# KERALA UNIVERSITY OF HEALTH SCIENCES, THRISSUR



# MASTER OF SCIENCE IN NURSING

**Course CODE 274** 

MSc. Community Health Nursing

2016 Scheme

**LOG BOOK** 

(Record of Theory and Practical assignments)

#### MASTER OF SCIENCE IN NURSING

#### **MSc. Community Health Nursing**

#### Aim

Aim of the postgraduate programme in nursing is to prepare graduates to assume responsibilities as Clinical Nurse Specialists, Nurse Practitioners, Consultants, Educators, Researchers and Administrators in a wide variety of professional settings.

### **Objectives**

On completion of the 2 year M.Sc Nursing programme, the graduates will be able to:-

- 1. Apply the concepts, theories and principles of nursing science.
- 2. Demonstrate competencies in nursing practice.
- 3. Practice as Clinical Nurse Specialist.
- 4. Establish collaborative relationship with the members of other disciplines.
- 5. Assume leadership in various care settings.
- 6. Participate in health planning, implementation and evaluation at different levels of health care system.
- 7. Function as effective nurse educators and nurse managers.
- 8. Conduct independent nursing research and utilize the research findings in nursing practice and education.
- 9. Critically evaluate various educational programmes in nursing.
- 10. Demonstrate interest and positive attitude in continuing education for personal and professional growth.
- 11. Incorporate evidence based nursing practice and identify the areas for research in Community Health Nursing
- 12. Analyze the national health policies.
- 13. Describe the recent advancements in the field of community health nursing.
- 14. Explain the legal and ethical issues pertaining to community health nursing.
- 15. Function as community health nurse specialist.

# **CERTIFICATE**

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College seal

## **CERTIFICATE**

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College Seal

### I YEAR

Date of Commencement:-

Date of Completion:-

| Sl. No | Subject                         | Theory | Practical | Total |
|--------|---------------------------------|--------|-----------|-------|
| 1.     | Nursing Education               | 150    | 150       | 300   |
| 2.     | Advanced Nursing Practice       | 150    | 500       | 650   |
| 3.     | Nursing Research and Statistics | 150    | 100       | 250   |
| 4.     | Community Health Nursing I      | 150    | 900       | 1050  |
|        | Total                           | 600    | 1650      | 2250  |

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**External Examiner** 

**Internal Examiner** 

**Clinical Speciality I** 

**Signature:** 

**External Examiner** 

**Internal Examiner** 

#### NURSING EDUCATION

#### **Course Description**

This course is designed to assist students to develop a broad understanding of fundamental principles, concepts, trends and issues related to education and nursing education. Further, it would provide opportunity to students to understand, appreciate and acquire skills in teaching and evaluation, curriculum development, implementation, maintenance of standards and accreditation of nursing educational programmes.

### **Objectives**

At the end of the course students will be able to:

- 1. Explain the aims of education, philosophies, trends in education and its impact on nursing education.
- 2. Describe the teaching learning process.
- 3. Prepare and utilize various instructional media and methods in teaching learning process.
- 4. Demonstrate competency in teaching, using various instructional strategies.
- 5. Critically analyze the existing nursing educational programmes, their problems, issues and future trends.
- 6. Describe the process of curriculum development and the need and methodology of curriculum change, innovation and integration.
- 7. Plan and conduct continuing nursing education programme.
- 8. Critically analyze the existing teacher preparation programmes in nursing.
- 9. Demonstrate skill in guidance & counselling.
- 10. Describe the problems & issues related to administration of nursing curriculum including selection and organization of clinical experience.
- 11. Explain the development of standards and accreditation process in nursing education programmes.
- 12. Identify research priorities in nursing education.
- 13. Discuss various models of collaboration in nursing education and services.
- 14. Explain the concept, principles, steps, tools and techniques of evaluation.
- 15. Construct, administer and evaluate various tools for assessment of knowledge, skill and attitude.

## **NURSING EDUCATION**

## ASSIGNMENTS – THEORY

| Sl. No | Assignment   | Conducted on | Supervisor |
|--------|--|--------------|------------|
| 1.     | Framing philosophy and objectives of nursing educational institution |              |            |
| 2.     | Course Plan  |              |            |
| 3.     | Unit Plan  |              |            |
| 4.     | Lesson Plan  |              |            |
| 5.     | Rotation Plan (Master rotation, clinical rotation )                  |              |            |
|        |  |              |            |

| Sl. No | Assignment                      | Conducted on | Supervisor |
|--------|---------------------------------|--------------|------------|
| 6.     | Critique of nursing programmes  |              |            |
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| 7.     | Preparation of evaluation tools |              |            |
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| 8.     | Seminars                        |              |            |
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| 9.     | Construction of Test            |              |            |
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| Sl. No | Assignment             | Conducted on | Supervisor |
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| 10     | Annotated bibliography |              |            |
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| 11     | Project                |              |            |
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| 12     | Others if any          |              |            |
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## NURSING EDUCATION

## ASSIGNMENTS-PRACTICAL

| Sl. No | Assignment  | Conducted on | Supervisor |
|--------|---|--------------|------------|
| 1.     | Micro Teaching                                    |              |            |
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| 2.     | Practice Teaching( different teaching strategies) |              |            |
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| a      | Lecture cum discussion                            |              |            |
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| Sl.no | Assignment    | <b>Conducted on</b> | Supervisor |
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| b.    | Demonstration |                     |            |
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| c.    | Others        |                     |            |
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| Sl.no | Assignment                                | <b>Conducted on</b> | Supervisor |
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| 3     | Organisation/attendance of workshop       |                     |            |
| 4     | Preparation of learning resource material |                     |            |
|       |   |                     |            |
| 5     | Other assignments                         |                     |            |
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#### NURSING RESEARCH

### **Course Description**

The course is designed to assist the students to acquire an understanding of the research methodology and statistical methods as a basis for identifying research problem, planning and implementing a research plan. It will further enable the students to evaluate research studies and utilize research findings to improve quality of nursing practice, education and management.

### **Objectives**

At the end of the course, the students will be able to:-

- 1. Recognize the significance of research in nursing and its importance in evidenced-based nursing practice.
- 2. Identify the steps of quantitative and qualitative research.
- 3. Discuss the ethical aspects of research.
- 4. Review literature utilizing various resources.
- 5. Identify researchable problems in nursing.
- 6. Demonstrate skill in planning and conducting research studies.
- 7. Communicate research findings.
- 8. Utilize research findings.
- 9. Critically evaluate research reports and articles.
- 10. Write scientific paper for publication.

## NURSING RESEARCH

### **ASSIGNMENTS-THEORY**

| Sl.no | Assignment                               | <b>Conducted on</b> | Supervisor |
|-------|--|---------------------|------------|
| 1.    | Seminars/Presentation                    |                     |            |
| 2.    | Annotated bibliography                   |                     |            |
| 3.    | Conferences/ Workshops attended if any:- |                     |            |

## **NURSING RESEARCH**

## ASSIGNMENTS-PRACTICAL

| Sl. No | Assignments                                | Conducted on | Supervisor |
|--------|--|--------------|------------|
| 1      | Review of literature on a selected Topic   |              |            |
| 2      | Formulation of research question/statement |              |            |
|        | Objectives                                 |              |            |
|        | Hypotheses                                 |              |            |
| 3      | Conceptual framework/Theoretical framework |              |            |
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| Sl. No | Assignments                              | Conducted on | Supervisor   |  |
|--------|--|--------------|--------------|--|
| 4      | Critiquing of research report            |              | Sup GI (1861 |  |
| 4      | Critiquing of research report            |              |              |  |
| 5      | Development and presentation of          |              |              |  |
|        |  |              |              |  |
|        | research proposal                        |              |              |  |
|        |  |              |              |  |
| 6      | Journal presentation – Research Articles |              |              |  |
|        |  |              |              |  |
| 7      | Preparation of scientific paper          |              |              |  |
| 8.     | Others                                   |              |              |  |
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Name and Signature of the subject Co-ordinator :

#### **STATISTICS**

### **Course Description**

At the end of the course, the students will be able to develop an understanding of the statistical methods and apply them in conducting research studies in nursing.

### **Objectives**

At the end of the course students will be able to:-

- 1. Explain the basic concepts related to statistics.
- 2. Describe the scope of statistics in health and nursing.
- 3. Organize tabulate and present data meaningfully.
- 4. Use descriptive and inferential statistics to predict result.
- 5. Draw conclusions of the study and predict statistical significance of the result.
- 6. Describe the vital health statistics and their use in health related research.
- 7. Use statistical packages for data analysis.

## **STATISTICS**

## **ASSIGNMENTS**

| CI N   |                                       |              | G :        |
|--------|---------------------------------------|--------------|------------|
| Sl. No | Assignments                           | Conducted on | Supervisor |
| 1.     | Calculation of mean, mode, median &   |              |            |
|        | standard deviation                    |              |            |
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| 2.     | Calculation of chi square, 't' test,  |              |            |
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|        | ANOVA & correlation                   |              |            |
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| 2      |                                       |              |            |
| 3.     | Practice in using statistical package |              |            |
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Name and Signature of the subject Co-ordinator:

#### ADVANCED NURSING PRACTICE

## **Course Description**

The course is designed to develop an understanding of concepts and constructs of theoretical basis of advanced nursing practice and critically analyze different theories of nursing and other disciplines.

#### **Objectives**

At the end of the course the students will be able to: -

- 1. Describe ethical, legal, political and economic aspects of health care delivery and nursing practice.
- 2. Identify latest trends in nursing and the basis of advanced nursing practice.
- 3. Explain bio-psycho-social dynamics of health, life style and health care delivery system application.
- 4. Discuss concepts, principles, theories, models and approaches relevant to nursing and their application.
- 5. Perform extended and expanded role of nurse.
- 6. Describe alternative modalities of nursing care.
- 7. Describe the concept of quality control in nursing.
- 8. Identify the scope of nursing research.
- 9. Use computer in patient care delivery system and nursing practice.
- 10. Appreciate the importance of self development and professional advancement.
- 11. Provide holistic and comprehensive care following nursing process approach.

## ADVANCED NURSING PRACTICE

## ASSIGNMENTS-THEORY

| Sl. No | Assignments            | <b>Conducted on</b> | Supervisor |
|--------|------------------------|---------------------|------------|
| 1.     | Seminars/Presentations |                     |            |
| 2.     | Demonstrations         |                     |            |

#### ADVANCED NURSING PRACTICE-PRACTICAL

### **Clinical Objectives**

On completion of the clinical posting in advanced nursing practice, the students will be able to:-

- 1. Perform health assessment and general physical examination.
- 2. Provide holistic and comprehensive care, following nursing process approach.
- 3. Apply nursing theories in providing holistic care to patients.
- 4. Demonstrate skill in using specialized equipments in the care to patients.
- 5. Develop and demonstrate managerial skill in rendering quality patient care.
- 6. Participate in the teaching-learning activities of nursing students.
- 7. Utilize opportunities effectively for personal and professional development.

## ASSIGNMENTS-PRACTICAL

| Sl. No | Assignments                       | Conducted on | Supervisor |
|--------|-----------------------------------|--------------|------------|
| 1.     | Case studies (Medical, Surgical)  |              |            |
| 2.     | Care analysis (Medical, Surgical) |              |            |
| 3.     | Clinical presentations            |              |            |
| 4.     | Theory based care plan            |              |            |
|        |                                   |              |            |

| Sl. No | Assignments                      | <b>Conducted on</b> | Supervisor |
|--------|----------------------------------|---------------------|------------|
| 5      | Performance of advanced clinical |                     |            |
|        | Procedures (Refer Syllabus)      |                     |            |
|        | Trocedures (recei syndous)       |                     |            |
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| 6      | Presentation of comparative      |                     |            |
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|        | pictures of theories             |                     |            |
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Name and Signature of Subject Co-ordinator

#### **CLINICAL SPECIALTY-I**

#### **COMMUNITY HEALTH NURSING-I**

### **Course Description**

This course is designed to facilitate the student's understanding of concepts, principles, methods and approaches in community health nursing, epidemiology environmental health, population dynamics and their application in the practice of community health nursing.

### **Objectives**

At the end of the course, students will be able to:-

- 1. Review the history and development in the field of community health and community health nursing.
- 2. Analyse role of individuals and families in promoting health of the community.
- 3. Perform physical, developmental and nutritional assessment of individuals, families and groups.
- 4. Apply the concepts of promotive, preventive, curative and rehabilitative aspects of health while providing care to the people.
- 5. Apply nursing process approach while providing care to individuals, families groups and community.
- 6. Apply epidemiological concepts and principles in community health nursing practice.
- 7. Integrate the concepts of family centred nursing approach while providing care to the community.
- 8. Recognize & participate in the management of emergencies, epidemics and disaster.
- 9. Identify and utilize the concept of demography and its application in public health.
- 10. Appreciate legal and ethical issues pertaining to community health nursing care.
- 11. Conduct community health nursing project.
- 12. Participate in planning, implementation and evaluation of various national health and family welfare programmes.
- 13. Participate effectively as a member of community health team.
- 14. Co-ordinate and collaborate with various agencies operating in the community by using intersectoral approach.
- 15. Teach community health nursing to under graduates, public health nurses and the community health workers.

## **ASSIGNMENTS-THEORY**

| SI. No | Assignments                             | Conducted on | Supervisor |
|--------|---|--------------|------------|
| 1.     | Seminars/presentations                  |              | -          |
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| 2.     | Term Paper                              |              |            |
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| 3.     | Conferences & Workshops attended if any |              |            |
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### **Clinical Objectives:**

On completion of the experience, students will:

- 1. Participate in the routine activities of Primary Health Centre and Sub centre.
- 2. Plan, conduct and evaluate the outreach community health programmes.
- 3. Identify the health problems of a selected community.
- 4. Plan, conduct and evaluate need based health programmes to the community.
- 5. Render quality care to the health risk families through nursing process approach.
- 6. Participate in the National Health Programmes.
- 7. Supervise undergraduate Nursing students in the community health activities.
- 8. Demonstrate good working relationship with the health team members.
- 9. Identify the community resources and mobilize them effectively towards promotion of health.
- 10. Demonstrate skill in counselling and educating clients at different settings.
- 11. Integrate Community Health nursing activities with other Government or Non- Government agencies.

## **CLINICAL ASSIGNMENTS**

| SI. No | Assignments  | Conducted on | Supervisor |
|--------|--|--------------|------------|
| 1.     | Assessment of Antenatal mother   |              |            |
|        | Post natal mother  |              |            |
|        | New born baby  |              |            |
|        | Infant   |              |            |
|        | Toddler  |              |            |
|        | School age child   |              |            |
| 2.     | Community Identification (Conduct survey and identify the health problems of a selected community)         |              |            |
| 3.     | Community health project (Plan, conduct and evaluate need based health programme) Community health project |              |            |
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| 4  | Family care studies  |  |
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|    | Turning care studies |  |
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| 5. | Clinical Teaching    |  |
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| 6 | Planned Health Education Sessions |  |
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| 7 | Observation visits                |  |
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Name & signature of the subject co-coordinator

## II YEAR

## Date of Commencement

Date of completion

| Sl. No | Subject                         | Theory | Practical | Total |
|--------|---------------------------------|--------|-----------|-------|
| 1.     | Management in Nursing           | 150    | 200       | 350   |
| 2.     | Nursing Research (Dissertation) |        | 300       | 300   |
| 3.     | Community Health Nursing II     | 150    | 1450      | 1600  |
|        | Total                           | 300    | 1950      | 2250  |

| Dissertation viva     |                   |                   |
|-----------------------|-------------------|-------------------|
| Signature:            |                   |                   |
|                       | External Examiner | Internal Examiner |
| Clinical Specialty-II |                   |                   |
| Signature:            |                   |                   |
|                       | External Examiner | Internal Examiner |

#### MANAGEMENT IN NURSING

### **Course Description**

This course is designed to assist students to develop a broad understanding of principles, concepts, trends and issues related to nursing management. Further it would provide opportunity to students to understand, appreciate and acquire skills in planning, supervision and management of nursing services at different levels to provide quality nursing services.

### **Objectives**

On completion of the course, students will be able to:-

- 1. Formulate the philosophy and objectives of the health care institutions at various levels.
- 2. Identify trends and issues in nursing.
- 3. Discuss public administration, health care administration and nursing administration.
- 4. Describe the principles of administration applied to nursing
- 5. Explain the organization of health and nursing services at the various levels/institutions.
- 6. Discuss the planning, supervision and management of nursing work force for various health care settings.
- 7. Discuss various collaborative models between nursing education and nursing service to improve the quality of nursing care.
- 8. Identify and analyze legal and ethical issues in nursing administration
- 9. Describe the process of quality assurance in nursing services.
- 10. Demonstrate leadership in nursing at various levels.
- 11. Organize staff development programme.

## MANAGEMENT IN NURSING

## ASSIGNMENTS-THEORY

| Sl. No | Assignments                                | Conducted on | Supervisor |
|--------|--|--------------|------------|
| 1.     | Seminars/Presentations                     |              |            |
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| 2.     | Written Assignments                        |              |            |
|        |  |              |            |
|        | a) Vision and mission of the hospital      |              |            |
|        |  |              |            |
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|        |  |              |            |
|        |  |              |            |
|        | b) Philosophy and objectives of a hospital |              |            |
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| Sl. No | Assignments                                   | <b>Conducted on</b> | Supervisor |
|--------|---|---------------------|------------|
|        | c) Job description-Nursing personnel          |                     |            |
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|        | d) Development of protocols for various units |                     |            |
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|        | e)Performance appraisal format-Staff Nurses   |                     |            |
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Conferences & Workshops attended if any:-

#### MANAGEMENT IN NURSING -PRACTICAL

### **Clinical Objectives**

- 1. Prepare vision, mission statement of your institution
- 2. Draw the organization chart of your institution
- 3. Prepare duty roster for the unit.
- 4. Prepare performance appraisal format for staff nurse and Head nurse.
- 5. Draw the physical layout of the unit.
- 6. Prepare budget estimate of Nursing department of your hospital
- 7. Prepare job description for nursing personnel.
- 8. Calculate staff requirement for one year (INC).
- 9. Develop protocols for various wards.
- 10. Conduct nursing rounds and teach the students in the clinic.
- 11. Organize and conduct staff development programme& nursing care conference.
- 12. Develop leadership skills:
- 13. Demonstrate skill in problem solving.

## ASSIGNMENTS -PRACTICAL

| Sl. No | Assignments                                 | Conducted on | Supervisor |
|--------|---|--------------|------------|
| 1.     | Nursing rounds                              |              | -          |
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| 2.     | Clinical teaching of students               |              |            |
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| 3.     | Staff development programme                 |              |            |
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| 4.     | Nursing care conference                     |              |            |
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| 5.     | Identification & solution of a problem in a |              |            |
|        | rachameation & solution of a problem in a   |              |            |
|        | nursing unit.                               |              |            |
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Name and Signature of the Subject Co-ordinator:

### **CLINICAL SPECIALTY-II**

#### **COMMUNITY HEALTH NURSING-II**

### **Course Description**

This course is designed to facilitate the students understanding of concepts principles and approaches in health planning, administration and management of health services, team approach, leadership, quality assurance, care of vulnerable groups in the community and application of research in community health nursing.

### **Objectives**

At the end of the course the students will be able to

- 1. Review the health planning in India.
- 2. Explain the administration and organization of health system in India.
- 3. Plan, organize, implement and evaluate community oriented programmes.
- 4. Participate effectively as team member in the health planning at local, regional, state and national level.
- 5. Apply epidemiology concepts and principles in community health nursing practice.
- 6. Demonstrate leadership qualities in the field of community health nursing.
- 7. Supervise & guide the nursing personnel working in community health setting.
- 8. Demonstrate higher competences in guiding & supervising undergraduate students in the area of community health nursing.
- 9. Conduct individual research in the field of community health.
- 10. Teach& supervise public health nurses & allied health workers.
- 11. Demonstrate competency in providing family centred nursing care independently.

# ASSIGNMENTS -THEORY

| Sl. No | Assignments                               | <b>Conducted on</b> | Supervisor |
|--------|---|---------------------|------------|
| 1.     | Seminars                                  |                     |            |
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| 2.     | Town non on Whitton Assistant and         |                     |            |
| ۷.     | Term paper/Written Assignment             |                     |            |
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| 2      | Conferences & Westshops attended if any   |                     |            |
| 3.     | Conferences & Workshops attended if any:- |                     |            |
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### **Clinical Objectives**

On completion of the experience the students will

- Demonstrate skill in providing comprehensive family centred care using nursing process approach
- 2. Identify the needs and problems of vulnerable population groups in the community.
- 3. Plan organize and conduct community based health programmes
- 4. Plan organize and conduct clinics and campaigns
- 5. Participate in national health programmes
- 6. Participate in the administrative activities of PHC and sub centre
- 7. Assist in planning and providing community health nursing services in the PHC
- 8. Demonstrate good working relationship with the health team members
- 9. Demonstrate skill in supervising students in the clinical practice of community health nursing
- 10. Demonstrate skill in supervising health workers
- 11. Participate in the supervisory activities of DPHN and PHN
- 12. Coordinate and collaborate with various NGOs in health and allied sectors in providing comprehensive services to the community
- 13. Conduct individual research studies in the area of community health nursing practice

## ASSIGNMENTS-PRACTICAL

| Sl. No | Assignments                               | Conducted on | Supervisor |
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| 1.     | Assessment of                             |              | •          |
|        | <ul> <li>Physically challenged</li> </ul> |              |            |
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|        | <ul> <li>Mentally challenged</li> </ul>   |              |            |
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| 2      | 77 - 11 11                                |              |            |
| 2      | Family care studies                       |              |            |
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| 3.     | Care analysis                             |              |            |
|        | Care analysis                             |              |            |
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| 4 | Clinical Teaching                              |  |
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| 5 | Preparation of clinical evaluation<br>Performa |  |
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|   | Preparation of monthly report of PHC           |  |
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|   | and Sub centres                                |  |
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| 7 | Planned health education sessions  |  |
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| 8 | Preparation of performance appraisal format for various cadres of health workers |  |
|   | various cadres of health workers   |  |
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| 9 | School health project  |  |
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| 11 Observation Visits |
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