### BRIEF REPORT ON THE ACTIVITIES

### ST. JAMES COLLEGE OF NURSING, CHALAKUDY

As a part of the World Earth Day celebration, the NSS unit and Community health nursing department of St. James college of nursing organized plastic removal and herbal plantation on world earth day, on 24-04-2023. BSc nursing 2019 batch students also participated in the programme. Students under the guidance of NSS Programme officer planted herbal plants in NSS Herbal garden. Students collected plastics from the whole college campus.



#### PRE- MONSOON CLEANING

The NSS unit and Community health nursing department of St. James college of nursing in collaboration with Pariyaram Grama panchayath & FHC Pariyaram organized plastic removal and planting of trees on 28-04-2023 in Pariyaram Grama panchayath. The programme was inaugurated by Smt. Maya Shivadasan ,Pnchayath president. Along with Harithasena, BSc nursing 2019 batch students collected plastic from Kuttikkad Junction and planted a tree in Kuttikkad area.



# Malabar Cancer Centre, Kannur

മലബാർ കാൻസർ സെന്റർ ൽ പാലിയേറ്റീവ് മെഡിസിൻ വിഭാഗത്തിൽ ചികിത്സയ്ക്കായി എത്തുന്ന രോഗികളെ സഹായിക്കുന്നതിനായി എല്ലാദിവസവും രണ്ട് എൻ എസ് എസ് വളണ്ടിയർമാരെ നിയോഗിക്കാറുണ്ട് . അതുപോലെതന്നെ ഇവിടെയെത്തുന്ന രോഗികളെ സഹായിക്കുന്നതിനായി റിസപ്ഷൻ ഏരിയയിലും രണ്ട് എൻ എസ് എസ് വളണ്ടിയർമാർ സേവനമനുഷ്ഠിക്കാറുണ്ട് . കൂടാതെ കാൻസർ രോഗികൾക്കായി കണ്ണൂർ,കോഴിക്കോട് ജില്ലകളുടെ വിവിധ ഭാഗങ്ങളിൽ രക്തദാന ക്യാമ്പ് സംഘടിപ്പിക്കാറുണ്ട്.ഇതിലും എൻ എസ് എസ് വളണ്ടിയർമാർ പങ്കെടുക്കാറുണ്ട്

RED CRESCENT COLLEGE OF NURSING, KOZHIKODE

NSS volunteers of Red crescent college of nursing celebrated nutrition day by preparing different menu plans according to calorie requirements(RDA) and presented using charts and flash cards.

International nurse's day was celebrated by presenting seminar in college and role play by NSS volunteers in Beach hospital











#### AZEEZIA COLLEGE OF DENTAL SCIENCES AND RESEARCH, KOLLAM

Earth Day was observed as a day of education about environmental issues and is an annual celebration that honors the achievements of environmental movement and raises awareness of the need to protect Earth's natural resources for future generations. With the theme: 'Invest In Our Planet', World Earth Day 2023 is celebrated on April 22nd all over the world.

As a part of this day, Department of Public Health Dentistry, Azeezia College of Dental Sciences and Research, NSS and Eco club jointly celebrated the event by installing eco-friendly water feeders for birds in the campus on April 24th 2023. The Water feeders were installed by the students and Vice Principal inaugurated it by pouring water into it. The posters regarding Earth Day were also exhibited at the reception area of the dental college. All staffs, third years, final years & interns of the department were actively involved in the program.







### ASWINI COLLEGE OF NURSING, THRISSUR

World T B Day

To create awareness among the audience regarding new trends in National T B elimination programme

Medical camp

Help the public to create awareness of general health, provide general health care services and counseling them on basic health care and hygiene



## LOURDE COLLEGE OF NURSING, TALIPARAMBA, KANNUR

Nurses' Day celebration: Volunteers of NSS in Lourde College of Nursing, Taliparamba organized and participated in various events in association with Nurses' day celebration from 06/05/2023 to 12/05/2023. On 6<sup>th</sup> May, volunteers participated in a rally at District Hospital Kannur, and

won the third price. Volunteers also participated in various competitions held there. Ms. Alphonsa Sibi got prizes in Nadan pattu, Light Music, and Mappilappattu. Ms. Anitt KB got second prize in Instant dance. Mr. Adil Muhammed & Ms. Rosmi Chacko won prize in quiz competition. Ms. Bineetha P Thomas & Ms. Sneha Vincent won prizes in poem writing, English. Ms. Sreevidhya got first prize in story writing, Malayalam. Overall, it was a wonderful experience for the volunteers.

On 12<sup>th</sup> May, the volunteers organized Nurses' day celebration at college campus from 1.30 pm. The event was inaugurated by Mrs. Rakhi Joseph, Director. Prof. Senthilkumar T, Principal and Prof. Johnson LK, Vice Principal felicitated the event. Various programs were held like, skit, songs, etc. The history of Nurses' day along with Florence Nightingale's life was depicted by first semester students. A seminar on "Building Emotional Intelligence for Academic & Personal Stress". The event came to an end by 4.30 PM.



#### GOVERNMENT COLLEGE OF NURSING, ALAPPUZHA,

As part of celebrating World Hand Hygiene Day, NSS volunteers of Govt. College of Nursing, Alappuzha conducted an awareness program including flash mob at T D M C Hospital, Alappuzha. People came to various OPDs attended the session.



MAR SLEEVA COLLEGE OF NURSING PALA

#### MAY 16: DENGUE DAY ACTIVITIES:

• Clean the near- by area of the college And hostel by drying the old pots/vassals with water, waste disposal











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1. As a part of world health day 2023, a poster competition was conducted at Diamond jubilee block, JMMC & RI. The programme was organized by Department of Community Medicine. NSS volunteers were participated in the competition and students were awarded first, second and third prizes.

2. Project report presentation

The NSS volunteers conducted a project on effectiveness of video assissted teaching program on knowledge and practice regarding prevention of vector borne diseases in adopted village. The observations were presented in the college and authorities of adopted villages on 20/04/23 and 26/04/23 respectively.

## 3. Nurses day celebration

The international nurses day were celebrated on 08/05/23 at bishop alappat auditorium , jubilee mission college of nursing thrissur.. The programm started at 2 pm Dr. Angela Gnanadurai , principal welcomed the gathering . Presidential address by Fr. Renny Mundenkurian.Nurses day message was given by Mrs. Thanka .NSS volunteers revealed the theme.FR. Shijo Mappranathukkaran and Sr. Tresa felicitated the event .

Project report presentation



Photos of World health day



Photos of nurses day celebration



INE, SME, PALA, ANDOR

ON 10/05/23 sBSc nursing students participated in cultural programs at MT seminary HSS Kottayam. The student jennet Ann jolly got third prize on elocution and she collected the prize on 12 th may 2023 conference held at KPS Menon auditorium Kottayam.

In conclusion, it creates an avenue for nurses from different part of the world to unite, use the opportunity to make contact with front line staff and in the light of this year's theme," nurses a force for change – a vital source for health" is essential that nurses as a principle force for change provides nursing care that is responsive to and is informed by the healthcare needs of the country and the world at large.

BABY MEMORIAL COLLEGE OF NURSING, KOZHIKODE.

1. Quenching the thirst of birds in summer

On 27/04/202, our NSS volunteers took iniative to quench the thirst of birds in summer. So they have arranged and made the availability of pots filled with water in the college premises. Nearly 6 pots were placed to quench the bird's thirst. A schedule was prepared to refill the empty pot when it is reduced.





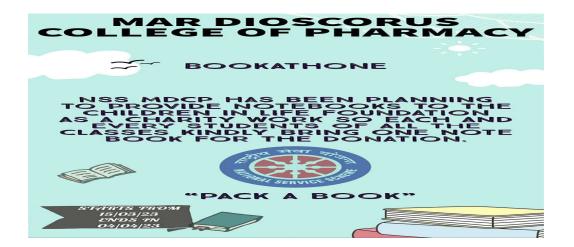


2. Cleaning the public place

On 12/05/2023, NSS unit of Baby Memorial College of Nursing in collaboration with ward 26, Parayancherry Kozhikode corporation took iniative to collect the plastic waste and cleaning the adjacent road of canoli canal from sarovaram park to Iranjipalam. The programme was inaugurated by Dr. Beena Philip, Mayor, Kozhikode Corporation. Nearly 25 NSS volunteers were actively participated in the activities, it was sucessfully completed with the support of residential association of parayancherry. At the end, refreshment provided to all the volunteers.



MAR DIOSCORUS COLLEGE OF PHARMACY, ALATHARA, SREEKARYAM P.0, Thiruvananthapuram







Contd....Part II