, Oolanpara. The doctors conducted the awareness session on mental health to the relatives and patients. The NSS Volunteers organized the cultural program to the audience.

The observance of **National Mental Health Day 2025** by the NSS Unit was highly impactful in promoting a culture of empathy, awareness, and emotional resilience. The program successfully encouraged students to prioritize mental well-being and seek help when necessary. The NSS Unit plans to conduct similar initiatives throughout the year to promote holistic health.

National Unity Day

Introduction

National Unity Day, also known as **Rashtriya Ekta Diwas**, is observed on 31 October every year to commemorate the birth anniversary of Sardar Vallabhbhai Patel, the Iron Man of India. He played a pivotal role in integrating India after independence.

Our NSS Unit observed this day to promote the values of unity, integrity, and national integration among youth. The celebrations included pledge-taking and awareness activities

Objectives of the Programme

- To commemorate the contributions of Sardar Vallabhbhai Patel.
- To strengthen the spirit of national integration and unity among students.
- To promote the message of “*Ek Bharat, Shreshtha Bharat.*”
- To instil patriotism and responsibility among NSS volunteers.
- To encourage collective participation in nation-building activities.

National Unity Day Pledge

All students, staff, and NSS volunteers gathered to take the **Rashtriya Ekta Diwas Pledge** administered by the NSS Student Coordinator Mr.Sooraj.

Observation of Kerala Piravi

INTRODUCTION

The **Kerala Yaanam** is a week-long cultural and literary festival scheduled from **1 November 2025 to 7 November 2025**, organized by NSS Unit SI-MET College of Nursing Muttathara. The event celebrates Kerala's heritage and promotes Malayalam language and creativity through a series of competitions and programs .

The celebration kicked off on 1st November with the inauguration of Kerala Piravi (Kerala Formation Day) by Dr. Asha S Kumar, Director SI-MET, marking the start of one week celebration, followed by the **Bhaasha Prathijna** ceremony. All the students , faculty members , office and non teaching staffs took the pledge.

On 3 November, the focus shifted to showcasing Kerala's traditions through the **Kerala Yaanam – Kerala Heritage Exhibition**, where artifacts and cultural displays educate visitors about the state's legacy; the day also hosted a **poster-making competition** that encouraged artistic expression related to the theme.

The next day, 4th November, featured two literary contests: a **Malayalam dictation competition**, that tests language proficiency and an **Essay-writing competition** that challenges participants to articulate their thoughts in Malayalam.

On 5th November, creative writing took center stage with a **story-writing competition** and a **poetry-writing competition**, giving writers a platform to showcase their narrative and lyrical skills.

The program on 6th November, included a **Just a minute (JAM) competition** , where contestants delivered short, impactful acts, and an **Essay-writing competition** that pushed participants to craft longer literary pieces.

The festival marked its conclusion on 7th November with a **Quiz competition** that tested general knowledge and a **Literary valedictory session** wrapping up the event with awards and reflections on the week's activities.

CONCLUSION

Overall, Kerala Yaanam blends cultural celebration with intellectual engagement, fostering Malayalam language skills, artistic talent, and community spirit among youth and participants through exhibitions, writing contests, and performance events organized meticulously over the seven days.



Conclusion

The NSS Volunteers actively participated in the events. Their contributions are highly appreciated.

INE,SME, PATHANAMTHITTA

As INE, SME, Pathanamthitta (Permanent Unit No. : NSS/SFU/PNT/KUHS/4) celebrated Malayalam week from 1st November to 7th November. It was a great experience for us. We included all the programme as per schedule we got through the mail from the authority. All teachers and students were happy to have such a wonderful programme through NSS. All the students were interested and enthusiastic to participate each programme. We could conduct at our level best by the support of our principal and all other faculty members.



JDT ISLAM COLLEGE OF PHYSIOTHERAPY

Introduction

The NSS Unit of JDT Islam College of Physiotherapy observed the International Day of Persons with Disabilities by conducting a Special Physiotherapy Camp in the morning session and a Cultural & Recreation Programme in the afternoon. The event focused on promoting inclusiveness, providing rehabilitation services, and celebrating the abilities of differently abled individuals.

Morning Session – Special Physiotherapy Camp

A Special Physiotherapy Camp was conducted at the Physiotherapy Clinic for 25 differently abled individuals. The camp was led by Dr. Sajeevan T along with Neuro, Ortho, and Cardiorespiratory speciality faculty members. Each

patient underwent detailed assessment and received individualized physiotherapy management, including neurological rehabilitation, orthopaedic care, postural correction, gait training, and functional rehabilitation. NSS volunteers assisted in patient handling, registration, and therapy support.

Afternoon Session – Cultural & Recreation Programme

A Cultural and Recreation Programme was organized for 60 differently abled students from JDT Islam School for Differently Abled. Students participated in dance, singing, games, and group activities. Faculty members, including Dr. Sajeevan T, joined the celebration and encouraged the students. Ice cream was distributed to all 60 students, adding joy to the event.

Role of NSS Volunteers

NSS volunteers actively supported both sessions by coordinating activities, assisting participants, organizing cultural events, and ensuring smooth conduct of the programme. Their commitment and service were instrumental in the success of the event.

Outcome

- 25 differently abled persons received professional physiotherapy assessment and treatment.
- 60 special school students participated in inclusive cultural celebrations.
- Enhanced awareness of disability and rehabilitation.
- Strengthened community bonding and volunteer responsibility.

Conclusion

The programme successfully combined medical service and inclusive cultural activities. The leadership of Dr. Sajeevan T and the coordinated efforts of the NSS Unit made the event impactful and meaningful, promoting empathy, inclusiveness, and community service.



ST. GREGORIOS DENTAL COLLEGE ERNAKULAM

World Aids Day Report

December 1st marks world AIDS Day an opportunity to raise awareness about HIV / AIDS our college organized various activities to educate and sensitize students about prevention, treatment and stigma reduction. All volunteers and staff actively participated in this event.

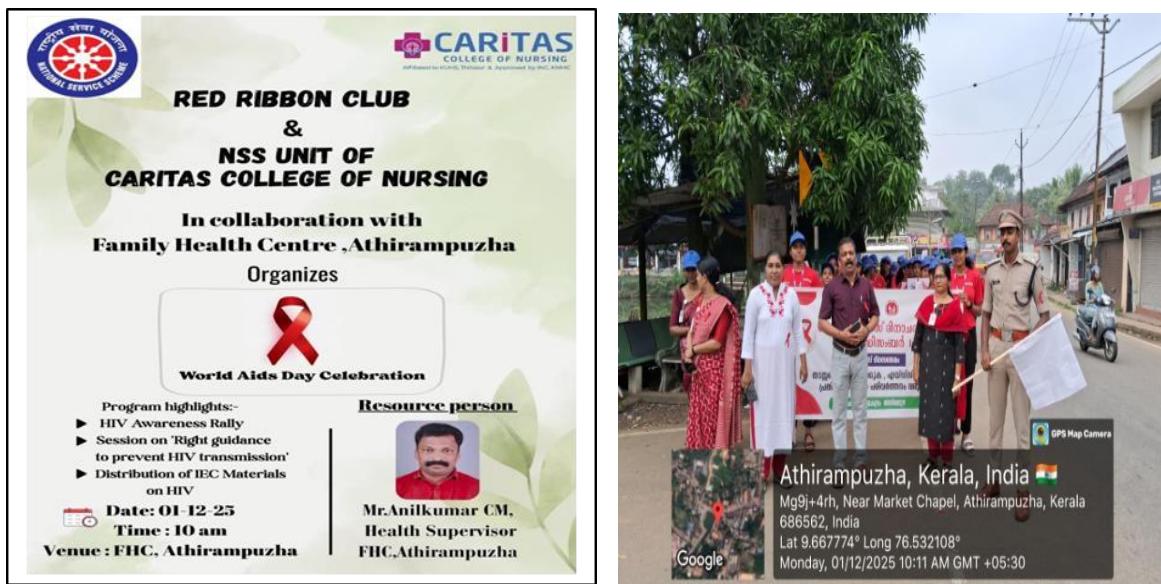


CARITAS COLLEGE OF NURSING

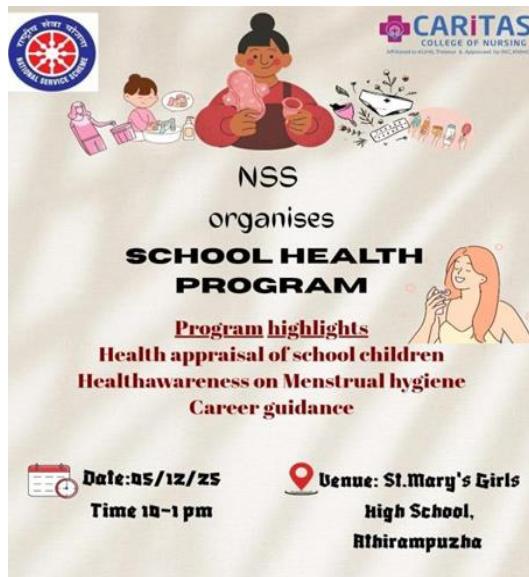
Sl. No	Date	Activity conducted (Name of the Activity)	No. of Volunteers Participants	No. of Hours performed	Achievement to the beneficiaries by the programmes
1	01-12-25	• World AIDS Day celebration	50 volunteers	3 hours	• Volunteers got awareness regarding the importance of prevention of HIV
2	05-12-25	• School health program me	50 volunteers	5 hours	• Children got awareness on menstrual hygiene through role plays and awareness sessions
3	06-12-25	• Medical Camp at Kottayam Social Service Society	50 volunteers	5 hours	• Free medical consultation, lab tests and health awareness session to the participants

4	07-12-25	• Medical Camp at Idukki	6 volunteers	8 hours	• Free medical consultation, lab tests, ECHO, ECG and medicines to the participants
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1. NSS Unit of Caritas College of Nursing in collaboration with Family Health Center, Athirampuzha organized World AIDS Day celebration on 01-12-25 for the local population of AthirampuzhaPanchayath. The event commenced with an HIV awareness rally which was officially flagged off by Mr. Gebeesh M R, Sub Inspector, Gandhinagar Police station, Kottayam. Health education materials on HIV were distributed to the people of AthirampuzhaPanchayath. A session on "Right guidance to prevent HIV transmission" was taken by Mr. Anil Kumar CM, Health Supervisor, Family Health Center, Athirampuzha for the NSS volunteers of Caritas College of nursing.



2. NSS unit of Caritas College of Nursing in collaboration with St. Marys Girls HSS, Athirampuzha organized a school health programme on 05-12-25. NSS volunteers conducted a health awareness session on menstrual hygiene through role play. Career guidance session was given by Ms. Rony P George, Lecturer, Caritas College of Nursing



3. NSS unit of Caritas College of Nursing in collaboration with Kottayam Social Service Society organized a medical camp for village level community workers on 06-12-25. NSS volunteers provided a health awareness session on prevention of lifestyle diseases through role play. A session on stroke prevention was given by Dr. Jose Jom Thomas, Community Medicine, Caritas Hospital, Kottayam.



4. NSS Unit in collaboration with Caritas Hospital, Pashuppara Peoples Library and Pashuppara Sandhwanam Palliative organized a medical camp at Pashuppara Peoples Library community hall on 07-12-25. The camp featured free consultations across various medical specialties (General medicine, Cardiology, Orthopaedics, Dermatology, Paediatrics, Gastroenterology and Gynecology). The camp also provided free blood investigations, ECG, ECHO and medicines to the participants.



N.S MEMORIAL COLLEGE OF NURSING, KOLAM

1. REPORT ON WORLD AIDS DAY AWARENESS PROGRAM on 01/12/2025

World AIDS Day Awareness Program was organized by the NSS volunteers of NS Memorial College of Nursing on 1st December 2025 at CHC Thrikovilvattom. A total of 48 NSS volunteers and 2 faculty members actively participated in the program. The event began with an awareness skit presented by the NSS volunteers, highlighting the importance of early diagnosis, prevention, and reducing stigma related to HIV/AIDS. Following the skit, the AIDS Day Awareness Pledge was delivered by Mr. Saju Sharafudeen, Health Inspector, emphasizing commitment to prevention, compassion, and community support.

Dr. Vaisakh, Medical Officer, officially revealed the theme for World AIDS Day 2025, stressing the need for collective responsibility in overcoming disruptions and strengthening the AIDS response. The program was addressed by Mrs. Neelima Vijay, NSS Program Officer, and Mrs. Dhanya Das, SNA Advisor, who encouraged students to actively participate in awareness activities and contribute to community health promotion. The event concluded with positive feedback from the community, reflecting the success of the awareness initiative in spreading knowledge and promoting a responsible approach toward HIV/AIDS prevention and care.



2. REPORT ON FIRST AID TRAINING CAMP ON 29/11/25

A First Aid Training Camp was successfully organized ON 29-11-25 at Anchalamood High School, Kollam, with the objective of equipping school students with essential knowledge and practical skills in basic first aid management. The program was conducted by 60 volunteers, who actively participated in planning and executing the training sessions. The camp focused on creating awareness about the importance of immediate and appropriate first aid response during emergencies and aimed to build confidence among students to handle common accidental situations effectively. The training program covered key topics such as first aid for cardiopulmonary resuscitation (CPR), management of burns, head injuries, fractures, foreign body obstruction, and drowning. Each topic was handled through well-structured sessions that included both theoretical explanations and practical demonstrations. Volunteers demonstrated correct techniques using simple, student-friendly methods, ensuring clarity and better understanding. Interactive discussions and hands-on demonstrations helped the students actively engage in the learning

process and clarified their doubts regarding emergency care.

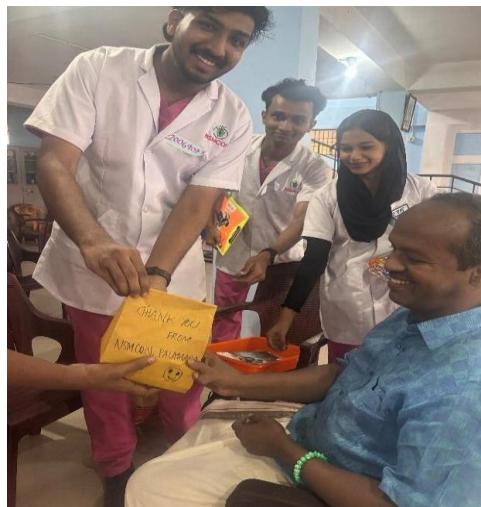
The program was attended by the Headmaster and eight teachers of Anchalamood High School, whose presence added encouragement and support to the initiative. A total of six faculty members coordinated and supervised the sessions, ensuring smooth conduct of the program and accuracy of the information delivered. The First Aid Training Camp was well received by the students and staff, and it successfully enhanced awareness and preparedness among school students to respond effectively to emergencies, thereby contributing to the promotion of health and safety within the school community.



3. REPORT ON ESSENTIAL ITEMS DONATION PROGRAM ON 8-12-25

An Essential Items Donation Program was organized by the volunteers as a charitable initiative to extend support and care to the inmates of SS Samithi, Mayyanad. The program aimed to address the basic daily needs of the inmates while fostering a spirit of empathy, social responsibility, and community service among the volunteers. As part of the initiative, the volunteers collectively gathered a variety of essential items, including toothpaste, toothbrushes, towels, food items, stationery, and other daily-use materials, which were thoughtfully selected to ensure their usefulness and immediate benefit to the inmates. The donated items were handed over to the inmates of SS Samithi as a helping hand, reflecting the volunteers' commitment to serving the underprivileged sections of society. Beyond the act of donation, the volunteers actively interacted with the inmates, spending quality time with them and engaging in meaningful conversations. This interaction helped build emotional connections, provided moral support to the inmates, and enriched the volunteers with a deeper

understanding of compassion, empathy, and social inclusion. The program was efficiently coordinated by Mrs. Neelima Vijay, NSS Programme Officer, along with Mr. Amal James, HOD of the Psychiatric Nursing Department, whose guidance and support ensured the smooth conduct of the activity. The management and inmates of SS Samithi appreciated the initiative and the concern shown by the volunteers. The program concluded with a vote of thanks delivered by Mr. Saju Sir, Manager of SS Samithi, who expressed heartfelt gratitude for the generous contribution and the kindness extended by the volunteers. The Essential Items Donation Program was a meaningful and impactful experience, reinforcing the values of humanitarian service and community engagement among all participants.

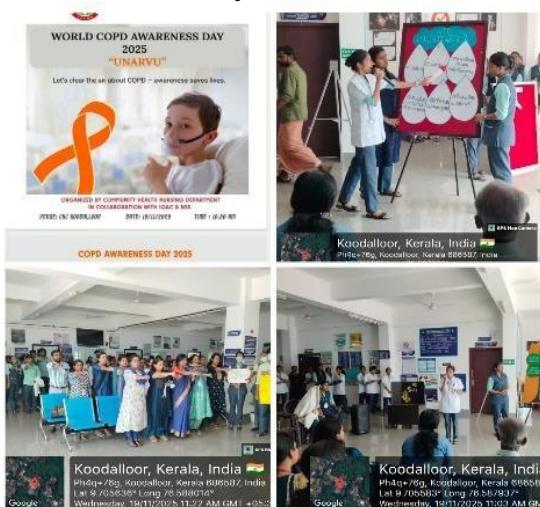


LITTLE LOURDES COLLEGE OF NURSING, KIDANGOOR

Sl No	Date	Activity conducted	No of participants	No of hours	Achievement by the programme including beneficiaries
1	19/11/2025	World COPD Day Celebration (UNARVU)	40	3	World COPD Day was celebrated at CHC Koodallore. Inauguration was done by the Chief Medical Officer Dr.Asha P.Nair after the flashmob and awareness classes were led by the NSS volunteers.

2.	26/11/2025	School Health Programmes (“Karuthal”)	40	4	School Health Programmes(Karuthal) were conducted at Karthala NO to Junk Foods.”
3	27/11/2025	Disaster Management	40	4	Awareness class was conducted at College auditorium at 10am by Mr.Joseph Joseph ,Fire Safety Officer,Pala.NSS volunteers visited the fire station, Pala on the Same day.
4	1/12/2025	World Aid’s Day Celebration	40	3	It was conducted at CHC koodallore.Mr. Nobin Subin, JHI welcomed the gathering, followed by the theme opening by the Medical Officer Dr,Asha P. Nair urging to create a AIDS free society.
5	3/12/2025	Health awareness	40	3	Health awareness was conducted at Snehasparsham.Kummannoore in association with LLM Hospital.
6	10/12/2025	Awareness program	40	4	Awareness program was conducted at Vanitha Fitness Centre,Kummannoore(Snehasparsham)

“UNARVU “2025 (COPD Day Celebration)



School Health Programme



Disaster Training



World AIDS Day



Snehasparsham Programme, Kummannoor



Health Awareness



MAR DIOSCORUS COLLEGE OF PHARMACY

SL. NO	Date	Name of the activity	Number of hours	Num ber of partici pants	Achievement by the programme including the beneficiaries
1	24-11-2025	AMR Awareness Programme	3	25	An AMR (Antimicrobial Resistance) awareness class and flash mob were conducted on 24th November 2025 at SP Fort Hospital by the NSS volunteers of our institution.

					The programme aimed to educate the public on the growing threat of antimicrobial resistance and the importance of responsible antibiotic use.
2	24-11-2025	Flash Mob	1	25	As part of the Antimicrobial Resistance (AMR) Awareness Program, the NSS volunteers in association with the Pharmacy Practice Department conducted a flash mob at SP Fort Hospital on 24 November 2025. The program was organized with the objective of creating awareness among the general public about the growing threat of antimicrobial resistance and the importance of responsible antibiotic use.
3	24-11-2025	AMR Awareness class	1	100	An Antimicrobial Resistance (AMR) Awareness Class was conducted for the students of Mar Dioscorus College of Pharmacy on 24 November 2025, in association with Primary Health Centre (PHC), Pangappa. The program was organized with the aim of educating students about the growing global threat of antimicrobial resistance and the importance of rational use of antibiotics.

4	25-11-2025	Blood Donation Camp	2	25	A Blood Donation Campaign was conducted by the NSS Unit of Mar Dioscorus College of Pharmacy in association with Sree Chitra Tirunal Institute of Medical Sciences and Technology (SCTIMST), Thiruvananthapuram, on 25 November 2025.
5	01-12-2025	AIDS awareness class	2	4	An AIDS awareness class was conducted by the NSS volunteers on 1st December 2025 at Government Higher Secondary School, Medical College. The session aimed to educate students about HIV/AIDS, its modes of transmission, prevention strategies, and the importance of stigma-free attitudes. The volunteers delivered an informative and interactive session, ensuring that the students clearly understood the key messages.
6	01-12-2025	AIDS awareness survey	1	4	An AIDS awareness survey was conducted by the NSS volunteers at the Government Higher Secondary School, Medical College on 1st December 2025. The objective of the survey was to assess the

					level of awareness among students regarding HIV/AIDS, its prevention, and the importance of safe practices. The volunteers interacted with students and collected responses using a structured questionnaire
7	01-12-2025	Poster and Chart Making – World AIDS Day	1	5	In connection with World AIDS Day, the NSS volunteers of Mar Dioscorus College of Pharmacy actively participated in a poster and chart-making activity on 1st December 2025. The volunteers prepared informative and creative posters focusing on AIDS awareness, prevention, and the importance of early testing. All completed posters and charts were neatly displayed on the college notice board, ensuring maximum visibility for students and staff.
8	17-11-2025	International Students Day	3	250	As part of the celebration of International Students Day, Mar Dioscorus College of Pharmacy organized “Creative and Critical Clash”, a cultural and intellectual competition program, on 17 November 2025 at the College Auditorium, from 12:45 PM to 3:45 PM. The event aimed to

					encourage creativity, critical thinking, and active participation among students. Various competitions were conducted, including Dance (solo and group), Song (solo and group), Quiz, Debate, Craft Exhibition, and Skit. Students enthusiastically participated in the events, showcasing their talents, creativity, and analytical skills.
9	04-12-2025	Cake Fest 2025	2	15	Cake Fest 2025 was successfully conducted at Mar Dioscorus College of Pharmacy on 4 December 2025, starting at 9:00 AM. The event was organized by the 8th Semester B.Pharm students, D.Pharm students, and the NSS Unit of the college with the aim of promoting creativity, teamwork, and festive spirit among students.
10	10-12-2025	AI-Powered Breast Cancer Early Detection and Awareness Camp	3	100	An AI-Powered Breast Cancer Early Detection and Awareness Camp was organized on 10 December 2025 at 9:30 AM at Mar Dioscorus College of Pharmacy. The program was conducted by the Rotary Club of Trivandrum East in

					association with Mar Dioscorus College of Pharmacy
11	11-12-2025	Fire Safety Tips and Mock Drill program	2	200	<p>A Fire Safety Tips and Mock Drill program was conducted at Mar Dioscorus College of Pharmacy on 11 December 2025 at 11:00 AM at the College Ground. The program was organized by the NSS Unit and IQAC Cell of Mar Dioscorus college of pharmacy in association with the Safety Committee, with the objective of creating awareness on fire safety measures and preparing students and staff to respond effectively during emergency situations.</p>
12	12-12-2025	“Eye Strain in the Digital Age” and an Eye Screening Camp	3	300	<p>An Invited Talk on “Eye Strain in the Digital Age” and an Eye Screening Camp was conducted at Mar Dioscorus College of Pharmacy, Alathara, Sreekariyam on 12 December 2025 (Friday) at 9:00 AM. The program was organized in association with Divya Prabha Eye Hospital, Kumarapuram, Thiruvananthapuram, with the objective of creating awareness about digital eye strain and promoting eye health among students and staff.</p>

13	12-12-2025	“Raw Drug Characterization & Quality Assurance	4	150	A One-Day Workshop on “Raw Drug Characterization & Quality Assurance” was successfully conducted on 12 December 2025 at Mar Dioscorus College of Pharmacy. The workshop was organized with the objective of providing students with both theoretical knowledge and practical exposure to the identification and quality evaluation of raw drugs.

Report on AMR Awareness Programme

An AMR (Antimicrobial Resistance) awareness class was conducted on 24th November 2025 at SP Fort Hospital by the NSS volunteers of our institution. The programme aimed to educate the public on the growing threat of antimicrobial resistance and the importance of responsible antibiotic use. As part of the awareness activities, a quiz programme was also organized in association with the hospital. The quiz helped to engage participants and test their understanding of AMR-related topics. The event received good participation and created a positive impact on public awareness.

Overall, the programme was successfully carried out, and the NSS volunteers actively contributed to spreading awareness about AMR in the community.

Flash mob

As part of the Antimicrobial Resistance (AMR) Awareness Program, the NSS volunteers in association with the Pharmacy Practice Department conducted a flash mob at SP Fort Hospital on 24 November 2025. The program was

organized with the objective of creating awareness among the general public about the growing threat of antimicrobial resistance and the importance of responsible antibiotic use.

The flash mob conveyed key messages such as avoiding self-medication, completing the full course of prescribed antibiotics, and not misusing or overusing antimicrobial drugs. Through expressive movements, placards, and coordinated performances, the volunteers effectively attracted the attention of patients, bystanders, and hospital staff.

The event successfully engaged the public and helped communicate vital health messages in a simple and impactful manner. The program received positive responses from the audience and contributed meaningfully to the AMR awareness campaign.

The AMR awareness flash mob was a successful initiative that highlighted the role of youth participation in promoting public health education and social responsibility.



AMR awareness class

An Antimicrobial Resistance (AMR) Awareness Class was conducted for the students of Mar Dioscorus College of Pharmacy on 24 November 2025, in association with Primary Health Centre (PHC), Pangappa. The program was organized with the aim of educating students about the growing global threat of antimicrobial resistance and the importance of rational use of antibiotics.

The awareness session was handled by experienced medical doctors from PHC Pangappa, who explained the causes, consequences, and prevention of antimicrobial resistance. The speakers emphasized the dangers of antibiotic misuse, self-medication, and incomplete antibiotic courses. They also highlighted the crucial role of healthcare professionals, especially pharmacy students, in promoting responsible antibiotic practices.

The session was interactive and informative, allowing students to clarify their doubts and gain a better understanding of AMR and its impact on public health. The program helped enhance awareness and encouraged students to act as responsible future healthcare professionals.

The AMR awareness class was successful and contributed significantly to improving students' knowledge and commitment toward combating antimicrobial resistance.



Report on Blood Donation Campaign

A Blood Donation Campaign was conducted by the NSS Unit of Mar Dioscorus College of Pharmacy in association with Sree Chitra Tirunal Institute of Medical Sciences and Technology (SCTIMST), Thiruvananthapuram, on 25 November 2025. The program was organized with the objective of promoting voluntary blood donation and creating awareness about the importance of donating blood to save lives. The campaign witnessed active participation from NSS volunteers, students, and staff members. The medical team from SCTIMST

ensured proper screening of donors and followed all safety and hygiene protocols during the donation process. Participants were educated about the benefits of blood donation and the role it plays in emergency medical care.

The program was conducted smoothly under the supervision of trained healthcare professionals. The volunteers assisted in registration, guidance of donors, and maintaining discipline throughout the event. The campaign helped foster a sense of social responsibility and humanitarian values among the students. The blood donation campaign was a successful initiative and reflected the commitment of the NSS unit toward community service and public health welfare.

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BLOOD DONATION CAMP

In association with

SREE CHITRA THIRUNAL INSTITUTE FOR MEDICAL SCIENCES & TECHNOLOGY



@10.00 am  **Nov 25th 2025**

 **Sree chitra Thirunal institute of Medical Sciences & Technology**

Organized by NSS



Thiruvananthapuram, Kerala, India
Chulakkudy, Thiruvananthapuram, Kerala 695011, India
Lat 8° 52'15.27" Long 76° 9'26.176"
Altitude: 10 m | Elevation: 10 m | GMT +05:30
Note: Captured by GPS Map Camera



Thiruvananthapuram, Kerala, India
Chulakkudy, Thiruvananthapuram, Kerala 695011, India
Lat 8° 52'15.33" Long 76° 9'26.259"
Altitude: 10 m | Elevation: 10 m | GMT +05:30
Note: Captured by GPS Map Camera



Thiruvananthapuram, Kerala, India
Chulakkudy, Thiruvananthapuram, Kerala 695011, India
Lat 8° 52'15.33" Long 76° 9'26.259"
Altitude: 10 m | Elevation: 10 m | GMT +05:30
Note: Captured by GPS Map Camera

When kindness meets courage — our students donate blood and inspire many.”

“Empowered by awareness, strengthened by humanity — our students choose to save lives.”

Report on AIDS Awareness Class

An AIDS awareness class was conducted by the NSS volunteers on 1st December 2025 at Government Higher Secondary School, Medical College. The session aimed to educate students about HIV/AIDS, its modes of transmission,

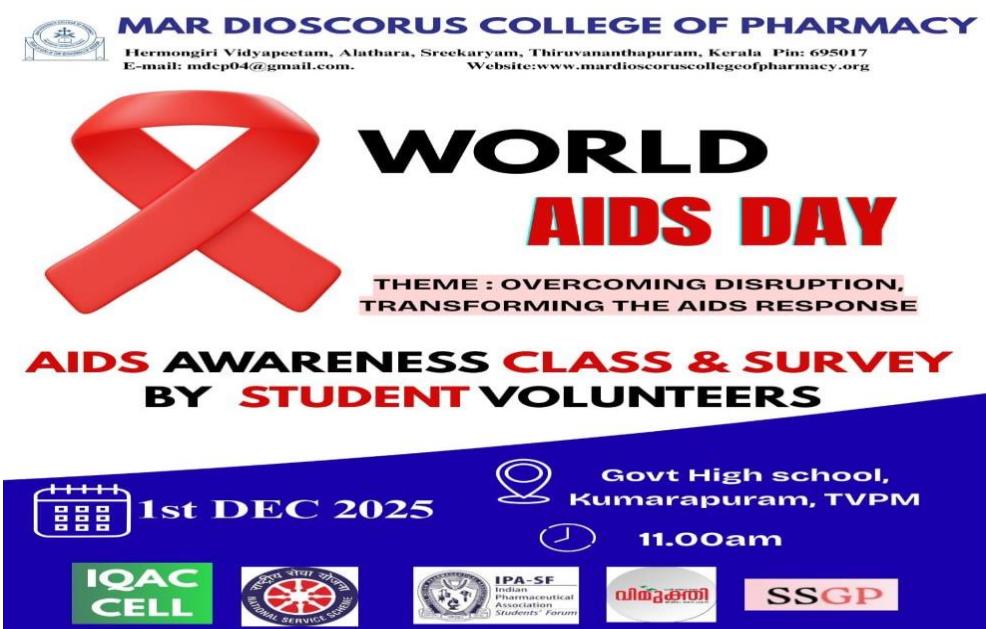
prevention strategies, and the importance of stigma-free attitudes. The volunteers delivered an informative and interactive session, ensuring that the students clearly understood the key messages. The programme helped to promote awareness and encourage healthy practices among the school community.

The event was successfully completed with active participation from both students and NSS volunteers.

Report on AIDS Awareness Survey

An AIDS awareness survey was conducted by the NSS volunteers at the Government Higher Secondary School, Medical College on 1st December 2025. The objective of the survey was to assess the level of awareness among students regarding HIV/AIDS, its prevention, and the importance of safe practices. The volunteers interacted with students and collected responses using a structured questionnaire. The survey received good participation and provided valuable insights into the students' understanding of the topic.

The detailed survey report is currently being compiled and will be published soon.



Report on Poster and Chart Making – World AIDS Day

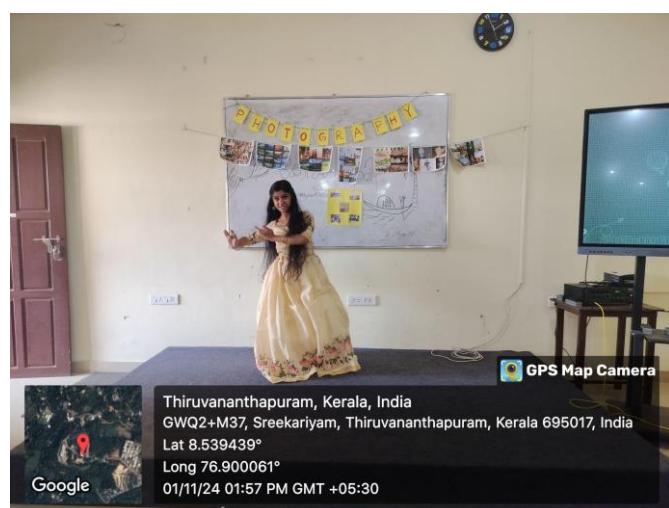
In connection with World AIDS Day, the NSS volunteers of Mar Dioscorus College of Pharmacy actively participated in a poster and chart-making activity

on 1st December 2025. The volunteers prepared informative and creative posters focusing on AIDS awareness, prevention, and the importance of early testing. All completed posters and charts were neatly displayed on the college notice board, ensuring maximum visibility for students and staff. This initiative aimed to promote awareness, encourage informed discussions, and support the global fight against HIV/AIDS. The activity was successfully carried out with great enthusiasm and teamwork from the NSS volunteers.

Report on International Students Day – Creative and Critical Clash

As part of the celebration of International Students Day, Mar Dioscorus College of Pharmacy organized “Creative and Critical Clash”, a cultural and intellectual competition program, on 17 November 2025 at the College Auditorium, from 12:45 PM to 3:45 PM.

The event aimed to encourage creativity, critical thinking, and active participation among students. Various competitions were conducted, including Dance (solo and group), Song (solo and group), Quiz, Debate, Craft Exhibition, and Skit. Students enthusiastically participated in the events, showcasing their talents, creativity, and analytical skills. The program provided a vibrant platform for students to express themselves beyond academics and helped foster confidence, teamwork, and healthy competition. Faculty members and students actively supported and encouraged the participants, contributing to the success of the event. The celebration of International Students Day through “Creative and Critical Clash” was a grand success and created a lively and engaging atmosphere on campus, highlighting the importance of student participation in co-curricular and cultural activities.



Report on Cake Fest 2025

Cake Fest 2025 was successfully conducted at Mar Dioscorus College of Pharmacy on 4 December 2025, starting at 9:00 AM. The event was organized by the 8th Semester B.Pharm students, D.Pharm students, and the NSS Unit of the college with the aim of promoting creativity, teamwork, and festive spirit among students.

As part of the event, students actively participated in cake making and cake distribution activities. Participants prepared a variety of cakes on campus, showcasing their culinary skills, creativity, and innovation. The cakes were evaluated based on taste, creativity, and presentation, and prizes were awarded to the best entries.

The event witnessed enthusiastic participation from students, who worked collaboratively in teams. Proper hygiene and safety measures were followed throughout the cake preparation process. The Cake Fest created a joyful and engaging atmosphere on campus and encouraged interaction among students from different courses. Cake Fest 2025 was a memorable and successful event that fostered creativity, teamwork, and festive cheer among the students while providing an enjoyable learning experience beyond academics.



The cake distribution and cake-making event was conducted by the 8th semester B.Pharm students, D.Pharm students, and the NSS unit. Students actively participated by preparing cakes on campus, and prizes were awarded to the best entries based on taste, creativity, and presentation.

The event encouraged teamwork, creativity, and festive spirit among the student



AI-powered breast cancer awareness camp

An AI-Powered Breast Cancer Early Detection and Awareness Camp was organized on 10 December 2025 at 9:30 AM at Mar Dioscorus College of Pharmacy. The program was conducted by the Rotary Club of Trivandrum East in association with Mar Dioscorus College of Pharmacy.

The camp was organized with the objective of creating awareness about breast cancer, emphasizing the importance of early detection, and promoting preventive healthcare practices among women. The program highlighted the role of artificial intelligence-based screening technologies in the early diagnosis of breast cancer, which can significantly improve treatment outcomes and survival rates. The session included awareness talks and screening activities conducted by trained healthcare professionals. Participants were educated about risk factors, early warning signs, self-examination techniques, and the need for regular screening. The program encouraged open discussion and addressed common myths and concerns related to breast cancer.

The camp was jointly organized by the Women Cell, Staff Welfare Committee, IQAC Cell, and NSS Unit of the college. The program witnessed active participation from students, staff members, and the local community, making it a meaningful and impactful health awareness initiative. The AI-powered breast cancer awareness camp was successfully conducted and contributed significantly toward promoting early detection, awareness, and hope for a cancer-free future.

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ROTARY CLUB OF TRIVANDRUM EAST
In Association with
MAR DIOSCORUS COLLEGE OF PHARMACY

AI POWERED BREAST CANCER EARLY DETECTION AND AWARENESS CAMP

10th December 2025 @ 9.30 am

Mar Dioscorus college of pharmacy

Together, let's spark hope and spread awareness on the journey to a cancer-free world.

Organized by

WOMEN CELL **STAFF WELFARE COMMITTEE** **IQAC CELL** **NSS CELL**



Report on Fire Safety Tips and Mock Drill

A Fire Safety Tips and Mock Drill program was conducted at Mar Dioscorus College of Pharmacy on 11 December 2025 at 11:00 AM at the College Ground. The program was organized by the NSS Unit and IQAC Cell of Mar Dioscorus college of pharmacy in association with the Safety Committee, with the objective of creating awareness on fire safety measures and preparing students and staff to respond effectively during emergency situations.

The session focused on educating participants about common causes of fire accidents, preventive measures, and appropriate actions to be taken during fire emergencies. Demonstrations were conducted on the correct use of fire extinguishers and safety equipment. The mock drill provided hands-on training, enabling participants to practice evacuation procedures and emergency response techniques in a controlled environment.

Students and staff actively participated in the drill, which helped enhance their confidence and preparedness to handle real-life fire emergencies. The program emphasized the importance of safety awareness, teamwork, and timely response in minimizing risks and ensuring safety on campus.

The Fire Safety Tips and Mock Drill was successfully conducted and proved to be highly informative and beneficial, contributing to a safer and more prepared institutional environment.

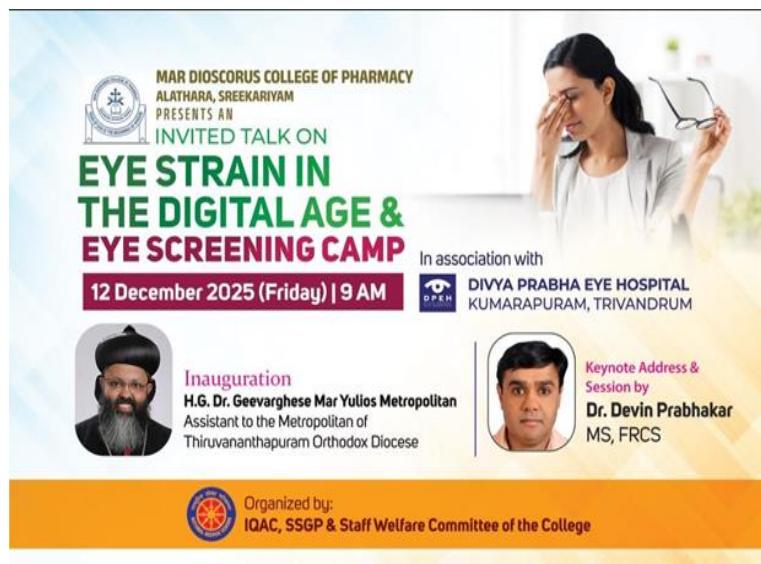


Report on Awareness Session and Eye Screening Camp

An Invited Talk on “Eye Strain in the Digital Age” and an Eye Screening Camp was conducted at Mar Dioscorus College of Pharmacy, Alathara, Sreekariyam on 12 December 2025 (Friday) at 9:00 AM. The program was organized in association with Divya Prabha Eye Hospital, Kumarapuram, Thiruvananthapuram, with the objective of creating awareness about digital eye strain and promoting eye health among students and staff.

The program was inaugurated by H.G. Dr. Geevarghese Mar Yulios Metropolitan, Assistant to the Metropolitan of Thiruvananthapuram Orthodox Diocese. The keynote address and awareness session were delivered by Dr. Devin Prabhakar, MS, FRCS, who provided an informative talk on the causes, symptoms, and preventive measures of eye strain in the digital era. He emphasized healthy screen habits, proper lighting, regular eye examinations, and lifestyle modifications to maintain good eye health. Following the awareness session, an eye screening camp was conducted by a team of ophthalmology professionals from Divya Prabha Eye Hospital. Participants underwent basic eye examinations and were guided on further management where required. The program was organized by the NSS Unit, IQAC, SSGP, and Staff Welfare Committee of the college. The session witnessed active participation from students and staff and was highly beneficial in increasing awareness about eye health in the digital age.

The awareness session and eye screening camp were successfully conducted and contributed positively to promoting preventive healthcare and wellbeing within the campus.





Report on One-Day Workshop on “Raw Drug Characterization & Quality Assurance”

A One-Day Workshop on “Raw Drug Characterization & Quality Assurance” was successfully conducted on 12 December 2025 at Mar Dioscorus College of Pharmacy. The workshop was organized with the objective of providing students with both theoretical knowledge and practical exposure to the identification and quality evaluation of raw drugs.

The morning session was held in the Medicinal Garden, where participants received hands-on training in plant identification. Students were guided on recognizing various medicinal plants, understanding their morphological characteristics, and learning the importance of correct identification in ensuring drug quality and efficacy. This practical session enabled participants to gain valuable field-level experience. The afternoon session took place in the seminar hall and featured an expert lecture by Dr. Mathew Dan, who delivered an insightful talk on raw drug characterization and quality assurance. The lecture covered key aspects such as standardization, quality control parameters, and the significance of maintaining quality in herbal and raw drug materials.

The workshop witnessed active participation from students and faculty members, fostering an interactive learning environment. The sessions were informative and engaging, enhancing both practical skills and academic understanding of raw drug analysis.

Overall, the workshop was well organized and highly beneficial, enriching the participants with essential knowledge and practical insights into raw drug characterization and quality assurance.



MAR DIOSCORUS COLLEGE OF PHARMACY

(Owned & Managed by the Charitable & Educational Society of the Thiruvananthapuram Orthodox Diocese Reg. No. 977/91)

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A One-Day Workshop on “Raw Drug Characterization & Quality Assurance” was conducted on 12 December 2025 at Mar Dioscorus College of Pharmacy. The morning session in the Medicinal Garden provided hands-on training in plant identification, enabling participants to gain practical experience. The afternoon session in Seminar featured an expert lecture by Dr. Mathew Dan on raw drug characterization and quality assurance. The workshop witnessed active participation from students and faculty members. Overall, the event was well-organized and enriched the participants with valuable practical and academic insights.

NANGELIL AYURVEDA MEDICAL COLLEGE KOTHAMANGALAM

Report on Trafficquiz.com Awareness Programme

1. Name of Programme - Awareness on Traffic Rules through Trafficquiz.com
2. Date & Time- 27/11/2025, 9:00 AM

3. Venue- Second Year Classroom, Nangelil Ayurveda Medical College, Kothamangalam
4. Platform Used -Trafficquiz.com – A free-to-use website
5. Purpose of Programme- To spread awareness about traffic and road safety rules among students and staff
6. Participants-37 NSS Volunteers
7. Activities - Learning and testing knowledge on traffic rules through interactive quizzes
8. Benefits - Enhances knowledge of road safety rules; Accessible anytime, anywhere on any device; Improves consciousness about following traffic rules
9. Outcome- Students and staff became more aware of traffic rules and safety measures

A Traffic Quiz Awareness Programme was conducted by NSS Unit 4 at Nangelil Ayurveda Medical College, Kothamangalam on 27 November 2025 at 9:00 AM for second-year students. A total of 37 NSS volunteers participated in the programme.

The session aimed to create awareness about traffic rules and promote responsible road behaviour among students. An interactive quiz was conducted using the Trafficquiz.com platform, which included questions on road safety, traffic signs, and accident prevention measures. The participants actively took part and found the session informative and engaging.

The programme helped the volunteers improve their knowledge of traffic rules and encouraged them to follow safe driving and pedestrian practices in their daily lives.

Venue: Nangelil Ayurveda Medical College Hospital, Kothamangalam.

A free medical camp was conducted at Nangelil Ayurveda Medical College Hospital for the residents of adopted ward 8 of Nellikkuzhy Grama Panchayath. All the speciality OP consultations were available for the camp. About 155 patients attended the camp. A free medicine kit for 10 days was given. The patients were advised to take review after 10 days. Swarnaprasana was also given to 22 children in association with the camp.



Sl. No.	Date	Name of the activity conducted	No. of participants	Total Hours spend	Achievement by the program including Beneficiaries
1	20-11-2025	Antibiotic resistance awareness programme	05	1 hour	The program aimed to empower students with knowledge about antibiotic resistance, promoting responsible behavior and contributing to the global effort to combat AMR.
2	21-11-2025	National Pharmacy week	15	1 hour	The event showcased pharmacists' commitment to promoting public health and vaccination, reinforcing their position as trusted healthcare professionals.

3	1-12-2025	World AIDS' Day	25	1 hour	By conducted an awareness programme on HIV/AIDS, enhancing their understanding of the disease and its management, while promoting community awareness and support.
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ANTIBIOTIC RESISTANCE AWARENESS PROGRAMME

As a part of National pharmacy week, NSS unit of St James' College of Pharmaceutical Sciences has conducted awareness programme on antibiotic resistance at Model Boys School, Chalakudy, they organized an antibiotic resistance awareness program on November 20, 2025. The event aimed to educate students about the responsible use of antibiotics and the risks associated with antimicrobial resistance (AMR). Students delivered talks and presentations on the importance of antibiotic stewardship and the consequences of AMR. The program likely included interactive sessions, quizzes, and discussions to engage students and promote learning. The program aimed to empower students with knowledge about antibiotic resistance, promoting responsible behavior and contributing to the global effort to combat AMR.



NATIONAL PHARMACY WEEK

On November 21st November 2025 at Chalakudy town. The program was inaugurated by the Ward councilor, Mr. V J Joji at 10:30 AM near the private bus stand. A group of students, teaching staffs and public were part of this programme. Around 100 people were involved in the programme and students rocked the stage with an awareness flashmob and skit on National Pharmacy Week 2025, highlighted the crucial role pharmacists play in promoting vaccination and public health, with the theme "Pharmacists as Advocates for Vaccine".



WORLD AIDS DAY

World AIDS Day observed on 01/12/2025, by NSS unit of St. James College of Pharmaceutical Sciences, Chalakudy, Kerala at Govt. taluk hospital, Chalakudy. The programme was started with NSS song by the volunteers. After that NSS volunteer Ms. Pooja Manoj delivered the welcome address. In accordance with the program a message based on the day and needs of proper awareness in our society was delivered by Dr. Krishnakumar, Principal St. James College of Pharmaceutical Sciences, Chalakudy. He also appreciated the NSS Unit for organizing the programme. Then Ms. Hyda Jose has conducted awareness interactive session on the world AIDS' day theme to the public. Ms. Annmariya delivered the vote of thanks. The event was a success, with active participation from healthcare workers, community leaders, and attendees. The programme will help promote awareness and control measures, ultimately contributing to the reduction of HIV/AIDS cases.

PUSHPAGIRI COLLEGE OF DENTAL SCIENCES

Sl. No.	Date	Activity conducted (Name of the Activity)	No. of Volunteers Participants	No. of Hours performed	Achievement to the beneficiaries by the programmes
1	26/11/ 2025	Constitution Day	100	1 hour	To honour the foundation of democracy and to promote constitutional values.
2	27/11/2025	Blood donation camp	80	6 hour	To save lives in emergency,to promote voluntary blood donation.
3.	28/11/2025	7 Rain International Film Festival	1	48 hour	To promote environmental awareness,to encourage conservation ethics.
4.	1/12/2025	World AIDS Day	80	2 hours	Raises awareness about HIV/AIDS,Promotes prevention and safe practices
5.	2/12/2025	Anti -drug public awareness	10	1 hour	Educes individuals about harmful effects of drugs and guide youth in the right direction
6.	12/12/2025	Anti -drug awareness class	5	4 hour	Aware youth about the side effects of drugs
7	15/12/2025	Dental screening camp	10	3 hours	Early detection of oral diseases and promotes oral health awareness.

CONSTITUTION DAY CELEBRATION 2025

Date: 26.11.2025 Time: 9:00am

Venue: PCDS campus

Organized By: NSS Unit

On 26th December, Constitution Day was celebrated with the objective of creating awareness about the values and principles enshrined in the Indian Constitution. An oath of allegiance to the Constitution was administered to 100 students, reaffirming their commitment to uphold constitutional values such as justice, liberty, equality, and fraternity. As part of the programme, an awareness photo booth was set up to engage students creatively and to promote constitutional awareness among the campus community.

100 NSS Volunteers read the preamble and got the certificate



BLOOD DONATION CAMP REPORT 2025

A blood donation camp was organised by the members of NSS and Social Service Club “Maithri” and was conducted on 27/11/25 at the Pushpagiri Dental college auditorium from 8:45 am to 1:00

pm .The program was inaugurated by Director Rev.Fr.Mathew Mazhuvancheril in the presence of Dr.A DEVADATHAN (Principal),Dr.JESWIN (Vice Principal),NSS Volunteers and coordinators of Social Service Club . A team of medical staff including a doctor, nurses from Pushpagiri Medical College were present for the conduction of the program. Students and faculty came at various intervals to participate in the camp by donating blood in a very coordinated manner. A total of 47 participants including staff, students and faculty came

forward of which only 29 were eligible to donate due to health reasons.. Lunch was provided to the medical team faculty and interns. Hygiene and safety precautions were taken at every step .Refreshment were provided to the participants along with a certificate of appreciation .The program ended at 1 pm followed by lunch.



Deputation in 7 Rain International Film Festival

Dr. Shibi Mathew V was assigned duty as District Convenor at Marian College, Kuttikanam, on 28th and 29th December in connection with the 7th Rain Forest Film Festival. The programme featured the screening of several documentaries and short films on nature, each of approximately 10 minutes, highlighting environmental ,BIRDS,BEES,BUTTERFLIES and environment pollution free themes.

A camera exhibition showcasing more than 500 cameras was a major attraction of the event. Classes by renowned personalities in the field of filmmaking were

conducted, providing valuable insights to participants. The cultural programmes held during the evening sessions were highly engaging and well received. At the conclusion of the programme, a duty certificate was issued to the participants.



World AIDS Day REPORT

DATE :1 December 15, 2025 TIME :9AM

World AIDS Day was observed in the college by conducting a short awareness class on HIV/AIDS, focusing on its transmission, prevention, and the importance of early diagnosis and social responsibility. The session sensitised the volunteers about the need for prevention, awareness, and stigma-free attitudes towards people living with HIV/AIDS.

An oath was administered to reaffirm the commitment of the participants towards spreading awareness and promoting preventive measures. As part of the programme, an awareness photo booth was created and placed in the foyer at the college entrance, which attracted the attention of students and visitors.

A total of 60 volunteers actively participated in the programme and contributed to creating awareness among 46 patients who visited the college, thereby extending the impact of the observance beyond the campus community.



Anti -Drug Public Awareness Activity

As part of the anti-drug public awareness activity, pamphlets on drug abuse and its harmful effects were distributed to the outpatients of Pushpagiri Dental College. Along with the distribution, a brief awareness talk was given, explaining the impact of drug abuse on human behaviour, health, and overall life. This activity aimed to educate the public, promote healthy lifestyles, and reinforce the message of saying no to drugs.



Anti -Drug awareness class Report attended by NSS volunteers in Marthoma college

Event: Awareness Class on HIV and AIDS and Drug abuse prevalent in society
 Organized by: Excise Vimukthy Mission Date: 12/12/25 Time: 11:30 am - 1:00

pm Venue: Marthoma College, Thiruvalla

The event was inaugurated by Mr. Midhun, Excise Officer, who emphasized the importance of awareness programs in preventing substance abuse and promoting healthy lifestyles.

The awareness class was led by Mr. Jose Cherian, Migrant HIV Community Councillor, who delivered an informative presentation on the bad effects of drugs and HIV awareness. Over 100 students from various colleges in Pathanamthitta district attended the program.

The class was well-received, providing valuable insights to the students and empowering them to make informed decisions. The Excise Vimukthy Mission's efforts to promote awareness and prevent substance abuse were commendable.

The district level awareness class was a success, achieving its objective of educating students on the risks of HIV, AIDS, and drug abuse, and promoting healthy lifestyles.

Dental screening camp and dental awareness

Date:15/12/2025 Time :9am -11.30am

venue :GLPS Kadapra

A dental screening camp and dental awareness programme was conducted among 20 children at GLPS Kadapra on 15/12/2025, from 9:00 AM to 11:30 AM. The programme aimed to assess the oral health status of the children and to create awareness about proper oral hygiene practices and the importance of regular dental check-ups. A total of 8 volunteers actively participated in the camp, contributing to the successful conduct of the programme.

Sd/-

Dean (Student Affairs) & NSS Programme Coordinator