

KERALA UNIVERSITY OF HEALTH SCIENCES,
THRISSUR



POST BASIC B.Sc NURSING
(PBB.Sc NURSING)

2016 SCHEME

LOG BOOK
(Record of Theory and Practical assignments)

Name of student:

Period of Study:

Course of Study 1st Year PBB.Sc Nursing

Course coordinator:

Date of commencement:

Date of completion:

	Theory hours	Practical hours
1. Nursing Foundation	45	65
2. Nutrition & Dietetics	30	15
3. Biochemistry & Biophysics	60	Nil
4. Psychology	60	15
5. Maternal Nursing	60	280
6. Child Health Nursing	60	280
7. Microbiology	60	30
8. Medical & Surgical Nursing	90	400
9. English (Qualifying)	50	-
Total	515	1085
Grant Total	1600	

NURSING FOUNDATIONS – I YEAR POST BASIC BSc NURSING

SL No	ASSIGNMENTS/PROCEDURES	DATE	SIGNATURE OF THE SUPERVISER
1	Medical Asepsis		
2	Surgical Asepsis		
3	Physical Examination		
4	Wound Dressing		
5	ROM Exercises		
6	I V Infusion/ Cannulation		
7	Enteral Feeding		
8	Urinary catheterization		
NURSING PROCESS APPLICATION			
1			
2			

Signature of the Subject Co ordinator

MATERNAL NURSING - I YEAR POST BASIC BSc NURSING

SL No	ASSIGNMENTS/PROCEDURES	DATE	SIGNATURE OF THE SUPERVISER
1	DIAGNOSTIC PROCEDURES		
1.1	Ultrasonography		
1.2	Aminocentesis		
1.3	Non Stress Test		
1.4	Pap smear		
2	THERAPEUTIC MANAGEMENT		
2.1	Antenatal Exercises		
2.2	Post natal Exercises		
3	PROCEDURES TO BE PERFORMED		
3.1	Antenatal assessment		
	1		
	2		
	3		
	4		
	5		
	6		
	7		
	8		
	9		
	10		
3.2	Postnatal assessment		
	1		
	2		
	3		
	4		
	5		

	6		
	7		
	8		
	9		
	10		
3.3	Newborn assessment		
	1		
	2		
	3		
	4		
	5		
3.4	Normal Deliveries conducted		
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
3.5	Abnormal deliveries		
1			
2			
3			
4			

5			
3.5	Episiotomy care		
	1		
	2		
	3		
	4		
	5		
4	PROCEDURES TO BE ASSISTED		
4.1	Family planning methods		
4.2	LSCS		
5	CASE STUDY		
5.1	Antenatal		
5.2	Postnatal		
6	CARE PLAN		
6.1	Antenatal Normal		
6.2	Antenatal Abnormal		
6.3	Intra natal Normal		
6.5	Post natal Normal		

6.6	Post natal Abnormal		
7	CASE PRESENTATION		
7.1			
8	HEALTH EDUCATION		
8.1	Antenatal		
8.2	Postnatal		
9	GYNECOLOGY ASSIGNMENTS		
9.1	Case study		
9.2	Case Presentation		
9.3	Health Education		

Signature of the Subject Co ordinator

Signature

Internal Examiner

External Examiner

CHILD HEALTH NURSING - I YEAR POST BASIC BSc NURSING

SL No	ASSIGNMENTS/PROCEDURES	DATE	SIGNATURE OF THE SUPERVISER
1.	Admission of the child		
2.	Discharge of the child		
3	History collection		
4	Physical Examination		
5	Growth and development including nutritional assessment		
5.1	Infant		
5.2	Toddler		
5.3	Pre-school		
5.4	School aged		
6	Collection of specimen		
6.1	Urine collection		
6.2	Stool collection		
6.3	Blood collection		
7	Newborn care		
7.1	Newborn assessment		
7.2	Neonatal resuscitation		
7.3	Initiation of breast feeding		
7.4	Formula feeding		
7.5	Complimentary feeding		
7.6	Care of neonate in warmer		
8	Pediatric Nursing Procedures and Therapy		
8.1	Nasogastric tube feeding		
8.2	Tepid sponge		

8.3	Enema		
8.4	Colonic irrigation		
9	Administration of Therapeutic agents		
9.1	Oral administration		
9.2	IM administration		
9.3	IV administration		
9.4	Rectal Suppository		
9.5	Steam inhalation		
9.6	Nebulization		
9.7	Oxygen administration		
10	Calculation of drug dosages		
11	Fluid calculation		
12	Preparation for surgery		
12.1	Pre operative care		
12.2	Post operative care		
13	Restraints		
13.1	Mummy		
13.2	Elbow		
13.3	Arm and Leg		
14	Assisting with diagnostic procedures		
14.1	Lumbar puncture		
14.2	Bone marrow aspiration		
15	Clinical Assignments		
15.1	Care Plan		
a	Medical		

b	Surgical		
c	Neonatal		
15.2	Case study		
a	Medical		
b	Surgical		
15.3	Health talk		

Signature of the Subject Co ordinator

Signature

Internal Examiner

External Examiner

MEDICAL SURGICAL NURSING I YEAR POST BASIC BSc NURSING

SL No	ASSIGNMENTS/PROCEDURES	DATE	SIGNATURE OF THE SUPERVISER
I	Assisting with diagnostic procedures		
1	Liver Function Test		
2	Renal Function Test		
3	Barium swallow /Barium enema		
4	Postural Drainage		
5	IVP		
6	Bronchoscopy		
7	Endoscopy		
8	CT Scan		
9	MRI		
10	Lumbar Puncture		
11	Pulmonary function test		
II	Surgical Nursing		
1	Wound dressing		
2	Suture removal		
3	Drain removal		
4	Pre & Post operative care		
5	Care of Patients undergoing Amputation		
6	Colostomy care		
III	Neurology		
1	Neurological assessment		
2	ICP monitoring		

3	Pre and Post operative management of patients undergoing intracranial surgery		
IV	Cardiology		
1	Cardiac monitoring		
2	ECG monitoring		
3	Cardiac assessment		
4	Hemodynamic monitoring		
6	Care of patients undergoing		
6.1	Cardiac catheterization		
6.2	Angiography/Angioplasty		
6.3	Defibrillation		
6.4	Pace maker Therapy		
6.5	Cardioversion		
6.6	IABP		
7	Pre and Post operative care of patients undergoing cardiac surgeries		
8	Cardiac rehabilitation		
V	Respiratory system		
1	Respiratory assessment		
2	Chest Physiotherapy		
3	ABG Analysis		
4	Incentive spirometry		
5	Breathing and coughing exercises		
6	Care of patients on ventilator		
7	Capnography		
VI	Urology		
1	Urinary catheterization		

2	Care of patients with Urinary Diversion		
VII	Orthopedics Care of patients with		
1	Plaster cast application		
2	Skin traction		
3	Skeletal traction		
VIII	Plastic surgery		
1	Care of patients with burns		
2	Care of patients undergoing reconstructive surgeries		
3	Skin grafting		
VIX	Oncology		
1	Radiotherapy		
2	Chemotherapy		
3	Palliative care		
	Clinical Assignments		
1	Care Plan		
1.1			
1.2			
1.3			
1.4			
1.5			

2	Case Study		
2.1	Medical		
2.2	Surgical		
3	Clinical Presentation		
4	Care Analysis		
5	Clinical Teaching		
6	Drug Presentation		
7	Health Education		

Signature of the Subject Co ordinator

Signature

Internal Examiner

External Examiner

II YEAR

Course coordinator:

Date of commencement:

Date of completion:

SECOND YEAR

Sl no	Subject	Theory	Practical	Total
1.	Sociology	60		60
2.	Community health nursing	60	400	460
3.	Mental health nursing	60	400	460
4.	Nursing education	60	140	200
5.	Nursing administration	60	220	280
6.	Introduction to nursing research and statistics	50	120	170
	TOTAL	350	1280	1630

COMMUNITY HEALTH NURSING

SL NO:	ASSIGNMENTS/PROCEDURES	DATE	SIGNATURE OF CLINICAL SUPERVISOR
1	Community survey and report		
2	Health assessment		
a.	Under five		
b.	Ante natal		
c.	Post natal		
d.	Old age		
3	Demonstration of bag technique		
a	Vital signs		
a.	Urine analysis		
c.	Growth & development assessment of under five		
d.	Epidemiological investigation report		
4	Health education		
a.			
b.			
5	Family care study		
a			
6	Family care plan		
a.			
b			
c			
7	Preparation of family folders		
8	Care of minor ailments		
a.	Fever		
b.	Diarrhea		
c.	Others		
9	Participation & organization of community health program e		
a.			
b.			
c			
10.	Preparation of family budget		
11.	Health project or exhibition		
12	Nutritional program		
13	Observation visits		
a.	Communicable disease control unit		
b.	NCD clinic		
c.	Old age home		
d.	Child care centre		

SUBJECT CO-ORDINATOR

COMMUNITY HEALTH NURSING

UNIVERSITY PRACTICAL EXAMINATION

Internal Examiner

External Examiner

Signature:

Signature:

Name :

Name :

Date :

Date :

MENTAL HEALTH NURSING

SL NO:	ASSIGNMENTS/PROCEDURES	DATE	SIGNATURE
1	History collection		
2	Mental status examination (5)		
3	Process recording (5)		
4	ECT care		
5	Drug administration		
a.	Oral medicine		
b.	Injection		
6	Psychotherapy		
a.	Individual psychotherapy		
b.	Behavioral therapy		
c.	Group therapy		
d.	Family therapy		
7	Rehabilitation therapy		
8	Occupational therapy		
9	Restraints		
a.	Physical		
b.	Chemical		
10	Case study		
11	Care plan		
a.			
b.			
c.			
d.			
12	Concept mapping		
a.			
13	Psycho education		
a.			
14.	Drug file		
15.	Clinical presentation		
a.			
16	Observation visits		
a.	Child guidance clinic		
b.	Special school		
c.	De addiction centre		
d.	Community mental health centre		

Subject co-ordinator

MENTAL HEALTH NURSING

UNIVERSITY PRACTICAL EXAMINATION

Internal Examiner

External Examiner

Signature:

Signature:

Name :

Name :

Date :

Date :

NURSING EDUCATION

SL NO:	ASSIGNMENTS/PROCEDURES	DATE	SIGNATURE
I	Development of:		
1	Master plan		
2	Clinical rotation plan		
3	Course plan		
4	Unit plan		
5	Tools forevaluation:		
a.	Objective type		
b.	Subjective type		
c.	Check list		
d.	Rating scale		
e.	Clinical evaluation tool		
6	Teaching aids		
a.	Chart		
b.	Poster		
c.	Flip chart		
d.	Flash card		
e.	Model		
f.	Leaflet		
g.	Pamphlet		
h.	Transparency		
i.	Flannel graph		
j.	Puppet		
k.	Power point presentation		
II	Classroom teaching		
7	Development of lesson plan &conduct of teaching class		
a.			
b.			
c.			
d.			
e.			
III	Teaching methods		
a.	Lecture cum discussion		
b.	Lecture cum demonstration		
c.	Seminar		
d.	Symposium		
e.	Role play		
f.	Workshop		
g.	Exhibition		
h.	Field trip		
i.	Programmed instruction		

j.	Computer assisted learning		
SL NO:	NURSING PROCEDURES	DATE	SIGNATURE
IV	Clinical teaching methods		
a.	Case method		
b.	Case presentation		
c.	Nursing rounds		
d.	Bed side clinic		
V.	In-service education		
VI.	Counseling session		

Subject co-ordinator

NURSING ADMINISTRATION

SL NO:	ASSIGNMENTS/PROCEDURES	DATE	SIGNATURE
I.	NURSING SERVICE ADMINISTRATION		
a.	Nursing philosophy		
b.	Objectives		
c.	Organizational chart		
d.	Job description		
e.	Human resource planning		
f.	Duty roster		
g.	Management of supplies and equipment		
h.	Inventory management		
i.	Writing indents		
j.	Budget preparation		
k.	Supervision		
	-Staff nurse		
	-Students		
	-Housekeeping staffs		
l.	Recording		
m.	Writing reports		
n.	Staff development program		
o.	Clinical teaching		
	-Nursing rounds		
	-Nursing care conference		
	-Demonstration		
	-Bedside clinic		
	-Incidental teaching		
p.	Evaluation		
	-Nursing audit		
	-Performance appraisal		
	-Confidential reports		
q.	In service training		

r.	Observation visit to hospital		
II	ADMINISTRATION OF SCHOOL OF NURSING		
a.	Philosophy		
SL NO:	Assignments	DATE	SIGNATURE
b.	Objective		
c.	Organizational chart		
d.	Job description		
e.	Student recruitment policy		
f.	admission		
g.	Master rotation plan		
h.	Clinical rotation plan		
i.	Staffing pattern		
j	Faculty recruitment		
k.	Job description		
l.	Budget		
m.	Records		
	-Student records		
	-Staff records		
n.	Evaluation		
	-Staff		
	-Students		

Subject co-ordinator

NURSING RESEARCH PROJECT

Duration of the study	Title of the study	Name & signature of Guide

Subject Co-ordinator