

KERALA UNIVERSITY OF HEALTH SCIENCES



BACHELOR OF SCIENCE IN NURSING LOG BOOK (2021 scheme)

Name of student:

Period of Study:

Clinical Logbook for B.Sc. Nursing(Procedural Competencies/Skills)

I & II SEMESTER NURSING FOUNDATIONS - I & II

Sl. No.	Procedural Competencies / Skills	Performs independently	Assists/ Observes procedures A/O	DATE		Signature of the Tutor / Faculty
				Skill Lab/ Simulation Lab	Clinical Area	
I SEMESTER						
I	Communication and Documentation					
1	Maintaining Communication and interpersonal relationship with patient and families					
2	Verbal Report					
3	Recording/Documentation of patient care(Written Report)					
II	Monitoring Vital Signs					
	<i>Temperature</i>					
4	Oral					
5	Axillary					
6	Rectal					
7	Tympanic					
	<i>Pulse</i>					
8	Radial					
9	Apical					
10	<i>Respiration</i>					
11	<i>Blood Pressure</i>					
III	Hot & Cold Application					
12	Cold Compress					
13	Hot Compress					
14	Ice Cap					
15	Tepid sponge					
IV	Health Assessment (Basic-First year level)					
16	Health History					
17	Physical Assessment-General & system-wise					
18	Documentation of findings					
V	Infection Control in Clinical Settings					
19	Hand hygiene (Hand washing & Hand rub)					
20	Use of personal protective equipment					

Sl. No.	Procedural Competencies/ Skills	Performs independently	Assists/ Observes procedures A/O	DATE		Signature of the Tutor / Faculty
				Skill Lab/ Simulation Lab	Clinical Area	
VI	Comfort					
21	Open Bed					
22	Occupied Bed					
23	Post-operative Bed					
24	Supine Position					
25	Fowler 's Position					
26	Lateral Position					
27	Prone Position					
28	Semi-Prone Position					
29	Trendelenburg Position					
30	Lithotomy Position					
31	Changing Position of helpless patient (Moving/Turning/Logrolling)					
32	Cardiac table/Over-bed table					
33	Back Rest					
34	Bed Cradle					
35	Pain Assessment (Initial &Reassessment)					
VII	Safety					
36	Side rail					
37	Restraint (Physical)					
38	Fall risk assessment & post fall assessment					
VIII	Admission & Discharge					
39	Admission					
40	Discharge					
41	Transfer (within hospital)					
IX	Mobility					
42	Ambulation					
43	Transferring patient from & to bed & wheelchair					
44	Transferring patient from & to bed & stretcher					
45	Range of Motion Exercises (ROM)					
X	Patient Education					
46	Individual Patient Teaching					

Sl. No.	Procedural Competencies/ Skills	Performs independently	Assists/ Observes procedures A/O	DATE		Signature of the Tutor / Faculty
				Skill Lab/ Simulation Lab	Clinical Area	
II SEMESTER						
XI	Hygiene					
47	Sponge bath/Bed bath					
48	Pressure Injury Assessment					
49	Skin care and care of pressure points					
50	Oral hygiene					
51	Hair wash					
52	Pediculosis treatment					
53	Perineal Care/Meatal care					
54	Urinary Catheter care					
XII	Nursing Process-Basic level					
55	Assessment and formulating nursing diagnosis					
56	Planning the nursing care					
57	Implementation of Care					
58	Evaluation of Care (Reassessment & Modification)					
XIII	Nutrition & Fluid Balance					
59	24 Hours Dietary Recall					
60	Planning well balanced diet					
61	Making fluid plan					
62	Preparation of nasogastric tube feed					
63	Nasogastric tube feeding					
64	Maintaining intake & output chart					
65	Intra venous Infusion Plan					
XIV	Elimination					
66	Providing Bed pan					
67	Providing Urinal					
68	Enema					
69	Bowel Wash					
XV	Diagnostic Tests-Specimen collection					
70	Urine Specimen for Routine Analysis					
71	Urine Specimen for Culture					
72	Timed urine specimen collection					
73	Feces specimen for routine					
74	Sputum Culture					

Sl. No.	Procedural Competencies/ Skills	Performs independently	Assists/ Observes procedures A/O	DATE		Signature of the Tutor/Faculty
				Skill Lab / Simulation Lab	Clinic al Area	
	<i>Urine Testing</i>					
75	Ketone					
76	Albumin					
77	Reaction					
78	Specific Gravity					
XVI	Oxygenation Needs/Promoting Respiration					
79	Deep Breathing & Coughing Exercises					
80	Steam inhalation					
81	Oxygen administration using facemask					
82	Oxygen administration using nasal prongs					
XVII	Medication Administration					
83	Oral Medications					
84	Intramuscular					
85	Subcutaneous					
86	Rectal Suppositories					
XVIII	Death and dying					
87	Death care/ Last Office					
XIX	First Aid and Emergencies					
	Bandages & Binders					
88	Circular					
89	Spiral					
90	Reverse Spiral					
91	Recurrent					
92	Spica					
93	Figure of eight					
94	Eye					
95	Ear					
96	Capelin					
97	Jaw					
98	Arm Sling					
99	Abdominal Binder					
100	Basic CPR (first aid module)					

CLINICAL REQUIREMENTS I & II SEMESTER
NURSING FOUNDATIONS – I &II

Sl. No.	Clinical Requirements	Date	Signature of the Faculty
1	History Taking-2 1. 2.		
2	Physical Examination –2 1. 2.		
3	Fall risk assessment –2 1. 2.		
4	Pressure Sore Assessment –2 1. 2.		
5	Nursing Process –2 1. 2.		
6	Clinical presentation 2 1. Nutritional Assessment 2. Care of patients-altered vital signs, constipation		
7	Individualized Teaching-1		
8	Nursing Rounds- 1 Care of patients with altered sensorium		
9	Lab Value- interpretation		
10	Completion of first aid module		
11	Completion of Health assessment module		

III & IV SEMESTER ADULT HEALTH NURSING I & II

Sl. No.	Specific Procedural Competencies/Skills	Performs independently	Assists/ Observes Procedures A/O	DATE		Signature of the Tutor / Faculty
				Skill Lab/ Simulation Lab	Clinical Area	
III SEMESTER - ADULT HEALTH NURSING I						
I	MEDICAL					
	<i>Intravenous therapy</i>					
1	IV cannulation					
2	IV maintenance & monitoring					
3	Administration of IV medication					
4	Care of patient with Central Line					
	<i>Preparation, assisting, and after-care of patients undergoing diagnostic procedures</i>					
5	Thoracentesis					
6	Abdominal paracentesis					
	<i>Respiratory therapies and monitoring</i>					
7	Administration of oxygen using venturi mask					
8	Nebulization					
9	Chest physiotherapy					
10	Postural drainage					
11	Oropharyngeal suctioning					
12	Care of patient with chest drainage					
	<i>Planning therapeutic diet</i>					
13	High protein diet					
14	Diabetic diet					
15	Performing and monitoring GRBS					
16	Insulin administration					
II	SURGICAL					
17	Pre-operative care					
18	Immediate Post-operative care					
19	Post-operative exercise					
20	Pain assessment and management					
	<i>Assisting diagnostic procedures and after-care of patients undergoing</i>					
21	Colonoscopy					
22	ERCP					

Sl. No.	Specific Procedural Competencies/Skills	Performs independently	Assists/ Observes Procedures A/O	DATE		Signature of the Tutor/Faculty
				Skill Lab/ Simulation Lab	Clinical Area	
23	Endoscopy					
24	Liver Biopsy					
25	Nasogastric aspiration					
26	Gastrostomy/Jejunostomy feeds					
27	Ileostomy/Colostomy care					
28	Surgical dressing					
29	Suture removal					
30	Surgical soak					
31	Sitz bath					
32	Care of drain					
III	CARDIOLOGY					
33	Cardiac monitoring					
34	Recording and interpreting ECG					
35	Arterial blood gas analysis– Interpretation					
36	Administration of cardiac drugs					
37	Preparation and after care of patients undergoing cardiac Catheterization					
38	Performing BCLS					
	<i>Collection of blood sample for</i>					
39	Blood grouping/cross-matching					
40	Blood sugar					
41	Serum electrolytes					
42	Assisting with blood transfusion					
43	Assisting for bone marrow aspiration					
44	Application of anti-embolism stockings (TED hose)					
45	Application/maintenance of sequential compression device					
IV	DERMATOLOGY					
46	Application of topical medication					
47	Intradermal injection-Skin allergy testing					
48	Medicated bath					

Sl. No.	Specific Procedural Competencies/Skills	Performs independently	Assists/ Observes Procedures A/O	DATE		Signature of the Tutor/ Faculty
				Skill Lab/ Simulation Lab	Clinical Area	
V	COMMUNICABLE DISEASES					
49	Intradermal injection-BCG and Tuberculin skin test or Mantoux test					
50	Barrier nursing & Reverse barrier nursing					
51	Standard precautions-Hand hygiene, use of PPE, needle stick and sharp injury prevention, Cleaning and disinfection, Respiratory hygiene, waste disposal and safe injection practices					
VI	MUSCULOSKELETAL DISORDERS					
52	Preparation of patient with Myelogram/CT/MRI					
53	Assisting with application & removal of POP/Cast					
54	Preparation, assisting and aftercare of patient with skin traction/skeletal traction					
55	Care of orthotics					
56	Muscle strengthening exercises					
57	Crutch walking					
58	Rehabilitation					
VII	OPERATION ROOM					
59	Position and draping					
60	Preparation of operation table					
61	Setup of trolley with instrument					
62	Assisting in major and minor operation					
63	Disinfection and sterilization of equipment					
64	Scrubbing procedures – Gowning, masking and gloving					
65	Intra-operative monitoring					

**CLINICAL REQUIREMENTS-III SEMESTER
ADULT HEALTH NURSING I**

Sl. No.	Clinical Requirements	Date	Signature of the Faculty
	Medical		
1	Care Study –1		
2	Health education–1		
3	Clinical presentation/care note–1		
	Surgical		
4	Care study–1		
5	Health education–1		
6	Clinical Presentation/Care note –1		
	Cardiac		
7	Cardiac assessment –1		
8	Drug presentation –1		
	Communicable diseases		
9	Clinical presentation/Care note –1		
	Musculoskeletal Disorders		
10	Clinical presentation/Care note –1		
	Operation Room		
11	Assist as circulatory nurse- 5 i. ii. iii. iv. v.		
12	Assist as scrub nurse in minor surgeries – 5 i. ii. iii. iv. v.		
13	Positioning & draping – 5 i. ii. iii. iv. v.		
14	Assist as scrub nurse in major surgeries – 5 i. ii. iii. iv. v.		
15	Completion of BCLS module		

Sl. No.	Specific Procedural Competencies/Skills	Performs independently	Assists / Observes Procedures A/O	DATE		Signature of the Tutor / Faculty
				Skill Lab/ Simulation Lab	Clinical Area	
IV SEMESTER - ADULT HEALTH NURSING- II						
I	ENT					
1	History taking and examination of ear, nose & throat					
2	Application of bandages to Ear & Nose					
3	Tracheostomy care					
<i>Preparation of patient, assisting and monitoring of patients undergoing diagnostic procedures</i>						
4	Auditory screening tests					
5	Audiometric tests					
6	Preparing and assisting in special procedures like Anterior/posterior nasal packing, Ear Packing and Syringing					
7	Preparation and after care of patients undergoing ENT surgical procedures					
8	Instillation of ear/nasal medication					
II	EYE					
9	History taking and examination of eyes and interpretation					
	<i>Assisting procedures</i>					
10	Visual acuity					
11	Fundoscopy, retinoscopy, ophthalmoscopy, tonometry					
12	Refraction tests					
13	Pre and postoperative care of patient undergoing eye surgery					
14	Instillation of eye drops/medication					
15	Eye irrigation					
16	Application of eye bandage					
17	Assisting with foreign body removal					
III	NEPHROLOGY&UROLOGY					
18	Assessment of kidney and urinary system <ul style="list-style-type: none"> ● History taking and physical examination ● Testicular self-examination ● Digital rectal exam 					

Sl. No.	Specific Procedural Competencies/Skills	Performs independently	Assists/ Observes Procedures A/O	DATE		Signature of the Tutor/ Faculty
				Skill Lab/ Simulation Lab	Clinical Area	
<i>Preparation and assisting with diagnostic and therapeutic procedures</i>						
19	Cystoscopy, Cystometrogram					
20	Contrast studies–IVP					
21	Peritoneal dialysis					
22	Hemodialysis					
23	Lithotripsy					
24	Renal/Prostate Biopsy					
25	Specific tests–Semen analysis, gonorrhea test					
26	Catheterization care					
27	Bladder irrigation					
28	Intake and output recording and monitoring					
29	Ambulation and exercise					
IV	BURNS & RECONSTRUCTIVE SURGERY					
30	Assessment of burns wound –area/degree/percentage of wound using appropriate scales					
31	First aid of burns					
32	Fluid & electrolyte replacement therapy					
33	Skin care					
34	Care of Burn wounds o Bathing o Dressing					
35	Pre-operative and post-operative care of patient with burns					
36	Caring of skin graft and post- cosmetic surgery					
37	Rehabilitation					
V	NEUROLOGY					
38	History taking, neurological Examination–Use of Glasgow coma scale					
39	Continuous monitoring the patients					
40	Preparation and assisting for various invasive and non-invasive diagnostic procedures					
41	Care of patient undergoing neurosurgery including rehabilitation					

Sl. No.	Specific Procedural Competencies/Skills	Performs independently	Assists/ Observes Procedures A/O	DATE		Signature of the Tutor/ Faculty
				Skill Lab/ Simulation Lab	Clinical Area	
VI	IMMUNOLOGY					
42	History taking and Physical examination					
43	Immunological status assessment and interpretation of specific test(e.g. HIV)					
44	Care of patient with low immunity					
VII	ONCOLOGY					
45	History taking & physical examination of cancer patients					
46	Screening for common cancers –TNM classification					
<i>Preparation, assisting and after care patients undergoing diagnostic procedures</i>						
47	Biopsies/FNAC					
48	Bone-marrow aspiration					
<i>Preparation of patients and assisting with various modalities of treatment</i>						
49	Chemotherapy					
50	Radiotherapy					
51	Hormonal therapy/ Immunotherapy					
52	Gene therapy/any other					
53	Care of patients treated with nuclear medicine					
54	Rehabilitation					
VIII	EMERGENCY CARE					
55	Practicing 'triage'					
56	Primary and secondary survey in emergency					
57	Examination, investigations & their interpretations, in emergency & disaster situations					
58	Emergency care of medical and traumatic injury patients					
59	Documentation, and assisting in legal procedures in emergency unit					
60	Managing crowd					
61	Counseling the patient and family in dealing with grieving & bereavement					

Sl. No.	Specific Procedural Competencies/Skills	Performs independently	Assists/ Observes Procedures A/O	DATE		Signature of the Tutor/ Faculty
				Skill Lab/ Simulation Lab	Clinical Area	
IX	CRITICAL CARE					
62	Assessment of critically ill patients					
63	Assisting with arterial puncture					
64	Assisting with ET tube intubation & extubation					
65	ABG analysis and interpretation –respiratory acidosis, respiratory alkalosis, metabolic acidosis, metabolic alkalosis					
66	Setting up of ventilator modes and settings and care of patients on ventilator					
67	Setting up of trolley with instruments					
68	Monitoring and maintenance of chest drainage system					
69	Bag and mask ventilation					
70	Assisting with starting and maintenance of central and peripheral lines invasive					
71	Setting up of infusion pump ,and defibrillator					
72	Administration of drugs via infusion, intra cardiac, intra thecal, epidural					
73	Monitoring and maintenance of pacemaker					
74	ICU care bundle					
75	Management of the dying patient in the ICU					
X	Geriatrics					
76	History taking and Assessment of Geriatric patient					
77	Geriatric counseling					
78	Comprehensive Health Assessment (adult) after module completion					

**CLINICAL REQUIREMENTS – IV SEMESTER
ADULT HEALTH NURSING II**

Sl. No.	Clinical Requirements	Date	Signature of the Faculty
	ENT		
1	ENT assessment of an adult – 2 i. ii.		
2	Observation and activity report of OPD		
3	Clinical presentation –1		
4	Drug Book		
	EYE		
5	Eye assessment i. Adult–1 ii. Geriatric–1		
6	Patient-teaching–1		
7	Clinical Presentation–1		
	NEPHROLOGY & UROLOGY		
8	Assessment of adult – 1 Assessment of Geriatric –1		
9	Drug presentation –1		
10	Care study/Clinical presentation–1		
	BURNS AND RECONSTRUCTIVE SURGERY		
11	Burn wound assessment–1		
12	Clinical presentation –1		
13	Observation report of Burns unit		
14	Observe cosmetic/reconstructive procedures		
	NEUROLOGY		
15	Neuro-assessment –2 i. ii.		
16	Unconscious patient–1		
17	Care study/case presentation–1		
18	Drug presentation –1		

SL. No.	Clinical Requirements	Date	Signature of the Faculty
	IMMUNOLOGY		
19	Assessment of immune status		
20	Teaching of isolation to patient and family caregivers		
21	Nutritional management		
22	Care Note –1		
	ONCOLOGY		
23	Observation report of cancer unit		
24	Assessment of each system cancer patients–2		
25	Care study/clinical presentation –1		
26	Pre and post-operative care of patient with various modes of cancer treatment such as chemotherapy, radiation therapy, surgery, BMT, etc. at least 3 i. ii. iii.		
27	Teaching on BSE to family members		
	EMERGENCY CARE		
28	Primary assessment of adult–1		
29	Immediate care (IV access establishment, assisting in intubation, suction, etc.)		
30	Use of emergency trolley		
	CRITICAL CARE		
31	Assessment of critically ill i. Adult ii. Geriatric		
32	Care note/Clinical presentation–1		
	GERIATRIC		
33	Geriatric assessment–1		
34	Care note/clinical presentation –1		
35	Fall risk assessment1		
36	Functional status assessment–1		
37	Completion of Fundamentals of Prescribing Module		
38	Completion of Palliative Care Module		

**V & VI SEMESTER
CHILD HEALTH NURSING - I & II**

Sl. No.	Specific Procedural Competencies/Skills	Performs independently	Assists/ Observes Procedures A/O	DATE		Signature of the Tutor/ Faculty
				Skill Lab/ Simulation Lab	Clinical Area	
V&VI SEMESTER –CHILD HEALTH NURSING- I & II						
I	PEDIATRIC MEDICAL & SURGICAL					
	<i>Health assessment–Taking history &Physical examination and nutritional assessment of</i>					
1	Neonate					
2	Infant					
3	Toddler					
4	Preschooler					
5	Schooler					
6	Adolescent					
	<i>Administration of medication/fluids–Calculation, preparation and administration of medication</i>					
7	Oral, Rectal					
8	I/M					
9	I/V					
10	Intradermal					
11	Subcutaneous					
12	Calculation of fluid requirements - Dehydration - Burns					
13	Preparation of different strengths of I/V fluids					
14	Administration of IV fluids					
15	Application of restraints					
	<i>Administration of O₂ inhalation by different methods</i>					
16	Nasal Catheter/Nasal Prong/ HHNFC					
17	Mask					
18	Oxygen hood					
19	Baby bath/sponge bath					
20	Feeding children by Katori & spoon / paladai, cup					
	<i>Collection of specimens for common investigations</i>					
21	Urine					
22	Stool					
23	Blood					
24	Assisting with common diagnostic procedures (Lumbar puncture, bone marrow aspiration)					

Sl. No.	Specific Procedural Competencies/Skills	Performs independently	Assists/ Observes Procedures A/O	DATE		Signature of the Tutor/ Faculty
				Skill Lab/ Simulation Lab	Clinical Area	
<i>Health education to mothers/parents–Topics</i>						
25	Prevention and management of Malnutrition					
26	Prevention and management of diarrhea (Oral rehydration therapy)					
27	Feeding & Complementary feeding					
28	Immunization schedule					
29	Play therapy					
30	Conduct individual and group play therapy sessions					
31	Prevention of accidents					
32	Bowel wash					
33	Administration of suppositories					
<i>Care for ostomies:</i>						
34	Colostomy Irrigation					
35	Ureterostomy					
36	Gastrostomy					
37	Enterostomy					
38	Urinary catheterization & drainage					
<i>Feeding</i>						
39	Naso-gastric					
40	Gastrostomy					
41	Jejunostomy					
<i>Care of surgical wounds</i>						
42	Dressing					
43	Suture removal					
II	PEDIATRIC OPD / IMMUNIZATION ROOM					
<i>Growth and Developmental assessment of children</i>						
44	Infant					
45	Toddler					
46	Preschooler					
47	Schooler					
48	Adolescent					
49	Administration of vaccines/ vaccination					
50	Health/ Nutritional education					

Sl. No.	Specific Procedural Competencies/Skills	Performs independently	Assists/ Observes Procedures A/O	DATE		Signature of the Tutor/ Faculty
				Skill Lab/ Simulation Lab	Clinical Area	
III	NICCU /PICU					
51	Assessment of newborn					
52	Care of preterm/LBW newborn					
53	Kangaroo care					
54	Neonatal resuscitation					
55	Assisting in neonatal diagnostic procedures					
56	Feeding of high-risk newborn –EBM (spoon / paladai)					
57	Insertion/removal/feeding– Naso/oro-gastric tube					
58	Administration of medication–oral/parenteral					
59	Neonatal drug calculation					
60	Assisting in exchange transfusion Care of newborn on Phototherapy					
61	Organizing different levels of neonatal care					
62	Care of a child on ventilator/ CPAP					
63	Endotracheal Suction					
64	Chest Physiotherapy					
65	Administration of fluids with infusion pumps					
66	Total Parenteral Nutrition					
67	Recording & reporting					
68	Cardio pulmonary Resuscitation–PLS					

CLINICAL REQUIREMENTS -V & VI SEMESTER
CHILD HEALTH NURSING - I & II

Sl. No.	Clinical Requirements	Date	Signature of the Faculty
	Pediatric –Medical		
1	Nursing care plan-1		
2	Case study/presentation –1		
3	Health talk-1		
	Pediatric –Surgical		
4	Nursing care plan-1		
5	Case study/presentation-1		
	OPD/Immunization Room		
6	Growth and Developmental study: i. Infant- 1 ii. Toddler- 1 iii. Preschooler-1 iv. Schooler -1 v. Adolescent -1		
	NICCU/PICU		
7	Newborn assessment-1		
8	Nursing Care Plan-1		
9	Kangaroo mother care-2		
10	Nursing care plan of high risk newborn –1		
11	Completion of ENBC module		
12	Completion of FNBC module		
13	Completion of IMNCI module		
14	Completion of PLS module		

V & VI SEMESTER
MENTAL HEALTH NURSING - I & II

Sl.No.	Specific Procedural Competencies/ Skills	Performs independently	Assists/ Observes Procedures A/O	DA TE		Signature of the Tutor/ Faculty
				Skill Lab/ Simulation Lab	Clinical Area	
V & VI SEMESTER –MENTAL HEALTH NURSING – I & II						
PSYCHIATRY OPD						
1	History taking					
2	Mental status examination (MSE)					
3	Psychometric assessment (Observe/practice)					
4	Neurological examination					
5	Observing & assisting in therapies					
Individual and group psycho-education						
6	Mental hygiene practiceeducation					
7	Family psycho-education					
CHILD GUIDANCE CLINIC						
8	History Taking & mental status examination					
9	Psychometric assessment (Observe/ Practice)					
10	Observing and assisting in various therapies					
11	Parental teaching for child with mental deficiency					
IN-PATIENTWARD						
12	History taking					
13	Mental status examination (MSE)					
14	Neurological examination					
15	Assisting in psychometric assessment					
16	Recording therapeutic communication					
17	Administration of medications					
18	Assisting in Electro-convulsive Therapy (ECT)					
19	Participation in all therapies					
20	Preparation of patients for Activities of Daily living (ADL)					
21	Conducting admission and discharge counseling					
22	Counseling and teaching patients and families					
COMMUNITY PSYCHIATRY & DEADDICTION CENTRE						
23	Conducting home visit and casework					
24	Identification of individuals with mental health problems					
25	Assisting in organizations of Mental Health camp					
26	Conducting awareness meetings for mental health & mental illness					
27	Counseling and Teaching family members, patients and community					
28	Observation of de-addiction care					

**CLINICAL REQUIREMENTS --V & VI SEMESTER
MENTAL HEALTH NURSING I & II**

SL. No.	Clinical Requirement	Date	Signature of the Faculty
	Psychiatry OPD		
1	History taking and Mental status examination – 2 i. ii		
2	Health education–1		
3	Observation report of OPD		
	Child guidance clinic		
4	Casework –1		
	Observation report – Different therapies		
	In-patient Ward		
5	Case study –1		
6	Care plan– 2		
7	Clinical presentation-1		
8	Process recording-2		
9	Maintain drug book		
	Community psychiatry & De-addiction center		
10	Case work –1		
11	Observation report on field visits: -Visits to		
	i. Mental Health Rehabilitation centers		
	ii. Therapeutic community		
	iii. Children’s home		
	iv. Correction home		
	v. Juvenile home		
	vi. De-addiction center		
	vii. Alternative method of treatment/therapy center		
	viii. Special schools (Intellectually Disabled children)		
	ix. Day care center for mentally ill		
	x. Home for Destitute		

**V SEMESTER – COMMUNITY HEALTH NURSING - I
INCLUDING ENVIRONMENTAL SCIENCE & EPIDEMIOLOGY**

Sl. No.	Specific Procedural Competencies/Skills	Performs independently	Assists/ Observes Procedures A/O	DATE		Signature of the Tutor/ Faculty
				Skill Lab/ Simulation Lab	Clinical Area	
V SEMESTER – COMMUNITY HEALTH NURSING I INCLUDING ENVIRONMENTAL SCIENCE & EPIDEMIOLOGY						
1.	Interviewing skills (using communication and interpersonal skills)					
2.	Conducting community needs assessment/survey					
3.	Observation skills					
4.	Nutritional assessment skills					
5.	Teaching individuals and families on nutrition-food hygiene and safety, healthy lifestyle and health promotion					
6.	BCC (Behavior change communication) skills					
7.	Nursing care plan (Rural / urban) – 1					
8.	Health assessment including nutritional assessment-different age groups <ul style="list-style-type: none"> ● Children under five ● Adolescent ● Woman 					
9.	Investigating an epidemic – Community health survey					
10.	Performing lab tests – Hemoglobin, blood sugar, blood smear for malaria, etc.					
11.	Screening, diagnosis and primary management of common health problems in the community and referral of high-risk clients (Communicable Diseases & NCD)					
12.	Documentation skills					
13.	Home visit					
14.	Participation in national health programs					
15.	Participation in school health programs					

**CLINICAL REQUIREMENTS -V SEMESTER
COMMUNITY HEALTH NURSING- I INCLUDING ENVIRONMENTAL SCIENCE &
EPIDEMIOLOGY**

SL. No.	Clinical Requirements	Date	Signature of the Faculty
1	Community needs assessment/survey (Rural/Urban) –1		
2	Nursing care plan (Rural / urban) - 1		
3	Visits to – SC/HWC – PHC – CHC		
4	Observation of nutritional program-Anganwadi		
5	Observation visits		
	I. Water purification site and Water quality tests		
	ii. Milk diary/milk processing plant		
	iii. Slaughter-house/meat processing unit		
	iv. Market		
	v. Sewage disposal /waste disposal treatment site		
	vi. Rain water harvesting unit		
	vii. Home of destitute/physically challenged		
	viii. Communicable diseases hospital		
	ix. Entomology office		
	x. District TB center		
6	Nutritional assessment–Adult (1)		
7	Individual health teaching –Adult (1)		
8	Use of AV aids – flash cards/posters/flannel graphs/flip charts (Any Two) i. ii.		
9	Health assessment of i. Woman–1 ii. Infant/under-five child– 1 iii. Adolescent–1 iv. Adult–1		
10	Growth monitoring of children (under-five)–1		
11	Documentation i. Individual records– 1 ii. Family records –1		
12	Investigation of an epidemic –1		
13	Screening and primary management of i. Communicable diseases–1 ii. NCD–1		
14	Home visits–2		
15	Participation in national health programs–2		
16	Participation in school health program–1		

**V SEMESTER
EDUCATIONAL TECHNOLOGY/ NURSING EDUCATION**

SL. No.	Specific Procedural Competencies/Skills	Performs independently	Assists/ Observes Procedures A/O	DATE		Signature of the Tutor/ Faculty
				Skill Lab/ Simulation Lab	Clinical Area	
V SEMESTER–EDUCATIONAL TECHNOLOGY / NURSING EDUCATION						
1	Writing learning outcomes					
2	Preparation of lesson plan					
3	Practice Teaching/Microteaching					
4	Preparation of teaching aids/ media					
	<i>Preparation of assessment tools</i>					
5	Construction of MCQ tests					
6	Preparation of observation checklist					

**CLINICAL REQUIREMENTS - V SEMESTER
EDUCATIONAL TECHNOLOGY / NURSING EDUCATION**

SL. No.	Clinical Requirements	Date	Signature of the Faculty
V SEMESTER–EDUCATIONAL TECHNOLOGY / NURSING EDUCATION			
1	Microteaching –2 i. Theory – 1 ii. Practical/lab– 1		
2	Field Visit to nursing educational institution – regional/national organization		

**VI SEMESTER
NURSING MANAGEMENT & LEADERSHIP**

Sl. No.	Specific Procedural Competencies/Skills	Performs independently	Assists/ Observes Procedures A/O	DATE		Signature of the Tutor/ Faculty
				Skill Lab/ Simulation Lab	Clinical Area	
VI SEMESTER–NURSING MANAGEMENT & LEADERSHIP						
Hospital and Nursing Service Department						
1	Preparation of organogram (hospital/nursing department)					
2	Calculation of staffing requirements for a nursing unit/ward					
3	Formulation of Job description of nursing officer (staff nurse)					
4	Preparation of Patient assignment plan					
5	Preparation of duty roster for staff/students at different levels					
6	Preparation of log book/MMF for specific equipment/ materials					
7	Participation in Inventory control and daily record keeping					
8	Preparation and maintenance of records & reports such as incident reports/adverse reports/audit reports					
9	Participation in performance appraisal/evaluation of nursing staff					
10	Participate in conducting in-service education for the staff					
College & Hostel						
11	Preparation of organogram of college					
12	Formulation of job description for tutor					
13	Participation in performance appraisal of tutor					
14	Preparation of Master plan, time-table and clinical rotation					
15	Preparation of student anecdotes					
16	Participation in clinical evaluation of students					
17	Participation in planning and conducting practical examination OSCE– end of posting					

**CLINICAL REQUIREMENTS –
VI SEMESTERNURSING MANAGEMENT & LEADERSHIP**

Sl. No.	Clinical Requirements	Date	Signature of the Faculty
VI SEMESTER–NURSING MANAGEMENT & LEADERSHIP			
1	Field visit to Hospital–regional/national organization		

VI & VII SEMESTER

MIDWIFERY/OBSTETRICS AND GYNECOLOGY (OBG) NURSING -I & II

Sl. No.	Specific Procedural Competencies/Skills	Performs independently	Assists/ Observes Procedures A/O	DATE		Signature of the Tutor/ Faculty
				Skill Lab/ Simulation Lab	Clinical Area	
VI & VII SEMESTER–MIDWIFERY/OBSTETRICS AND GYNECOLOGY (OBG) NURSING –I & II						
I	ANTENATAL CARE					
	Health assessment of antenatal woman					
1	History Taking including obstetrical score, Calculation of EDD, gestational age					
2	Physical examination: head to foot					
3	Obstetrical examination including Leopold’s maneuvers & auscultation of Fetal heart sound (fetoscope /stethoscope/Doppler)					
	Diagnostic tests					
4	Urine pregnancy test/card test					
5	Estimation of hemoglobin using Sahli’s hemoglobinometer					
6	Advice/assist in HIV/HBsAg/VDRL testing					
7	Preparation of peripheral smear for malaria					
8	Urine testing for albumin and sugar					
9	Preparation of mother for USG					
10	Kick chart/DFMC (Daily Fetal Movement Count) chart					
11	Preparation and recording of CTG/NST					
12	Antenatal counseling for each trimester including birth preparedness and complication readiness					
13	Child birth preparation classes for couples/family					
14	Administration of Td/TT					
15	Prescription of iron & folic acid and calcium tablets					

Sl. No.	Specific Procedural Competencies/Skills	Performs independently	Assists/ Observes Procedures A/O	DATE		Signature of the Tutor/ Faculty
				Skill Lab/ Simulation Lab	Clinical Area	
II	INTRA NATAL CARE					
16	Identification and assessment of woman in labor					
17	Admission of woman in labor					
18	Performing/assisting CTG					
19	Vaginal examination during labor including Clinical pelvimetry					
20	Plotting and interpretation of partograph					
21	Preparation for birthing/delivery –physical and psychological					
22	Setting up of the birthing room/delivery unit and newborn corner/care Area					
23	Pain management during labor-non-pharmacological					
24	Supporting normal births/conduct normal childbirth in upright positions/evidence based					
25	Essential newborn care					
26	Basic newborn resuscitation					
27	Management of third stage of labor – Physiologic management/active management (AMTSL)					
28	Examination of placenta					
29	Care during fourth stage of labor					
30	Initiation of breastfeeding and lactation management					
31	Infection prevention during labor and newborn care					
III	POST NATAL CARE					
32	Postnatal assessment and care					
33	Perineal/episiotomy care					
34	Breast care					
35	Postnatal counseling-diet, exercise & breastfeeding					

Sl. No.	Specific Procedural Competencies/Skills	Performs independently	Assists/ Observes Procedures A/O	DATE		Signature of the Tutor/ Faculty
				Skill Lab/ Simulation Lab	Clinical Area	
36	Preparation for discharge					
IV	NEW BORN CARE					
37	Assessment of newborn					
38	Weighing of newborn					
39	Administration of Vitamin K					
40	Neonatal immunization –Administration of BCG, Hepatitis B vaccine					
41	Identification of minor disorders of newborn and their management					
V	CARE OF WOMEN WITH ANTENATAL, INTRANATAL & POSTNATAL COMPLICATIONS					
42	High risk assessment - identification of antenatal complications such as pre-eclampsia, anemia, GDM, Antepartum hemorrhage etc.					
43	Post abortion care & counseling					
44	Glucose challenge test/Glucose Tolerance test					
45	Identification of fetal distress and its management					
46	Administration of MgSo4					
47	Administration of antenatal corticosteroids for preterm labor					
48	Assisting with Medical induction of labor					
49	Assist in Surgical induction –stripping and artificial rupture of membranes					
50	Episiotomy (only if required) and repair					
51	Preparation for emergency/elective caesarean section					
52	Assisting in caesarean section					
53	Preparation of mother and assist in vacuum delivery					
54	Identification and assisting in management of malpresentation and malposition during labor					
55	Preparation and assisting in low forceps operation					

Sl. No.	Specific Procedural Competencies/Skills	Performs independently	Assists/ Observes Procedures A/O	DATE		Signature of the Tutor/ Faculty
				Skill Lab / Simulation Lab	Clinical Area	
56	Preparation and assisting in emergency obstetric surgeries					
57	Prescription/administration of fluids and electrolytes through intravenous route					
Assisting in procedures						
58	Assisting in Manual removal of the placenta					
59	Assisting in Bimanual compression of uterus /Balloon tamponade for atonic Uterus					
60	Assisting in Aortic compression or PPH					
61	Identification and first aid management of PPH & obstetric shock					
62	Assisting in management of obstetric shock					
63	Identification and assisting in management of puerperal sepsis and administration of Antibiotics					
64	Management of breast engorgement and infections					
65	Management of thrombophlebitis					
HIGH RISK NEWBORN (Some aspects of high-risk newborn care are included in Child Health Nursing)						
66	Identification of high-risk newborn					
67	Care of neonate under radiant warmer					
68	Care of neonate on phototherapy					
69	Referral and transportation of high-risk newborn					
70	Parental counselling–sick neonate and neonatal loss					
FAMILY WELFARE						
71	Post- partum Family planning counseling					
72	Post-partum family planning- Insertion and removal of PPIUCD/PAIUCD					

Sl. No.	Specific Procedural Competencies/ Skills	Performs independently	Assists/ Observes Procedures A/O	DATE		Signature of the Tutor/ Faculty
				Skill Lab/ Simulation Lab	Clinical Area	
73	Counselling of the woman for Postpartum sterilization					
74	Preparation and assisting in tubectomy					
OTHER PROCEDURES						
75	Preparation and assisting for D&C/D&E operations					
76	Observation/Assisting in Manual Vacuum Aspiration					
77	Assessment of women with gynecological disorders					
78	Assisting/performing Pap smear					
79	Performing Visual inspection of cervix with acetic acid					
80	Assisting/observation of cervical punch biopsy/ Cystoscopy/ Cryosurgery					
81	Assisting in gynecological surgeries					
82	Postoperative care of woman with gynecological surgeries					
83	Counsel on Breast self-examination					
84	Counseling couples with infertility					
85	Completion of safe delivery app with certification					

**CLINICAL REQUIREMENTS - VI & VII SEMESTER
MIDWIFERY/OBSTETRICS AND GYNECOLOGY (OBG) NURSING-I & II**

Sl. No.	Clinical Requirements	Date	Signature of the Faculty
VI & VII SEMESTER–MIDWIFERY/OBSTETRICS AND GYNECOLOGY (OBG)NURSING- I & II			
1	Antenatal assessment and care–20		
2	Postnatal assessment and care –15		
3	Assessment of labor using partograph–10		
4	Per vaginal examination –10		
5	Observing normal childbirths /deliveries–10		
6	Assisting in conduction of normal childbirth –10		
7	Conduction of normal deliveries –10		
8	Assisting in abnormal/instrumental deliveries–5		
9	Performing placental examination–5		
10	Episiotomy and suturing (only if indicated)–3		
11	Assist/observe Insertion of PPIUCD–2		
12	Newborn assessment–10		
13	Newborn resuscitation–5		
15	Kangaroo mother care–2		
Nursing Care Plan/Clinical presentation with Drug Study			
16	Antenatal care Normal (care plan) –1 High risk (case study/Clinical presentation)–1		
17	Intra partum care High risk (Clinical presentation) –1		
18	Postnatal care Normal (care plan) –1 High risk (Clinical presentation) –1		
19	Newborn care Normal (care plan) –1		
20	Gynecological condition Care plan – 1		
21	Health talk–individual/group–2		
22	Counseling mothers and family members		
23	Visit to <ul style="list-style-type: none"> ● Peripheral health facility/Laqshya certified labor room ● Infertility Centre (Virtual/videos) 		
24	Completion of SBA Module		
25	Completion of Safe Delivery App		

VII SEMESTER
COMMUNITY HEALTH NURSING - II

Sl. No.	Specific Procedural Competencies/ Skills	Performs independently	Assists/ Observes Procedures A/O	DATE		Signature of the Tutor/ Faculty
				Skill Lab/ Simulation Lab	Clinical Area	
VII SEMESTER – COMMUNITY HEALTH NURSING II						
1.	Screening, diagnosing, management and referral of clients with common conditions/emergencies					
2.	Antenatal and postnatal care at home and health Centre					
3.	Nursing care plan (Rural / urban) - 1					
4.	Conduction of normal childbirth & newborn care at health Centre					
5.	Tracking every pregnancy and filling up MCP card					
6.	Maintenance of records/registers/reports					
7.	Adolescent counseling & participation in youth friendly services					
8.	Counseling for safe abortion services					
9.	Family planning counseling					
10.	Distribution of temporary contraceptives – condoms, OCP 's, emergency contraceptives, Injectable MPA					
11.	Insertion of interval IUCD					
12.	Removal of IUCD					
13.	Participation in conducting vasectomy/tubectomy camp					
14.	Screening, diagnosis, primary management and referral of clients with occupational health problems					
15.	Health assessment of elderly					
16.	Mental Health screening					
17.	Participation in community diagnosis–data management					
18.	Writing health Centre activity report					
19.	Participation in organizing and conducting clinic/health camp					
20.	Participation in disaster mock drills					
21.	Co-ordinating with ASHAs and other community health workers					

**CLINICAL REQUIREMENTS-VII SEMESTER
COMMUNITY HEALTH NURSING - II**

Sl. No.	Clinical Requirements	Date	Signature of the Faculty
VII SEMESTER –COMMUNITY HEALTH NURSING –II			
1.	Screening and primary management of i. Minor ailments–2 ii. Emergencies–1 iii. Dental problems–1 iv. Eye–1 v. ENT –1		
2.	Primary management and care based on protocols approved by MOH &FW (Home/health Centre)		
3.	Screening and primary management of i. High risk pregnancy ii. High risk neonate		
4.	Assessment of i. Antenatal–1 ii. Intra partum– 1 iii. Postnatal–1 iv. Newborn–1		
5.	Conduction of normal child birth and documentation–2		
6.	Immediate new born care and documentation –1		
7.	Family planning counseling–1		
8.	Group health education (Rural/urban)–1		
9.	Adolescent counseling–1		
10.	Family case study (Rural/urban) –1		
11.	Nursing care plan (Rural / urban) – 1		
12.	Screening, diagnosis, primary management and referral of clients with occupational health problems–2 i. ii.		
13.	Health assessment (physical & nutritional) of elderly–1		
14.	Mental health screening survey–1		
15.	Group project –Community diagnosis (data management)		
16.	Writing report on health Centre activity–1		
17.	Participation in organizing and conducting under five/antenatal clinic/health camp – 2 i. ii.		
18.	Participation in disaster mock drills		
19.	Field visits - Biomedical waste management site - AYUSH Centre - Industry/Factory / Occupational Health Centre - Geriatric home		
20.	Report of interaction with MPH/HV/ASHA/AWs (Any 2) 1. 2.		

**VII SEMESTER
NURSING RESEARCH & STATISTICS**

Sl. No.	Specific Procedural Competencies/Skills	Performs independently	Assists/ Observes Procedures A/O	DATE		Signature of the Tutor/ Faculty
				Skill Lab/ Simulation Lab	Clinical Area	
VII SEMESTER–NURSING RESEARCH & STATISTICS						
	<i>Research Process Exercise</i>					
1	Statement of the problem					
2	Formulation of Objectives & Hypotheses					
3	Literature review of research report/article					
4	Annotated bibliography					
5	Preparation of sample research tool					
	<i>Analysis & Interpretation of data –Descriptive statistics</i>					
6	Organization of data					
7	Tabulation of data					
8	Graphic representation of data					
9	Tabular presentation of data					
10	Research Project (Group/Individual) Title:					

**CLINICAL REQUIREMENTS - VII SEMESTER
NURSING RESEARCH & STATISTICS**

Sl. No.	Clinical Requirements	Date	Signature of the Faculty
VII SEMESTER–NURSING RESEARCH			
1	Research Project–Group/Individual Title:		

VIII SEMESTER (INTERNSHIP)

Sl. No.	Clinical Competencies	Date	Signature of the Faculty
VIII SEMESTER (INTERNSHIP)			
1	ADULT HEALTH NURSING		
2	CHILD HEALTH NURSING		
3	MENTAL HEALTH NURSING		
4	COMMUNITY HEALTH NURSING		
5	MIDWIFERY/OBSTETRICS and GYNECOLOGY(OBG) NURSING		

Note: Maximum of 30% of all skills/procedures can be performed by students in skill lab/simulation lab for all clinical nursing courses except Community Health Nursing and Mental Health Nursing in which the percentage allowed is only 10%

*–When the student is found competent to perform the skill, it will be signed by the faculty/tutor.

Students: Students are expected to perform the listed skills/competencies many times until they reach level 3 competency, after which the preceptor signs against each competency.

Preceptors/faculty: Must ensure that the signature is given for each competency only after they reach level 3.

- Level 3 Competency denotes that the student is able to perform that competency without supervision.
- Level 2 Competency denotes that the student is able to perform each competency with supervision.
- Level 1 Competency denotes that the student is not able to perform that competency/skill even with supervision.

Signature of the Faculty Co-Ordinator

Signature of the HOD/Principal

CLINICAL EXPERIENCE DETAILS

Name of ICU	Clinical Condition	Number of days care given	Signature of Faculty/Preceptor

Signature of the Faculty Co-Ordinator

Signature of the HOD/Principal