

**Admission to
MSc Sports Medicine Ayurveda
(Advanced MSc Program- Part-time)
Course 2026**



**School of Fundamental Research in Ayurveda
Kerala University of Health Sciences
Kizhakkekotta, Tripunithura 682301**

PROSPECTUS

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This Prospectus is published for admission to MSc Sports Medicine Ayurveda (Advanced MSc Programme) (Part-time) Course 2026 at School of Fundamental Research in Ayurveda, Kerala University of Health Sciences, Tripunithura, Ernakulam and contains general information and rules relating to the admission for the year 2026. Candidates are required to go through the Prospectus carefully and acquaint themselves with all the relevant information. Candidates are also requested to visit the official website of the KUHS (www.kuhs.ac.in) regularly for further notifications and announcements.

1. Centre conducting the course: School of Fundamental Research in Ayurveda, Tripunithura

The University Act Chapter II section 6 (viii), contemplates that University may establish Schools, centres, hospitals, laboratories and libraries or other institutions necessary to carry out the objectives of the University. The Governing Council of the University decided to start the School of Fundamental research in Ayurveda(KUHS) at Tripunithura, to conduct research in Ayurveda and to train the Ayurveda fraternity in research. The School of Fundamental Research in Ayurveda is located at Tripunithura, Near Govt. Boys High School, Vaikom Road, Tripunithura PO, Ernakulam and is successfully conducting Research projects, several short-term courses for faculty and postgraduates. The school has a Professor, two Associate Professors, one Assistant Professor, and one administrative staff along with adjunct professors from institutions of excellence within the country.

Note: KUHS reserves the right to change the centre if it is so desired.

2. Description of the course

The MSc. Course in Sports medicine Ayurveda is a Part-time course, that will be conducted at the School of Fundamental Research in Ayurveda, Tripunithura. The goal of the course is to invigorate the research attitude of Ayurveda postgraduates in sports medicine and thereby prepare them to generate evidence basis for Ayurveda concepts and practice in sports medicine. This is a new course intended to introduce the MSc programme under Ayurveda in Kerala. Successful candidates after the course are expected to be high quality researchers in their respective clinical fields. They are also expected to play key roles in advocacy for public health and good quality research including clinical trials

The objectives of the course

1. The primary objective of the course is to equip participants with practical skills that enable them to effectively apply Ayurveda principles in the diagnosis, treatment, and

management of sports-related injuries and ailments. Through hands-on training and experiential learning, participants will acquire proficiency in various Ayurveda therapeutic modalities relevant to sports medicine.

2. By focusing on practical applications, the course aims to enhance participants' clinical competence in addressing the unique healthcare needs of athletes and sports enthusiasts. Emphasis will be placed on developing diagnostic acumen, treatment planning, and therapeutic interventions tailored to individual athletes' requirements.
3. The course seeks to facilitate the integration of traditional Ayurveda wisdom with modern sports medicine practices, thereby offering a holistic approach to sports injury management and performance enhancement. Participants will learn how to synergize Ayurveda therapies with conventional medical interventions to optimize patient outcomes.
4. Graduates of the program will emerge as skilled practitioners capable of providing specialized care to athletes and individuals engaged in physical activities. By honing their practical skills, participants will be well-equipped to assume roles in sports clinics, wellness centres, and sports organizations, contributing to the promotion of holistic health and well-being.

Who shall benefit from the course?

- Teaching faculty of affiliated Ayurveda colleges, and Ayurveda post-graduates working in other health care institutions who have aptitude & commitment to medical research.
- Faculty members who wish to become investigators of research projects.
- Faculty members who want to become investigators of clinical trials.
- Faculty members who are working in the Public Health Field.

3. Duration of the course

3.1. This is a part-time course designed on distance education platform along with contact classes.

3.2 Duration of the course shall be two academic years as detailed below:

- a. Part time contact and e-learning with a total of 1600 learning hours, 175 hours for theory including skill development and protocol development during first year and 175 hours during second year.
- b. 7 hours per day (from 9.00 a.m. to 5.00 p.m.), excluding a one-hour lunch break, for 25 days per year. This may be made flexible, and the teaching hours can be adjusted accordingly without exceeding the required academic standards.
- c. 42 hrs. of contact class during the one-week mop-up at the end of the course, totaling to 392 hrs.
- d. Remaining 408 hours will be supervised distance learning based on e-learning/modules.
- e. There will be 800 hours of thesis work at the parent institution or in the community during the total course period.

3.3 The maximum duration permitted for the completion of the course is 4 years (double the duration).

4. Eligibility for admission

The Candidates who have passed the MS/MD (Ayurveda) degree course from Kerala University of Health Sciences or examinations recognized equivalent thereto by KUHS, working either in affiliated institutions under KUHS as teachers or in other health care institutions, are permitted to spend a specified time as a part-time student. The Candidates shall not have completed the age of 50 years as on 31st December 2026.

5. Mode of selection:

- 5.1 The selection is merit-based with an Entrance examination for 150 marks of 3 hours' duration (150 questions with one mark for each question), conducted by the KUHS. All are objective-type questions. The portions include the basics of Research Methodology, Biostatistics, and Bioethics (Distribution of questions for the entrance examination from these 3 subjects will be approximately 60:25:15 percentages each). The validity of the select list will be for one month from the date of starting the course.
- 5.2 The date for entrance examinations will be notified in due course.
- 5.3 Results of the entrance test will be published in the University website.
- 5.4 The rank list shall be valid up to the date of admission and may be extended, if required for a maximum period of one month.

6. Number of seats:

The number of seats for the course is Ten (10).

7. Reservation of seats:

40% of the total seat is reserved for faculties of affiliated colleges of KUHS, having registered in the Faculty Enrolment program of KUHS. 10% is reserved for SC/ST candidates. 50% is reserved for open merit.

If the required number of seats are not filled under reservation quota, the seats will be filled based in the merit as per the rank list.

Note:

The candidates shall satisfy the eligibility criteria fixed as per clause 1.1 of approved regulations of Sports Medicine Ayurveda (Advanced MSc Programme) (Part-time) Course.

8. Application fee & Entrance Examination fee:

The application fee for the Course is Rs. 1,500/- (One Thousand and Five Hundred Rupees) only.

Entrance Examination Registration Fee of Rs. 2,730/- (Rupees Two Thousand Seven Hundred and Thirty Only) only.

9. Course Fee:

9.1 The course fee is Rs. 30,000/- (Thirty Thousand Rupees) per candidate per academic Year. The course fee shall be remitted as lump sum per year.

9.2 In addition, the selected students shall remit Rs. 3,680/- (Rupees Three Thousand Six Hundred and Eighty only) towards the admission fee (including Student Registration fee, Certificate Verification fee, Identity Card fee, University Union fee, and Sports fee), which shall be applicable only for the first year of the course and payable at the time of admission.

9.3 Further, an amount of Rs. 30,000/- (Rupees Thirty Thousand only) shall be remitted towards the Caution Deposit, which is refundable as per University rules.

Fees shall be applicable in the event of discontinuation of the course.

10. Submission of applications:

The applications shall be submitted to The Professor, School of Fundamental Research in Ayurveda, Near Govt. Boys High School, Vaikom Road, Tripunithura, Ernakulam- 682301

Last date for receipt of application shall be 25.05.2026.

11. Provision for Liquidated Damages:

A bond in the prescribed format (appended) for an amount of Rs. 1,00,000/- (Rupees One Lakh only) shall be executed by the student at the time of registration to the course towards liquidated damages. Liquidated damages shall be applicable, as per existing University norms, in the event of discontinuation from the course resulting in the seat being left vacant.

In case a student leaves the course after getting admission and the university is able to fill up the vacancy with another eligible student from the rank list, the remaining of the course fee after deducting 10% as processing charges along with Caution deposit will be Refunded.

12. The medium of instruction:

The medium of instruction and examination will be English.

13. Attendance:

13.1 Minimum 80% attendance is required for appearing in the final exam.

13.2 Not less than 50% marks is required in the internal assessment for each paper separately is required to attend the First and Second Year University examinations.

14. Assessment: (Examinations):

Formative evaluations (Internal assessment): This is by periodic objective tests, periodic tests through web platforms, reports by the thesis guide and mentor, assessment of extra interest taken by a candidate in matters of research or health policy, and final opinion by the whole faculty on overall academic performance of the candidate.

Summative evaluations (Final Examinations): Final summative examination will be conducted at the end of each Academic Year (First and second semester at the end of first year and third and fourth semester at the end of second year) by the University as per the approved schedule. The final summative examination including practical and thesis will be after submission of the project/thesis. The examination registration fee structure shall be subject to revision from time to time, as fixed by the University.

Project (Thesis) work: The planning of this will be started from the first year after the contact classes. The candidate will identify a suitable mentor from the parent department of the institution where he/she is working who will guide in the subject along with the methodology guide either in the school or the nearest institutions.

14.1. Separate exam will be conducted at the end of each semester as internal examination at the School. Year-end examination will be conducted by the university.

14.2. The formative internal assessment examination of each paper will be of 20 marks and average of the best two (2) marks will be taken as the final internal assessment mark for each paper.

14.3. The thesis should be submitted one month before the date of commencement of the final examination.
