

# **REGULATIONS, CURRICULUM & SYLLABUS**

(from 2018 -2019 onwards)

## **M.Phil - Psychiatric Social Work**



**KERALA UNIVERSITY OF HEALTH SCIENCES**  
Thrissur – 680 596, Kerala

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## **1. INTRODUCTION**

### **1.1 Preamble**

The regulation of the Master of Philosophy in Psychiatric Social Work being conducted by the Kerala University of Health Sciences is in tune with the widely accepted national standards with a special thrust of the mental health needs of the country and the state.

### **1.2 Title of the course**

The course shall be known as MASTER OF PHILOSOPHY IN PSYCHIATRIC SOCIAL WORK; in short “M.Phil PSW”

### **1.3 Implications of the course**

According to World Health Organization, mental health is a state of well-being in which every individual realizes his or her own potential, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to her or his community. Mere absence of mental disorders is thus not „mental health“.

In India, there is a scarcity of resources - both human and financial to provide mental health services. The situation is serious considering the fact that 7% of the population is suffering from some form of mental disorders. Flagship programs like NMHP are only partial success due to scarcity of manpower in the field of mental health. There is a shortage of about 8,000 psychiatrists, 17,000 clinical psychologists, 23,000 psychiatric social workers and 9,000 psychiatric nurses in the country (Ministry of Health, GOI, 2012).

A specialized course in psychiatric social work is thus, the need of the hour. Psychiatric Social Workers are indispensable members of the multidisciplinary team in mental health providing services in the areas of prevention, treatment and rehabilitation. They address the psychosocial issues of those affected with psychiatric, neurological and neuro surgical problems by linking the inherent potentials in the clients, families and communities.

## **2. AIM & OBJECTIVES**

### **2.1 Aim**

Develop trained manpower in Psychiatric Social Work in the field of mental health and neuro sciences

### **2.2 Objectives**

- Internalize the knowledge, skills and attitude essential for a Psychiatric Social Worker
- Teach the application of methods, techniques and skills of psychiatric social work for promotion of mental health and prevention of mental disorders
- Perform assessment, diagnosis and therapeutic clinical/psychosocial interventions at individual, group and family level in IP, OP and community settings

- Exposure to after care and rehabilitation services in institutional, semi institutional and non-institutional settings
- Mental health interventions in the field of neurology, neurosurgery and other physical health settings
- Conduct independent research of explorative-descriptive, experimental-evaluative nature related to Psychiatric Social Work
- Participate, discuss contribute and implement interventions as part of the multidisciplinary team
- Collaboration with voluntary agencies, local self governments, state and central governments in research, teaching, training and clinical activities in the area of mental health and neuro sciences

### **3. REGULATIONS**

#### **3.1 Eligibility for admission**

Full time master's degree in Social Work (specialised in Medical and psychiatric social work or specialised in mental health social work or having at least one paper in mental health - with clinical exposure in psychiatric settings as part of the course) from a recognized University securing not less than 55% marks in the aggregate of the master's degree as a whole. Admission is reserved for candidates who are Indian in origin.

#### **3.2 Upper age limit**

Nil

#### **3.3 Selection of students**

Admission to the course shall be through selection by a duly constituted selection committee by competent authority

The selection shall be based entirely on merit - a written examination and a personal interview as per the prospectus approved by Government of Kerala.

Reservation rules of Government of Kerala and/or the Kerala University of Health Sciences (KUHS) shall be followed.

#### **3.4 Intake of the students (Guide – Student ratio)**

The guide student ratio shall be 1:4

#### **3.5 Duration of the course**

The course shall extend to two academic years

#### **3.6 Clinical duties and leave**

- M.Phil Psychiatric Social Work students shall do the prescribed clinical duties in the units posted by the PSW department during the entire course period.
- Students can avail fifteen days of Casual leave (CL) and fifteen medical leave (ML)

Carrying over of the un-availed leaves shall not be permitted. Any leave over and above 30 days in a year availed by the candidate will have to be compensated by adequate extension of the duration of the course.

- Medical leave should be supported with a valid certificate from a doctor or else it shall be treated as CL as per the discretion of HOD.
- Adjustment of clinical duties during the leave period is the responsibility of the trainee student (except in emergency situations).
- Leave/unauthorized absence, exceeding the duration of admissible leave for the year, cannot be adjusted against leave due for subsequent years.
- Students absenting from training without permission or availing leaves more than allotted (even on medical ground) for the year will not be allowed to appear for the University Examination. Such students should undergo compensatory training beyond the normal course of study to appear for the examination.

### **3.7 Out station training**

Posting outside the parent institute shall be given if deemed necessary. The duration and the place of posting shall be at the discretion of the Head of the Department.

### **3.8 Attendance**

A minimum attendance of 80% in each of the academic terms of the course is necessary before taking the examination. Course of study must, unless special exemption is obtained, continuously be pursued. Any interruption in a student's attendance during the course of the study through illness or other extraordinary circumstances shall be notified to the University through proper channel and approval has to be obtained from registrar/appropriate authority.

### **3.9 Condonation of attendance**

Condonation of attendance is not allowed in the M.Phil course

### **3.10 Registration**

On admission to the course, a student shall apply for registration to KUHS in the approved form by remitting the prescribed fees. Completed application form should be forwarded to the University through the head of the affiliated institution within the stipulated time.

### **3.11 Medium of instruction**

The medium of instruction and the examination shall be ENGLISH

### **3.12 Commencement of the course**

First working day of the month of September every year or as per the notification of KUHS

### **3.13 Closure of admission**

As per instruction/notification of KUHS

### **3.14 Methods of training**

Each student selected for the course shall be rotated for training to various units for imbibing skills related to mental health and allied disciplines. For this purpose, students are posted in adult mental health, child and adolescent mental health, psychiatric and neurological rehabilitation, family mental health, community mental health, de-addiction unit, neurological and neurosurgical departments and behavioural therapy unit. Students are expected to carry out varied psychiatric social work interventions during each unit postings under the direction of a clinical supervisor (consultant) allotted to them.

### **3.15 Regular examination**

Examination will be held in two parts – Part I and II.

The regular examinations for Part I & II will be held at the end of the each academic year

Candidate will not be allowed to take the Part II examination unless he/she has passed the Part I examination.

### **3.16 Supplementary examination**

Supplementary examinations will be held for Part I and II as per university guidelines in the middle of the academic year for un-appeared / failed candidates.

#### *Candidates of Part I*

- 1) Reappear for all the theory papers I, II & III and viva voce examination (Viva on the scope of papers I, II & III and Case Work Record) if not secured pass marks in viva voce or papers I, II & III.
- 2) Failing in paper IV resubmit CASE WORK RECORD

#### *Candidates for Part II*

- 1) Reappear for all the theory papers V, VI & VII and viva voce examination and clinical examination (Viva on the scope of papers V, VI & VII, Dissertation and Clinical Examination) (if not secured pass mark in viva voce and clinical examination and/or papers V, VI & VII.
- 2) Failing in paper VIII resubmit DISSERTATION.

### **3.17 Appearance in the examination**

- 1) A candidate shall appear for all the papers and submit case work record/dissertation as required for Part I & II
- 2) Maximum allowed appearance either in Part I or Part II examination is three.
- 3) A candidate who has not appeared for the Part I of the regular examination will be allowed to continue the course for the II Year and shall take the supplementary examination.

- 4) A minimum period of 3 months' additional attendance shall be necessary for a candidate before appearing for the examination in case she/he fails to clear Part I &/or Part II within a period of 3 years from the year of admission.
- 5) Periodical university notification on examination fee and date shall be followed.
- 6) The application for appearing at the Part I & II of the examination should be accompanied by a certificate issued by the Head of the Department / Head of the institution that the candidate has undergone the course of study and has required attendance, carried out the clinical work and research assignments prescribed.

### 3.18 Case Work Record and Dissertation

- 1) Candidates appearing for Part I examination should submit the 4 copies of the bound volume of five case work record to the Head of the Department/KUHS on or before 31<sup>st</sup> May of the concerned year or as directed by KUHS.
- 2) Synopsis of the dissertation shall be submitted to the university with the prescribed fee and format on or before the stipulated date.
- 3) Institutional ethical /research committee clearance shall be mandatory for the research work
- 4) Candidates appearing for Part II examination should submit 4 copies of bound volume of the dissertation to the Head of the Department/KUHS on or before 30<sup>th</sup> of June of the concerned year or as directed by KUHS.

### 3.19 Scheme of examination

Part I - Papers		Written/Viva Examination		Internal/Continuous Assessment		Grand Total	
		Total	Minimum for pass	Total	Minimum for pass	Maximum Marks	Minimum to Pass
Paper I	(THEORY) Psychiatric Social Work	80	40	20	10	100	50
Paper II	Psychological Perspectives on Mental Health	80	40	20	10	100	50
Paper III	Psychiatry, Including Common Neurological Problems	80	40	20	10	100	50
Paper IV	Record of Case Reports(5)	-	-	-	-	100	50
Viva on the scope of the above papers & Case Work Record and clinical examination		70	35	30	15	100	50
<b>Total for Part I</b>						<b>500</b>	<b>250</b>

# The distribution of marks in the Part I: Viva on the scope of the above papers & Case Reports is as given below:

<b>Viva Voce Examination Assessment parameters</b>			
<b>Viva Voce</b>	<b>Marks Distribution</b>	<b>Continuous Assessment</b>	<b>Marks Distribution</b>
Paper I	10	Seminar series evaluation	5
Paper II	10	Case Conference / Journal Club evaluation	5
Paper III	10	Clinical Work evaluation - Continuous Assessment	20
Viva on the scope of the Case record	20		
Viva on the scope of the Clinical examination (Case History Taking & Mental Status Examination)	20		
<b>Total marks</b>	<b>70</b>	<b>Total marks</b>	<b>30</b>
<b>Total viva marks – 100</b>			



Part II - Papers		Written/Viva Examination		Internal/Continuous Assessment		Grand Total	
		Total	Minimum for pass	Total	Minimum for pass	Maximum Marks	Minimum to Pass
Paper I	Social Perspectives of Human Behaviour and Mental Health	80	40	20	10	100	50
Paper II	Psychiatric Social Work Interventions	80	40	20	10	100	50
Paper III	Psychiatric Social Work Research and Statistics	80	40	20	10	100	50
Paper IV	Dissertation	-	-	-	-	100	50
Viva on the scope of the above papers, dissertation and clinical examination		160	80	40	20	200	100
Total for Part II						<b>600</b>	<b>300</b>

\* Paper III of the Part I examination will have two sections:

Section A: Psychiatric Social Work Research

Section B: Statistics

^ The distribution of marks in the Part II: Viva on the scope of the above papers, dissertation & Clinical Examination is as given below:

<b>Viva Voce Examination Assessment parameters</b>			
<b>Viva Voce</b>	<b>Marks Distribution</b>	<b>Continuous Assessment</b>	<b>Marks Distribution</b>
Paper I	10	Seminar series evaluation	10
Paper II	10	Case Conference / Journal Club evaluation	10
Paper III	10	Clinical Work evaluation - Continuous Assessment	20
Viva on the scope of the Dissertation	40		
Viva on the scope of the Clinical examination [Case History Taking & Mental Status Examination , psychosocial assessment and psychosocial interventions plans (60 marks) and Objective & Structured Clinical Examination(OSCE)(30marks)]	90		
Total marks	160	Total marks	40
<b>Total viva marks – 200</b>			

The final evaluation shall be based on theory, clinical and viva voce including submissions out of 1100 marks.

Duration of theory examination (Paper I, II, III, V, VI & VII) – 3 hours.

### **3.20 Internal assessment / Continuous assessment**

- 1) There shall be 20 marks for internal assessment (IA) in each of the theory paper. The mark shall be allotted on the basis of a written test (15 marks) and assignment(s) (5 marks) in the respective papers. If there is more than one assignment, average has to be added. The minimum internal assessment marks needed for appearing in the University examination (theory) is 50%. Internal assessment mark statement shall be forwarded to the University by the Head of the Department when intimated.
- 2) Twenty (30) marks and forty (40) marks shall be allotted for continuous assessment (CA)

for the Part I and Part II viva voce examination respectively. Clinical Work shall be evaluated & rated (using Continuous Assessment Performa) on a quarterly basis (at least 3 quarter) (Appendix: 1). Assessment of seminar (minimum one per academic year), Case Conference/Journal Club (minimum one per academic year) shall be done in the prescribed evaluation form (Appendix: 2). CA marks (average) shall to be added to total marks.

### **3.21 Viva Voce & Clinical Examination**

A viva on the scope of the (i) theory papers, case record and case history taking & MSE (Part I) and (ii) theory papers, dissertation and clinical examination (Part II) shall be done during the end of the first and second year respectively after the theory examinations. Clinical examination involves case work up including mental status examination, diagnosis and psychosocial assessment and management and OSCE. The distribution of marks is shown in the scheme of the examination.

### **3.22 Teaching Faculty/Clinical Supervisor/Examiner/Research**

**Guide** The essential qualifications for all the categories are given below:

#### **A. TEACHING FACULTY IN PSYCHIATRIC SOCIAL WORK**

M.A./M.S.W degree in Social Work, M.Phil in Psychiatric Social Work and Ph.D from a recognized University/Institution with 3 years teaching or clinical or research experience in the subject.

#### **B. CLINICAL SUPERVISOR**

M.A./M.S.W degree in Social Work and M.Phil in Psychiatric Social Work from a recognized University/Institution.

#### **C. EXAMINER**

(a) M.A./M.S.W degree in Social Work and M.Phil / Ph.D /D.Sc in Psychiatric Social Work from a recognized University/Institution with 3 years teaching or research experience in the subject of specialty

(b) M.A/ M.Sc. degree in Psychology with Clinical Psychology as one of the subject or equivalent qualification and M.Phil/Ph.D./D.Sc. in Clinical Psychology of a recognized from a recognized University/Institution with 3 years teaching or research experience in the subject of specialty.

(c) MA / M.Sc Degree in Statistics preferably in Bio-Statistics or equivalent from a recognized University/Institution

(d) M.D. in Psychiatry/M.D. in Psychological Medicine or equivalent qualification from a recognized University /Institution with 3 years teaching or research experience in the subject of specialty after obtaining the qualifying degree as above.

D. RESEARCH GUIDE • M.Phil / PhD in Psychiatric Social Work with 3 years of teaching / research / clinical experience after M.A./M.S.W degree in Social Work with minimum of two publications in reputed journals/books/conference proceedings. • Joint Guides are allowed depending on the nature of the research and at the discretion of the main guide. The qualification of joint guides shall fulfil (a), (b), (c) & (d) conditions listed in “EXAMINER” category.

### 3.23 Minimum Prescribed Clinical Work

Sl: No	Clinical Work	I year	II Year	Total
1	Detailed Case Histories and MSE	50	30	80 hours
2	Detailed psychosocial assessment	250	250	500 hours
3	Psychiatric Social Work Intervention <sup>§</sup>			
	A. Case work	250	250	500 hours
	B. Group work	70	30	100 hours
	C. Family Intervention/therapy	150	250	400 hours
	D. Behavior therapy and other psychological therapies	150	200	350 hours
	E. Community interventions	100	70	170 hours

<sup>§</sup>(Consists of 1520 hours of psychiatric social work intervention in outpatients and inpatient settings for children, adolescents, adults and aged - in individual, familial, group and community levels)

### 3.24 Board of examiners and Valuation

Theory papers (Part I & Part II) will be evaluated as per KUHS norms.

The Viva Voce examination shall be conducted by two separate boards for Part I and II

Viva voce examination for Part I shall be conducted by the Board.

Viva voce and clinical examination for Part II shall be conducted by the Board. (Refer 3.21 above)

## **PART I**

Part I Board consists of 4 examiners, 2 of whom will be external examiners and 2 will be internal examiners.

Part I will have one Psychiatrist (external) , one clinical psychologist (internal) and two social work faculty members, preferably with psychiatric social work background of whom one shall be external examiner. The Chairperson of the Board shall be the senior most among the internal examiner from Psychiatric Social Work.

Case record of Part I examination shall be evaluated by the members of the board.

## **PART II**

Part II Board consists of 4 examiners, two of whom will be external examiners and 2 will be internal examiners.

Part II will have one statistician (external) and 3 social work faculty members, preferably with psychiatric social work background of whom one shall be external examiner and 2 will be internal examiners. The Chairperson of the Board shall be the senior most among the internal examiner from Psychiatric Social Work.

Dissertation of Part II examination shall be evaluated by the members of the Board.

### **3.25 Minimum for pass**

No candidate shall be declared to have been successful in either of the two parts of the M.Phil examination unless she/he obtains not less than 50% of the marks in:

- 1) Each of the theory paper
- 2) Each of the clinical and/or viva voce examination
- 3) Case Record (in case of Part I only)
- 4) Dissertation (in case of Part II only)

### **3.26 Gradations**

- 1) A candidate who obtains above 75% of the marks an aggregate both the Parts ( I & II) shall be declared to have passed with distinction
- 2) A candidate who secures between 60% and 75% of marks in the aggregative of both the Parts shall be declared to have passed in I Class. The other successful candidates shall be declared to have fulfilled the requirements for conferring of M.Phil degree in II Class.

### **3.27 Award of Degree**

A candidate who pass Part I and Part II of the M. Phil PSW course will be eligible for award of degree during the ensuing convocation.

### 3.28 Log Book

A log book has to be maintained by all students and this has to be reviewed by the clinical supervisor every month and shall be forwarded to the Head of the Department for approval. A format of the log book is appended. Log book may be shown to the external examiners at the time of viva voce/clinical examination.

### 3.29 Break of course and Re-admission

- Absenting from the course for a period more than six months necessitate permission from KUHS for rejoining, subject to the recommendation of the Head of the Department and Head of the Institution
- Re-admission as per the rules and regulations of KUHS.

## 4. COURSE CURRICULUM AND HOUR DISTRIBUTION

### 4.1 Scheme of teaching

#### Part I (1<sup>st</sup> year)

Group	Paper Title	Duration	Marks
<b>Group A</b>	(THEORY)	60 hours	100
Paper I	Psychiatric Social Work		
Paper II	Psychological Perspectives on Mental Health	60 hours	100
Paper III	Psychiatry, Including Common Neurological Problems	60 hours	100
<b>Group B</b>	Record of Case Reports (5)	540 hours (30 days x 6 months x 3 hours)	100
<b>Group C</b>	Viva on the scope of the above Papers, Record of Case Reports and Clinical Examinations	---	100
Total			<b>500</b>
Clinical Posting		24 hours/week	

## Part II (2<sup>nd</sup> year)

Group and papers	Paper title	Duration	Marks
Group A Paper I	Social Perspectives of Human Behaviour and Mental Health	60 hours	100
Paper II	Psychiatric Social Work Interventions	60 hours	100
Paper III	Psychiatric Social Work Research and Statistics	60 hours	100
Group B	Dissertation	540 (30 days x 6 months x 3 hours)	100
Group C	Viva on the scope of the above papers, Dissertations and Clinical Examinations		200
Total			<b>600</b>
Clinical Posting		24 hours/week	

### 4.2 Syllabus

The syllabus shall be subject to modification as per requirement from time to time as per the guidelines of KUHS.

### Part I

Paper Title	<b>Psychiatric Social Work</b>	
Duration	<i>60 Hours</i>	
Introduction	This paper introduces the various fields of Psychiatric Social Work practices from its inception and the practicing principles. The paper has a scope of understanding various theoretical models and practice settings of Social Work in the context of mental health. Legislative provisions and ethical considerations in the social work practice and education are the scope of the paper.	
Course objectives	<ul style="list-style-type: none"> <li>• To develop an understanding about the basic concepts and principles of Psychiatric Social work.</li> <li>• To understand the process of Case Work, Group Work and Family Work</li> <li>• To understand the various practice settings by Psychiatric Social Work professionals</li> </ul>	

	<ul style="list-style-type: none"> <li>To inculcate legislative and ethical information in the practice of Psychiatric Social Work.</li> </ul>	
Unit 1	<i>Field of Psychiatric Social Work:</i> Basic concepts and historical development; social reform movements in India, <i>Methods in social work</i> (Case Work, Group work, Community organization, social action, social welfare administration, social work research).	4hours
Unit 2	<i>Principles and Assessment of PSW Practice:</i> Principles of Psychiatric Social Work practice with individuals, families, groups and communities. Process of Psychosocial assessment.	4 hours
Unit 3	<i>Mental health team:</i> Working with Multidisciplinary team: Mental hospital as a social system and psycho-social aspects of hospitalization. Role and responsibilities of a psychiatric social worker, challenges and limitations.	4 hours
Unit 4	<i>Theoretical framework in Psychiatric Social Work:</i> Therapeutic Models in Psychiatric Social Work to work with individual and family (Psychosocial, problem solving, functional, task centred approach, client centered approach, strengths based model, resilience model, cognitive approach, psycho-educational).	6 hours
Unit 5	Case Work: Definition, nature, scope and process. Case work relationships, interview, listening, recording, termination and brief case work	4 hours
Unit 6	Group Work: Characteristics, types (therapeutic and rehabilitative activities), purposes, group dynamics and stages of therapeutic groups group work process, principles and techniques. Application of group therapy in clinical settings: patient groups, caregivers groups, self-help groups.	6 hours
Unit 7	Family Work: Origin, development, process, predominant characteristics of family (forces), family dynamics and interaction, problem families, Principles of Working with Families: Family life cycle stages, promotional/preventive activities (family and marital environments).	4 hours
Unit 8	Family Intervention Techniques: Approaches to family intervention, family therapy (different models), family life education, and interventions for families in crisis.	6 hours
Unit 9	<i>Social subjects and its relevance to mental health settings:</i> 1) Social Policy (Concept of welfare state, Indian constitution, Fundamental rights and Directive principles, Five year plans, evolution of social policy in India), 2) Social development (Meaning, concept and indicators), 3) Social Justice: (Civil rights, Human rights, Social defense, Social security)	6 hours



Unit 10	Intervention Settings in Mental health institutions: Inpatient and out-patient, de-addiction, child and adolescent psychiatric units, family psychiatry unit, rehabilitation, neurology, neurosurgery, emergency services and community mental health centres	6 hours
Unit 11	<i>Legislations and Programmes related to Psychiatric Social Work Practice:</i> Transplantation of Human Organs Act, 1994. The Persons with Disabilities Act, 1995. Narcotic Drugs and Psychotropic Substances Act, 1985, The protection of children from sexual offenses (POCSO) Act 2012, The protection of women from domestic violence Act 2005. Juvenile justice (care and protection) Act 2015, Rehabilitation council of India Act 1992. Legislations related to adoption. UNCRC and UNCRPD; Mental health related International treaties, Mental health act of 1987, National Trust Act, National Mental Health Programme, District Mental Health Programme; Five year plans, National Rural Health Mission; Integrated Child protection Scheme; National Human Rights Commission	6 hours
Unit 12	<i>Ethics, Values and Professional Social Work Bodies:</i> Ethical guidelines related to clinical practice research and profession of social work. Value concepts underlying psychiatric social work practice in mental health. Health information privacy. Professional Bodies working in the field of Social Work (NASW, IASSW, IFSW, ISPSW)	4 hours

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- Total hours 60 (Lecture/ tutorial 45 hours)
- Student's assignment and seminar presentations 15 hours

Paper Title	<b>Psychological Perspectives on Mental Health</b>	
Duration	60 Hours	
Introduction	This paper would help to understand the basic of Psychology. The scope of this paper is to give a theoretical and clinic base to psychology in a mental health setting to trainees in PSW. The paper hence would focus on introduction to psychology, important concepts, fields in psychology and recent trends.	
Course objectives	<ol style="list-style-type: none"> <li>1. To understand the fundamentals of psychology in a mental health setting</li> <li>2. To gain an insight about important concepts used in clinical psychology</li> <li>3. To understand the various fields of psychology</li> <li>4. To update about recent trends in clinical psychology</li> <li>5. to strengthen the student to practice psychotherapy and psychological assessments in clinical settings</li> </ol>	
Unit 1	<p>Introduction to Psychology</p> <ol style="list-style-type: none"> <li>a) Definition of psychology</li> <li>b) Areas of psychology: clinical psychology, school psychology, counselling psychology, industrial and organizational psychology,</li> <li>c) Methods in psychology: observation, enquiry, experimental designs</li> <li>d) Application of Psychology to Psychiatric Social Work</li> </ol>	3 hours
Unit 2	<p>Indian Psychology:</p> <ol style="list-style-type: none"> <li>a) Concepts in Indian Psychology</li> <li>b) Application of Indian Psychology in therapy</li> <li>c) Yoga and its applications/ research</li> </ol>	3 hours
Unit 3	<p>Social pathologies:</p> <ol style="list-style-type: none"> <li>a) Definition and theories of social pathology</li> <li>b) Causes of social pathology.</li> <li>c) Suicide (theories, assessment and management)</li> <li>d) Social pathology in Indian context</li> </ol>	3 hours
Unit 4	<p>Learning theories:</p> <ol style="list-style-type: none"> <li>a) Definition and principles of learning</li> <li>b) Theories of learning: classical conditions, instrumental conditioning, social learning</li> <li>c) Application of learning theories in clinical set up.</li> </ol>	3 hours
Unit 5	<p>Developmental psychology:</p> <ol style="list-style-type: none"> <li>a) Phases of development: childhood, adolescence, adulthood and oldage</li> <li>b) Motor development: theories of motor development</li> <li>c) Speech and language development: theories of speech and language development</li> <li>d) Cognitive development: theories of cognitive</li> </ol>	4 hours

	<p>development Emotional and moral development: theories of moral and emotional development</p> <p>e) Development assessments and early interventions</p>	
Unit 6	<p>School Psychology:</p> <p>a) Issues for school counselling (bullying, truancy, poor scholastic performance etc) b) Early identification and management of school related issues c) Roles, responsibilities and scope of a school counselor</p>	3 hours
Unit 7	<p>Cognitive Psychology:</p> <ul style="list-style-type: none"> <li>• Cognition (definition, concepts, theories)</li> <li>• Memory and forgetting (Definition, Theories and assessments of in clinical set up)</li> <li>• Language</li> <li>• Intelligence (theories, measurement, IQ, EQ, SQ)</li> <li>• Neuropsychology</li> <li>• Neurocognitive psychology</li> <li>• Social cognition</li> </ul> <p>Theories, assessments and interventions</p>	6 hours
Unit 8	<p>Social Psychology:</p> <p>a) Introduction to social psychology and applications of social psychology b) Attitude, Prejudice, Stigma and Discrimination c) Social self, self-concept, and self esteem d) Leadership e) Intergroup conflicts and dynamics (aggression and violence) f) Definition, theories of motivation and emotions (including frustration and stress)</p>	6 hours
Unit 9	<p>Psychological assessment and testing (Indian adaptation):</p> <p>a) Intelligence, theories of intelligence and assessment b) Personality, theories of personality and personality assessment c) Behavioural assessment d) Psychodiagnostic assessments, e) Tests of achievement and aptitude f) Neuropsychological evaluations and assessments</p>	9 hours
Unit 10	<p>Counselling Psychology:</p> <p>a) Definition and Goals of Counseling b) Types of Counseling c) Stages and Process of Counseling d) Qualities of a Counselor</p>	4 hours
Unit 11	Psychological theories and clinical management	13 hours

	<ul style="list-style-type: none"> <li>• Psychoanalysis and psychodynamic theory and therapies</li> <li>• Humanist theory and therapies</li> <li>• Cognitive Behaviour Therapy</li> <li>• DBT (dialectical behaviour therapy)</li> <li>• EFT (emotionally focused therapy)</li> <li>• Existential therapy</li> <li>• Experiential therapy</li> <li>• Grief Counselling and therapy</li> <li>• Group Therapy</li> <li>• Interpersonal Psychotherapy</li> <li>• Interpersonal Social Rhythm Therapy</li> <li>• MCBT (mindfulness-based cognitive-behavioural therapy)</li> <li>• Narrative Therapy</li> <li>• Psychodrama</li> <li>• Spiritually-Oriented Psychotherapy</li> <li>• Acceptance and commitment therapy</li> <li>• Play therapy and other relevant psychotherapeutic methods used in mental health</li> </ul>	
Unit 12	<p>Recent trends in psychological and social perspectives on mental health</p> <p>a) Recent developments in the field of psychology: self psychology, positive psychology, strengths and resilience theories.</p> <p>b) Implication of recent developments in the clinical set up</p>	3 hours
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- Total hours 60 (Lecture/ tutorial 45 hours)
- Student's assignment and seminar presentations 15 hours

Paper Title	<b>Psychiatry, Including Common Neurological Problems</b>	
Duration	60 Hours	
Introduction	This paper would help trainees to understand the basic of Psychiatry, Neurology and Neurosurgery, which would help them in turn in clinical practice.	
Course objectives	<ul style="list-style-type: none"> <li>• Trainees would be able to understand the psychiatric, neurological and neurosurgical disorders               <ul style="list-style-type: none"> <li>• Trainees would be able to gain basic knowledge and skills to identify psychosocial problems of people with psychiatric, neurological and neurosurgical disorders.</li> <li>• Trainees would be able to formulate and implement psychiatric social work interventions for people with psychiatric, neurological</li> </ul> </li> </ul>	

	<p>and neurosurgical illness.</p> <ul style="list-style-type: none"> <li>• Trainees would be able practice psychiatric social work interventions in clinical and nonclinical settings.</li> </ul>	
	<b>PART A</b>	
Part A Unit 1	<b>Psychiatry as a scientific discipline:</b> Concept of Mental Health: Approaches to mental health, history, classification (ICD, DSM, ICF)	<i>4 hours</i>
Unit 2	<b>Biological foundation of Behaviour and psychiatric conditions:</b> Brain, its structure and functions, neurons, neural transmission, synaptic transmission, basic neurochemistry, pathophysiology. Functional Anatomy of Nervous System: Autonomic, Central and Peripheral Nervous System. Medical and radiological investigations in psychiatry	<i>6 hours</i>
Unit 3	<b>Psychosocial Diagnosis and pathways:</b> Social Diagnosis, Socio-genesis of mental disorders (Stress and coping theories, Social theories: labelling, social drift, Family theories: communication, dynamics), Z category classification in ICD, Pathways to mental health care (including cultural and traditional beliefs and practices).	<i>6 hours</i>
Unit 4	<b>Types of Mental Disorders and prevalence:</b> Severe mental disorders and common mental disorders, mental retardation, organic mental disorders, personality disorders and sexual disorders	<i>4 hours</i>
Unit 5	<b>Psychiatric practice in different setting:</b> Child and adolescent psychiatry, Neuropsychiatry, Social Psychiatry, General Hospital Psychiatry, Forensic psychiatry, perinatal psychiatry, Addiction Medicine, Community Psychiatry, consultation and liaison psychiatry, Transcultural Psychiatry and Geriatric Psychiatry	<i>6 hours</i>
Unit 6	<b>Biological Interventions for psychiatric disorders:</b> Pharmacotherapy, side effects management, ECT, TMS, FNRI.	<i>4 hours</i>
Unit 7	<b>Psychosocial Interventions for psychiatric disorders:</b> Psycho education; Behavioural therapies, Cognitive Behavior Therapy, Play Therapy, Family therapy; Psychosocial mediums of care, Yoga Therapy, Art Therapy (Dance, Music, Drama, Painting), legal provisions and welfare benefits for people with mental illness	<i>6 hours</i>
Unit 8	<b>Psychiatric Rehabilitation:</b> Principles of rehabilitation. Rehabilitation settings (Institution and non-institutional setup); Stakeholders in rehabilitation services, Community based rehabilitation, Independent Living Skills and Basic Living Skills, Vocational Rehabilitation, Social Skills Training, Self Help group movement and people with mental illness, Networking and Liaisoning, Advocacy and empowerment of	<i>6 hours</i>



	people with mental illness and forming federations	
<b>PART B</b>		
Unit 9	<b>Common Neurological disorders:</b> Infections of the Nervous System, Paroxysmal Disorders (Epilepsy and Migraine), Neurodegenerative Disorders including Dementias & Movement Disorders, Cerebrovascular disorders, Demyelinating disorders, Neuromuscular disorders, peripheral neuropathy. Trauma and acute emergencies in Neurology and Neurosurgery, Etiological factors contributing to development of various neurological and neurosurgical disorders.	4 hours
Unit 10	<b>Common Neurosurgical Disorders:</b> Tumors of CNS, Spinal Cord Injuries and Infections, Congenital Anomalies of Central Nervous System, Traumatic Brain Injury : Description, etiology, related deficits, management	6 hours
Unit 11	<b>Psychosocial Interventions</b> in Disorders of the Nervous System, Neuro – Cognitive – Psychosocial Rehabilitation. Pre and Post-Operative Counseling. Discharge Planning. Genetic counselling. Aids and appliances. Networking, breaking the bad news, pain management. Palliative and End of Life care. Multidisciplinary team approach in neurological rehabilitation. Basics about cancer: causes, pathology, common types of cancers, common treatment modalities for cancer.  Psychological responses to life threatening illnesses, loss, bereavement, grief, psychological aspects of terminal illness, adjustment disorders. Psychiatric morbidity in patients with cancer and other severe and debilitating illnesses. Social and economic aspects of cancer and other debilitating illnesses. Counselling and psychotherapy skills for psycho oncology, breaking bad news, dealing with collusion, counselling for grief and bereavement.	4 hours
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- Total hours 60(Lecture/ tutorial 45 hours)
- Student's assignment and seminar presentations 15 hours

## Part -2

<b>Paper title</b>	<b>Social Perspectives of Human Behaviour and Mental Health</b>	
<b>Duration</b>	<i>60 hours</i>	
<b>Introduction</b>	This paper discuss about various social issues in various contexts of social change. This paper would throw light on the emerging social issues in the changing society in relation to various vulnerable groups such as women, elderly, children and its impact on the mental health. The scope of the paper include understanding mental health perspectives of various social issues	
<b>Course objectives</b>	<ul style="list-style-type: none"> <li>▪ To learn the changing social context and the concept of social change</li> <li>▪ To understand the social issues emerging due the social change</li> <li>▪ To develop mental health perspectives of emerging social issues in India</li> </ul>	
Unit 1	Social Issues and Social Change: concept, meaning and theories. Social Organization and Social Change- Social Change in Industrialized and Pre- industrialized Societies- Causes of Social Change- Rapid Changes in Material than in Non-material Culture- Social Control and Social Organization- Social Organization and Modern Society- Social Organization: its Equilibrium and Disequilibrium- Concept of Social Disorganization- Causes Giving Rise to Social Problems.	4 hours
Unit 2	Context of Social Problems in India: Multiculturalism (race, caste, language, religious and cultural differentiation), democratic system (federal structure, political mobilization, and people's participation), education (colonial legacy, relevance of modern education system), Urbanization, westernization, globalization (neo colonialism, role of international agencies), privatization, liberalization, Population explosion, health delivery systems.	4 hours
Unit 3	Social Issues in India: Poverty (theories on poverty and mental health), communalism (concepts, factors generating communalism, measures for combating communalism), riots (means for grievance redressal, social and political significance, measures to deal with the issues), Corruption (concepts, forces generating corruption and suggestions for dealing with corruption), rape, honour killing, unemployment, crime and delinquency	7 hours
Unit 4	Caste and Tribal Issues: Social Stratification according to caste, Manusmriti, Sanskritization, Issues faced by Scheduled tribe and Scheduled caste, Tribal culture, Land alienation, Barriers to mental health care in minority populations	4 hours
Unit 5	<i>Special populations affected in society</i> : homeless mentally ill, beggars, disabled (all disabilities), PLWHIV, Elderly (retirement, ageing, health	4 hours

	and adjustment, family relation and care of the aged)refugee/ displaced/migrated population, affected in war, people in conflict with law	
Unit 6	<i>Family and intimate partner relations</i> – Changing family systems – nuclear, joint, extended, cohabiting couples, contemporary marriage and family issues - Rapid Changes in the Role and Status of Partners; Causes of Family Disorganization- Social Consequences of Desertion and Divorce- Divorce and Economic Position,	4 hours
Unit 7	<i>Environmental Degradation</i> (development measures and their impact on environment): Types – Natural, Human made, man animal conflict; Causes – War, Conflicts, communal clash, deforestation; ecological degradation, conservation (air, water, noise) and legal provisions. Phases of disaster – rescue, relief, rehabilitation, restoration; psychosocial impact – psychological, social, economic and physical impact; vulnerable groups; guidelines on psychosocial support and mental health – NDMA, IASC, SPHERE guidelines	7 hours
Unit 8	<i>Gender</i> : discrimination (concepts, causes), issues related to sexual minorities (LGBTI issues) family and child violence (concepts, causes, measures), Women Rights: legal issues, women empowerment, working women, violence against women and cultural constraints.	7 hours
Unit 9	<i>Children</i> : children in difficult circumstances (single parent, orphans, disabled, refugee/migrated children, children with HIV, disaster and armed conflict) Adoption, child labour, child abuse and neglect, child trafficking, street children, institutional, and non-institutional care, single child, infanticide, school issues, children and legal issues., national and international organizations working with children	7 hours
Unit 10	<i>Adolescents and Youth</i> : Youth movement, youth policies, education and employment, strategies for high risk behaviour reduction, adolescent issues, Adolescent sexuality, national and international organizations working with adolescents and youth. Influence of Technology: Internet addiction, mobile addiction, cyber crime, influence of mass media	4 hours
Unit 11	<i>Religious and Spiritual Well Being</i> : Health practices and religion, religious institutions.	4 hours
Unit 12	<i>Role of PSW</i> in assessing and intervention with different social issues at various levels in the society, using multisectorial perspective. (Each of the social issues mentioned in this paper, need to be discussed from a practical perspective)	4 hours
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- Total hours 60 (Lecture/ tutorial 45 hours)
- Student's assignment and seminar presentations 15 hours



Paper Title	Psychiatric Social Work Interventions	
Duration	60	
Credits	4	
Introduction	This paper would help students with psychiatric social work to understand the various interventions at the individual, family, group and community level. It would also throw insight on the preventive and promotive interventions apart from the basic characteristics required for an effective therapist	
Course objectives	<ul style="list-style-type: none"> <li>▪ To understand the spectrum of psychiatric social work interventions in various settings</li> <li>▪ To Gain insight into the preventive and promotive interventions in the field.</li> <li>▪ To understand the recent trends in Social Work education and practice nationally and internationally</li> <li>▪ To enhance skills and characteristics as an effective therapist.</li> </ul>	
Unit 1	<i>Community:</i> Concept, dynamics, types, characteristics and functions. Community participation and education (different models of community participation), understanding and utilizing social supports in the community, community treatment approaches, camp approaches, case management and assertive community treatment and community mental health literacy	6 hours
Unit 2	<i>Training of professionals,</i> paraprofessionals and volunteers in the areas of adolescent education, child sexual abuse prevention, life skills education and student enrichment programmes, stress management programmes, psycho-social care in disasters and disaster preparedness	6 hours
Unit 3	<i>Inter-sectoral approach</i> in working with persons with physical disability and multiple disabilities. Role of voluntary social service organizations, involvement of community stakeholders and action groups for advocacy and social action (National and International organizations like UNICEF, Red Cross, ACMI etc)	6 hours
Unit 4	<i>Interventions of Social Action:</i> Social Advocacy, Rights based approach, initiating Social Policies, Advocacy groups and their work in area of mental illness, Social policy initiatives and interventions in the last 1 decade, internationally and in India in the area of mental health and social work	6 hours
Unit 5	<i>Preventive and Promotive Interventions:</i> Mental Health education (adolescent, pre-marital, family enrichment programme) Awareness programmes, Interventions to reduce stigma, discrimination, interventions to improve mental health (AYUSH,	6 hours

	Diet, Exercise, Recreation, Sleep Hygiene). Interventions to improve psychological well-being, personality development, wellness training	
Unit 6	<i>Characteristics and skills of a therapist:</i> Characteristics of an effective therapist, competency and skills required for conducting case-work, group work, community organization, social action projects, social work research and social welfare administration	4 hours
Unit 7	<i>Psychiatric Social Work settings in Government and NGO setting:</i> Family service agencies, child welfare agencies, Educational setting, correctional institutions, general hospital settings and de-addiction centres, Geriatric care settings, Rehabilitation services	6 hours
Unit 8	<i>Liasoin and Networking:</i> Liaison with Government and Non-Government organizations in fields of Health, Welfare, Disability, Education, Social Justice, Labour and Employment.	3 hours
Unit 9	<i>Field Education in Psychiatric social work:</i> Psychiatric Social Work practice, Field instructions, supervision, documentation and evaluation in psychiatric social work practice.	4 hours
Unit 10	Industrial Social Work: Roles of HR/ Social Worker professional, Corporate Social Responsibility, aspects of Industrial relations and Organizational Behaviour (IPOB)	4 hours
Unit 11	<i>Psychiatric social work Education:</i> Teaching methodologies: Teaching for a professional programme (participatory teaching, lecture method with our without audio-visual, brainstorming, group discussion, role plays etc). Professional development in PSW (Career opportunities, continuing Social work education, Measures of ensuring standards of PSW Practice), Technology and social work	6 hours
Unit 12	<i>National and International Social Work:</i> Recent Trends, emerging concepts, practices, programmes and organizations.	3 hours
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- Total hours 60 (Lecture/ tutorial 45 hours)
- Student's assignment and seminar presentations 15 hours

Paper Title	<b>Psychiatric Social Work Research and Statistics</b>	Hours
Duration	60	
Introduction	This paper would help students of Psychiatric social work; understand the basics of quantitative and qualitative research. Also it would give them practical training in statistics, steps involved in research process, report writing and in utilizing various software for analyzing the quantitative and qualitative data collected during research work.	
Course Objectives	<ul style="list-style-type: none"> <li>▪ Student will be understand the theoretical back ground of scientific psychiatric social research, methodology, techniques in the context clinical and social issues.</li> <li>▪ Student will be able to apply research knowledge, techniques and skills to various clinical and non-clinical issues.</li> </ul>	
<b>PART A- Psychiatric Social Work Research</b>		
Unit 1	<p>Scientific Method of Social Research in Psychiatric Social Work:</p> <ul style="list-style-type: none"> <li>▪ Meaning of Research</li> <li>▪ Distinctiveness of Scientific Research</li> <li>▪ Philosophy, approaches and theories in social work research</li> <li>▪ Nature of scientific method. The relevance of scientific inquiry in psychiatric social work research</li> <li>▪ Cause and effect relationship: General principles in detecting causal relations.</li> <li>▪ Concept and hypothesis, abstraction, conceptualization, theorization</li> <li>▪ Hypothesis - null and alternative hypothesis.</li> <li>▪ Ethics in social work research</li> <li>▪ Principles for protecting human subjects</li> <li>▪ Ethical safeguards of research: confidentially, Informed consent. Institutional review board, Monitoring study effects and conflict of interest.</li> </ul>	5 hours
Unit 2	<p>Quantitative Research Designs:</p> <ul style="list-style-type: none"> <li>▪ Quantitative research: descriptive design, exploratory design, quasi experimental design, cross sectional designs, single group design, completely randomized design, randomized block design and Latin Square design.</li> <li>▪ Mixed method design,</li> <li>▪ Threats to the validity of experimental findings, external validity, extraneous factors in experimental designs and controlling them.</li> <li>▪ Quantitative methods of data collection</li> </ul>	6 hours
Unit 3	<p>Quantitative Sampling Techniques:</p> <ul style="list-style-type: none"> <li>▪ Meaning of sampling, sampling determination/sample</li> </ul>	6

	<p>size (subject to variable ratio), requisites of good sampling, sampling distribution, sampling and non-sampling errors.</p> <ul style="list-style-type: none"> <li>▪ Random and non-random samples, different methods of sampling, and methods of minimizing non sampling errors.</li> </ul>	<i>hours</i>
Unit 4	<p>Qualitative Research:</p> <ul style="list-style-type: none"> <li>▪ Meaning, functions of qualitative research, strengths and weakness of qualitative research.</li> <li>▪ Qualitative approaches to inquiry (Ethnography, Narrative, Thematic, Phenomenology, Field Ethnography, Grounded Theory, and Case study research), emic and etic perspectives.</li> <li>▪ Qualitative methods of data collection, sample selection, qualitative analysis.</li> <li>▪ Differences between Qualitative and Quantitative approach.</li> </ul>	4 <i>hours</i>
Unit 5	<p>Scale construction and Standardization:</p> <ul style="list-style-type: none"> <li>▪ Types of scales, use of scale, construction of scale, steps in scale construction, item development, common response set biases and methods of Eliminating/controlling response set biases.</li> <li>▪ Establishing psychometric properties of scale: Different types of reliability-Internal consistency Cronbach Alpha, Test retest reliability, Interrater reliability, split half reliability and validity – face validity, content validity, concurrent validity, discriminant validity and factorial validity.</li> </ul>	4 <i>hours</i>
Unit 6	<p>Data analysis and Scientific Writing:</p> <ul style="list-style-type: none"> <li>▪ Data coding, data entry, methods of presenting research data in qualitative and quantitative software (tabular and diagrammatic)</li> <li>▪ Steps in writing research proposals and reports</li> <li>▪ Writing scientific publications, types of scientific publication: original research article, Concept Paper, systematic review, case reports.</li> <li>▪ Trial registration</li> <li>▪ Styles of referencing and reference management using software (Medley/ Endnote/ Zetero)</li> </ul>	5 <i>hours</i>
<b>Part B- Statistics</b>		
Unit 1	<p>Basic Statistics:</p> <ul style="list-style-type: none"> <li>▪ Levels of measurement and selection of appropriate statistical tests Descriptive Statistics</li> <li>▪ Basic probability theory and probability distributions</li> </ul>	5 <i>hours</i>



	<ul style="list-style-type: none"> <li>▪ Test of Normality - Kolmogrov Smirnov test and Shapiro Wilk test</li> <li>▪ Tests for Hypothesis analysis, one-tail and two-tail test, confidence intervals, type 1 and type 11 errors.</li> </ul>	
Unit 2	<ul style="list-style-type: none"> <li>▪ Parametric Tests: <ul style="list-style-type: none"> <li>▪ Assumptions for parametric tests</li> <li>▪ Correlation and Regression</li> <li>▪ t tests; one-way and two-way (F test)</li> <li>▪ Basic concepts of analysis of Covariance and RMANOVA.</li> <li>▪ Missing Data Analysis, Effect Size Analysis (Cohen's d, Cramer's V)</li> </ul> </li> </ul>	5 hours
Unit 3	<ul style="list-style-type: none"> <li>▪ Non Parametric Tests: <ul style="list-style-type: none"> <li>▪ Principles and Commonly used methods, chi-square, z test, Sign test, Wilcoxon Signed rank test, Mann-Whitney test, Median test, Rank Correlation and Kruskal- Wallis Test</li> </ul> </li> </ul>	5 hours
Unit 4	<ul style="list-style-type: none"> <li>▪ Multivariate and Meta -Analysis: <ul style="list-style-type: none"> <li>▪ Basic concepts of Multivariate Analysis its applications</li> <li>▪ Multivariate regression analysis.</li> <li>▪ Meta-analysis</li> </ul> </li> </ul>	5 hours
Unit 5	<ul style="list-style-type: none"> <li>▪ Qualitative analysis: <ul style="list-style-type: none"> <li>▪ Data saturation and qualitative data analysis:</li> <li>▪ Content analysis</li> <li>▪ Narrative analysis</li> <li>▪ Conversational analysis</li> <li>▪ Thematic Analysis</li> </ul> </li> </ul>	5 hours
Unit 6	<ul style="list-style-type: none"> <li>▪ Software for analysis training (practical): <ul style="list-style-type: none"> <li>▪ Quantitative Software: SPSS and R-Software</li> <li>▪ Qualitative Software: Atlas ti/ NVivo/ RQDA/ Miner Lite</li> </ul> </li> </ul>	5 hours

### Bibliography

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3. Mandal KN. (2012). Social work research and statistics. Centrum Press. New Delhi.
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5. Flick U. (2014). An Introduction to Qualitative Research, 4<sup>th</sup> edition, sage Publication.
6. Gibbs GR. (2010). Qualitative Data Analysis. Rawath Publication.
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10. Rosnow RL and Rosenthal R (2002). Beginning behavioral research. A conceptual Primer. 4<sup>th</sup> edition, Prentice Hall, New Jersey.
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5<sup>th</sup> edition, WH Freeman and Company, New York.

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13. Howell D C (2013) Statistical methods for Psychology. Wadsworth Cengage Learning India Private Limited.
14. Pagano, M and Gauvreau K (2001) Principles of Biostatistics. 2<sup>nd</sup> Edition, Cengage Learning India Private Limited.
15. Pelham BW (2013). Intermediate Statistics, 2<sup>nd</sup> edition, Sage Publications.
16. Harrison NS (1979) Understanding Behavioral Research.
17. Venkadaswamy Reddy M (2015). Statistical Methods in Psychiatry Research and SPSS, Apple Academic Press.

- Total hours 60 (30 hours for statistics and 30 hours for research)
- Student's assignment and seminar presentations 8 hours (in research)

Sl. No	Name of the Journal
1	American Journal of Psychiatry
2	Psychiatry Online
	<ul style="list-style-type: none"> <li>• The American Journal of Psychiatry</li> </ul>
	<ul style="list-style-type: none"> <li>• Psychiatric Services</li> </ul>
	<ul style="list-style-type: none"> <li>• Journal of Neuropsychiatry &amp; Clinical Neurosciences</li> </ul>
	<ul style="list-style-type: none"> <li>• Psychiatric News (freely available)</li> </ul>
3	British Journal of Psychiatry
4	RcPsych
	<ul style="list-style-type: none"> <li>• Advances in Psychiatric treatment</li> </ul>
	<ul style="list-style-type: none"> <li>• The Psychiatrist</li> </ul>
5	JAMA Psychiatry (Archives of General Psychiatry)
	JAMA
	<ul style="list-style-type: none"> <li>• JAMA Neurology</li> </ul>
	<ul style="list-style-type: none"> <li>• JAMA Internal Medicine</li> </ul>
	<ul style="list-style-type: none"> <li>• JAMA Pediatrics</li> </ul>
6	Molecular Psychiatry
7	Journal of the American Academy of Child & Adolescent Psychiatry
8	Elsevier/ Science Direct



	<ul style="list-style-type: none"> <li>• Psychiatric Clinics of North America</li> </ul>
	<ul style="list-style-type: none"> <li>• Pediatric Clinics of North America</li> </ul>
	<ul style="list-style-type: none"> <li>• Archives of Clinical Neuropsychology</li> </ul>
	<ul style="list-style-type: none"> <li>• Asian Journal of Psychiatry</li> </ul>
	<ul style="list-style-type: none"> <li>• Addictive behaviours</li> </ul>
	<ul style="list-style-type: none"> <li>• Behavioural therapy</li> </ul>
	<ul style="list-style-type: none"> <li>• Behavioural Research and Therapy</li> </ul>

## 5. APPENDIX

### CONTINUOUS ASSESSMENT PERFORMA

(To be filled in by M.Phil Psychiatric Social Work Trainee)

#### A. INFORMATION ON CLINICAL ACTIVITIES

S: NO	ACTIVITY/SKILL	CASES		SESSIONS		TOTAL	
		Out-Patient	In- Patient	Out-Patient	In- Patient	Session No: (IP & OP)	Sessions (In hours)
1	Case History Only						
2	MSE Only						
3	Case History & MSE						
4	Follow – Up						
5	Clinical Assessment						
	(a) Individual						
	(b) Family & Social						
6	Clinical Intervention						
	(a) Individual						
	(b) Family						
7	Group Work / Group Therapy						
8	Clinical tools administration						

Note: Community work shall be recorded in OP section

#### B. OTHER RELEVANT INFORMATIONS

S: NO	ACTIVITY/SKILL	Out-Patient	In-Patient	Community (C)	Number (IP+OP+C)	Time given (In hrs)
1	Rehabilitation & Placement Services					
2	Awareness					
3	Home Visit/ School Visit					
4	Agency/ Work Place Visit					
5	Disability certificate /referral only					
6	Any Other (Specify)					



**E. MISSED ACTIVITIES (CLINICAL/ OTHERS)**

Serial No	Date	Nature of activity	(Presenter / Participant)	Duration (in hours)
				Total:.....

(Note: Performa will be accepted only with the certification of the supervisor/consultant)

Signature of the supervisor :

**F. CASES TAKEN FROM THE UNIT FOR SUBMISSION**

Serial No	File No	Unit	Nature of intervention planned (Short term/ Long term)	No: of completed sessions	Supervisor / Co-Supervisor

**G. LEAVE TAKEN DURING THE POSTING**

Sl. No	Type of leave	From	To	No: of days
	TOTAL : ..... DAYS			

## H. DETAILS OF THE SUPERVISION

SI No	Name of the clinical supervisor	No: of cases supervised	Remarks
1			
2			
3			

### Remarks by the trainee

- How do you assess/rate your contribution/performance in the unit?
- What further inputs you expect from clinical postings?
- Record of the feedback given to you during the posting and the efforts made by you to comply with the same.

<b>NAME OF THE TRAINEE :</b>		<b>Academic Year :</b>	
<b>Period of Assessment: Month(s)/Year</b>	<b>From</b>	<b>To</b>	<b>Signature of the trainee</b>
<b>Unit of Posting</b>			

## I. MONTHLY EVALUATION FOR M.Phil (PSW) TRAINEES (rated by supervisor)

**Name of trainee:**

**Training period:**

SL NO	AREAS OF ASSESSMENT	Month	Month	Month	Month
	Overall rating (by trainee)				
<b>I</b>	<b>PATIENT RELATED</b>				
	Ability to empathize with patients and families in their problems				
	Availability to the patient in times of crisis				
	Ensuring confidentiality and				

	maintaining professional boundaries				
	Time spent with patients				
	Ability/readiness to help all including the poor and underprivileged				
<b>II</b>	<b>KNOWLEDGE</b>				
	Descriptive psychopathology & Psychiatric treatments				
	Psychiatric social work				
	Psychological aspects				
	Medical aspects applicable to mental health				
	Keeping abreast with the latest advances in mental health field				
<b>III</b>	<b>SKILLS</b>				
	Ability to understand and conceptualize cases				
	Psychiatric diagnostic skills				
	Psychosocial analysis & social diagnosis				
	Intervention at individual level				
	Intervention at group level				
	Intervention at family level				
	Intervention at community level				
	Treating difficult patients and families				
	Resource mobilization				
	Placement services				
	Advocacy & networking				
	Ability to translate theoretical knowledge to patient care				
	Psychotherapeutic skills				
	Documentation				
	Presentation skill				
	Communication skill in general				
	Proficiency in psychosocial intervention – in general				
	Programme planning and implementation				
<b>IV</b>	<b>PARTICIPATION IN ACADEMIC PROGRAMME</b>				
	Prior preparation in all teaching program				
	Asking question/ raising issues /participation in discussion/making comments				
	Quality of presentation				
<b>V</b>	<b>COMMUNICATION AND INTERPERSONAL RELATIONSHIP WITH SUPERVISORS AND PEERS ABOUT PATIENTS</b>				

	Discussion with PSW consultants				
	Communication with other trainees				
	Communication with consultants from other disciplines-CP, Psychiatry, Nursing				
	Interpersonal relationship with team members in general				
<b>VI</b>	<b>OVERALL ATTITUDE AND PROFESSIONALISM</b>				
	Punctuality				
	Regularity towards clinical work and responsibility				
	Commitment				
	Initiatives				
	Planned leave and handing over cases if on leave				
	Concern and care towards clients				
	Recognizing limits of professional competence				
	Making sure that personal belief do not prejudice with patient care				
	Readiness to seek supervision				
	Constant efforts for improvement				
	Professionalism in general				
<b>VII</b>	<b>OTHER IMPORTANT ASPECTS IF ANY</b>				
	Overall rating after finishing the unit: (by trainee)				
	Overall rating (by supervisor )				

**Ratings: 5-excellent, 4-very good, 3-good, 2-average, 1-poor, 0- Not Applicable**

Suggestions by clinical supervisor:

Signature of supervisor:

Signature of student:



### GRADING FOR THE TRAINEE

Performance description	Marks Range		Grade Awarded	Marks Awarded
	1 <sup>st</sup> Year	2 <sup>nd</sup> Year		
Unsuitable	0	0		
Poor	1 - 2	1 - 4		
Adequate	3 - 4	5 - 8		
Good	5 - 6	9 - 12		
Excellent	7 - 8	13 - 16		
Outstanding	9 - 10	17 - 20		

I have verified the amount of work claimed and have rated the quality of work done by the trainee during the posting.

**Signature of Unit Supervisor(s) with date**

### ACADEMIC PROGRAMME

(Seminar, Case Conference, Journal Club, etc)

<b>PRESENTER:</b>	<b>CHAIRPERSON:</b>
<b>TOPIC:</b>	<b>DATE &amp; TIME:</b>

### EVALUATION PERFORMA

Kindly rate the presentation done by the trainee. Put a tick mark against your appropriate choice for each of the items given below.

Serial No	Item	Poor (1)	Adequate (2)	Good (3)	Excellent (4)	Outstanding (5)
1	Initiative taken by the student					
2	Conceptual clarity					
3	Quality of the content					
4	Clarification of Doubts					
5	Time Management					

6	Use of audio visual aids					
7	Quality of the Handout					
8	Referencing style					
9	Presentation skill					
10	Overall Impression					
Marks Obtained						

Rating: Poor (1-10), Adequate (11-20), Good (21-30), Excellent (31-40), Outstanding (41-50)

**Total Marks (Out of 50) :**

Name of the faculty :

Designation :

Signature :

**DEPARTMENT RATING FOR PART I / II STUDENT**

I. Weightage of marks out of 5 :

II. Weightage of marks out of 10 :

**LOG BOOK**

Sl No	Date	File No	Patient's Name	Age	Sex	Diagnosis	WD	D/W	C/S/B	Remarks
1										
2										

WD: Work Done

D/W: Discussed With (Mention the name of the consultant)

C/S/B: Case seen by

Total Number of cases seen in the month/year of ..... : .....

New Cases :

Follow Ups :

**Name & Signature of the Clinical Supervisor :**

**Name & Signature of the Head :**

## UNIVERSITY EXAMINATION ELIGIBILITY FORM

(To be filled up the candidate)

Name of the candidate:

Date of Joining:

Identification number or registration number of university:

Course of study:

Institution:

Exam for which appearing:

(Specify whether Regular/Supplementary)

### CHECKLIST

Serial No	Parameter	Details	Remarks
1	Attendance	Theory : %	
		Leaves availed: CL/ML: / /	
		Total:	
2	Part I examination	Passed/Yet to Pass :	
3	Case Record	Submitted / Not Submitted :	
4	Dissertation	Submitted / Not Submitted :	
5	Log Book	Submitted / Not Submitted :	
6	Continuous evaluation performance (3 quarters)	Submitted / Not Submitted :	

"NA" for not applicable

All the informations provided above are true to the best of my knowledge and if found contrary, I am clearly aware that strict disciplinary actions will be initiated including debarring from examination.

Date

Name & Signature of the candidate

Place

Countersigned by  
Faculty as guide

Name  
Designation

### APPROVAL OF HEAD OF THE DEPARTMENT

I, Dr. ...., herewith approve that the above candidate is eligible to appear for the final examination as per the documentary evidences provided and best of the knowledge and documents of the department.

Name/Signature/Designation

