

FIRST YEAR BSc NURSING (Ayurveda) DEGREE MODEL EXAMINATION

Part - II : SOCIAL AND BEHAVIOURAL SCIENCES

Paper - IV : Sociology and General Psychology

Time:3Hrs

Max.Marks : 100

- 1.Ritusandhi
- 2.Alcoholism
- 3.Different branches of psychology
- 4.Snana and its importance
- 5.Difference between Gandusha and Kavala
- 6.Define Frustration
- 7.AIDS
- 8.Communal Problems
- 9.Types of community
- 10.Moordha Thailam

(3x10=30)

SHORT NOTES

- 11.Origin Of Society
12. Greeshma Ritucharya
- 13.Importance of Sadvritta
- 14.Explain Juvenile Delinquency and its causes
- 15.Defence Mechanism
- 16.what are the drugs used in Dhantha Dhavana
- 17.Thrayopasthambham
- 18.Briefly explain Language development
- 19.Characteristics of Mentally Healthy Person
- 20.Define Swstha and its importance

(5X10=50)

ESSAY

- 21.Define and explain the cause of Janapathodhvamsaneeya.
- 22.Define personality. Explain Theories of Personality

(10X2=20)

FIRST YEAR B.Sc. NURSING (Ay) DEGREE MODEL EXAMINATION

**Part-III : COMMUNITY HEALTH
Paper-V:Swastha vrutha-I**

Time:3Hrs

Max.Marks:100

1. Functions Of Primary Health Centre.
2. Ritusandhi.
3. Differentiate between Vishuchika and Alasaka.
4. National Immunization Schedule.
5. Define Immunity and types of Immunity.
6. PEM.
7. What are the water soluble vitamins.
8. Aharakalas.
9. Describe prevention of Polio.
10. What are the Dasavidha -papas in Ayurveda?

(3x10=30)

SHORT NOTES

11. Virudhahara.
12. Importants of Dhanthadhavana.
13. Definition and indicators of Health.
14. Differentiate between Abyanga and Udvarthana.
15. Natural history of Disease.
16. Janapadhovamsa chikitsa.
17. Satmyam.
18. Modes of Disease transmission.
19. Achararasayanam.
20. What are Adharaneeya vegas ? Explain.

(5x10=50)

ESSAY

- 21.Explain Ritu Charya.
- 22.Define Pollution and explain the types of Pollution.

(10x2=20)

FIRST YEAR B.Sc. NURSING (Ay) DEGREE MODEL EXAMINATION

Part - I : BIOLOGICAL SCIENCES

Paper - III : SAREERA KRIYA VIJNANAM

Time:3Hrs

Max.Marks:100

1. "DOSHA DHATU MALA MOOLAM SADADEHASYA" Explain? (10 mark)

2. Explain ashtanga of ayurveda in detail? (10 mark)

Short notes

1. Define ayu and ayurveda and write the ayurveda prayojanam?

2. Write about "sadyasadyatha"?

3. Explain paradi and vimsadi gunas?

4. Describe trivida desa?

5. Write Manolekshanas?

6. Explain ousada sevana kalas?

7. Write padachadushtaya?

8. Explain relation between tridosas and pancamahabhutas?

9. What are the characteristics of shastras?

10. Rogi-Roga pareeksha (5x10)

1. Write the lakshanas of upasthata(nurse)?

2. trivida pareeksha

3. Ojas

4. Fuctions of dhadhus

5. Rogarogya lakshanam

6. Relation between sareera dhoshas and manasika dhoshas

7. Write daraneeyavegas

8. Write ayurveda avatharanam

9. Define agni and types

10. Classification of dravya (3x10)

FIRST YEAR BSc NURSING (Ayurveda) DEGREE MODEL EXAMINATION

Part - I : BIOLOGICAL SCIENCES
Paper - II : SAREERA RACHANA VIJNANAM

Time:3Hrs

Max. Marks:100

- 1.Ritukala
- 2.Define Garbha
- 3.Rasipurush
- 4.Seemantham
- 5.Payers Paches
- 6.Pancrease
- 7.Linea Aspera
- 8.Shadchakras
- 9.Contents of Lymphatic System
- 10.Anatomy of Artery

(3x10=30)

SHORT NOTES

- 11.Explain types of Joints
- 12.According to Parinama, Marma Classification
- 13.Explain Oral Cavity
- 14.Anatomy of Liver
- 15.Garbhothpathaka Bhavas
- 16.Sudha,Sukla,lakshanas
- 17.Foetal circulation
- 18.Explain Humerous Bone
- 19.Explain Thwaksareeram
- 20.Explain CSF circulation

(5x10=50)

ESSAY

- 21.Explain in detail Cardio Vascular System
- 22.Explain Kala Sareeram

(2 x10=20)

FIRST YEAR B.Sc. NURSING (Ay) DEGREE MODEL EXAMINATION

PART -IV:NURSING-I
Paper-VI : Foundation of Nursing With First -Aid

Time:3Hr

Max. Marks:100

1. Define Nursing and Profession
2. Define Hospital and Health
3. Define Disinfection and briefly explain the types of disinfection
4. Differentiate between Medical Diagnosis and Nursing Diagnosis
5. Define Enema , briefly explain purgative and Astringent enema
6. Briefly explain any six professional nursing roles
7. Briefly explain levels of prevention
8. Define Nursing process and list down steps of nursing process
9. Qualities of a nurse
10. Briefly explain Rinne test (3x10=30)

SHORT NOTES

11. GCS
12. Classify Hospital and explain each briefly
13. Explain Nursing as a profession
14. Briefly explain Communication
15. Briefly explain the four techniques of physical examination
16. Reflex
17. Define first aid ,golden rules of first aid and explain first aid of snake bite
18. Briefly explain stages of Rigor and explain management of each stage
19. Principles of Body mechanics and briefly explain Log rolling
20. Hot application (5x10=50)

ESSAYS

21. Define Catheterization, Principles of catheterization and explain the procedure of catheterization
22. Define Ryles tube feeding, principles of Ryles tube feeding and explain the procedure of Ryles tube feeding (2x10=20)

FIRST YEAR B.Sc. NURSING (Ay) DEGREE MODEL EXAMINATION

Part – I : BIOLOGICAL SCIENCES
PAPER – I : Basic Concept of Ayurveda & Sanskrit

PART – A

1. Explain the concept of Roga – Avastha and Arogyavasta.
2. Define and elaborate :
 - Rasam
 - Viryam
 - Vipakam
 - Prabhavam
3. Explain the classification of guna and elaborate paradi gunas.
4. Write normal functions of dathus.
5. Functions and qualities of Ojus.
6. Explain Padachatustayam.
7. Write about Panchamahaboota Siddhantam.
8. Concept of Agni and its importance.
9. Explain Trividha Desa.
10. Narrate Ayu Prognosis. 10 x 5 =50

PART – B

1. Explain Malavigjanam.
2. Write about Vata Pitta Prakriti.
3. Define Dravya and explain Karana Dravya.
4. Define Lakshanas of Ayu and Ayurveda Prayojanam.
5. Concept of Manas in Ayurveda. 5 x 5 =25

P.T.O

SANSKRIT

- I. स्वराक्षराणि लिखत. (2×1=2)
- II. शब्द रूपाणि लिखत : (2×3=6)
- 1) गुरु
 - 2) मातृ
 - 3) अस्मद्
- III. पदच्छेदं कुरुत : (1/2×2=1)
- 1) तच्छ्रुत्वा
 - 2) गङ्गोदकम्
- IV. अन्वय अर्थं च लिखत : (2 1/2×2=5)
- 1) हिताहितं सुखं दुःखमायुस्तस्य हिताहितम् ।
मानं च तच्च यद्रोक्तमायुर्वेदः स उच्यते ॥
 - 2) कायवाग्बुद्धिविषया ये मलाः समुपस्थिताः ।
चिकित्सालक्षणाध्यात्मशास्त्रैस्तेषां विशुद्ध्यः ॥
- V. अनुवदतः (1×3=3)
- 1) उत्तमाः बालकाः पितरौ अनुसरन्ति ।
 - 2) विद्यार्थिनः विद्यालयात् निर्गच्छन्ति ।
 - 3) रामः बालाय अपूपं दत्तवान् ।
- VI. अनुवदत : (1×3=3)
- 1) ലതാ ഗാനം ആലപിക്കുവാൻ തുടങ്ങി.
 - 2) കൂട്ടികൾ കളിസ്ഥലത്തേക്ക് പോയി.
 - 3) മരത്തിൽ നിന്ന് ഇലകൾ വീഴുന്നു.
- VII. समासं लिखत : (1 1/2×2=3)
- 1) निमेक्षिकम्
 - 2) तपोधनाः ।
- VIII. विशदयत (Explain it) : (1×2=2)
- “ चिकित्सित ज्योतिषमन्त्रवादाः पदे पदे प्रत्ययमावहन्ति ।”

First Year BSc. Nursing(Ayurveda) Degree Examination
Model Question paper
PART – IV : NURSING- I
Paper – VII : Panchakarma – I

Essay

(2 x 10 =20)

1. Explain Vasthi karma in detail
2. Explain the importance of proper Poorva karma and Paschat karma in

Panchakarma therapy.

Short Essay

(5 x 10 = 50)

3. Write short note on Kayaseka. (Pizhichil)
4. Write the detailed classification of Swedana.
5. Explain Samsarjana karma. What is it's importance?
6. What is the difference between Kabala and Gandoosha?.
7. Virechana vidhi.
8. How will you prepare a patient for Vamana?
9. Differentiate Marsha and Pratimarsha Nasya.
10. Describe the Samyak and Asamyak lakshanas of Virechana.
11. Explain the indications and samyak yoga lakshana of Nasya.
12. Snehapana vidhi.

Short Answers

(3 x 10 = 30)

13. Briefly explain preparation of vasthi dravya.
14. What are types and properties of sneha?
15. Write the samyak sweditha lakshana.
16. Types of Raktha moksha.
17. Write the indication of Virechana nasya.
18. What are Samyak snigdha lakshanas?
19. Preparation of Dhooma varthi.
20. Write the contra-indications of Vamana.
21. Which are Avedhya siras?
22. Write short note on Uttaravasthi.