



KERALA UNIVERSITY OF HEALTH SCIENCES

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**Annexure-**  
**Manuscript Submission Guidelines for Kerala University of Health Sciences e-journal**

**1. Submission Overview**

University welcomes submissions of **Original Articles**, **Review Articles**, and **Case Reports/Case Series** in all disciplines of health sciences. Manuscripts should present original, scientifically sound, and ethically conducted work that contributes meaningfully to the advancement of knowledge and practice in health sciences.

Faculty currently working in Schools and institutions affiliated to KUHS, and students currently pursuing courses under KUHS can submit manuscripts. (KUHS FEP ID / Student ID is mandatory)

Submitted manuscripts must:

- Be original and unpublished.
- Not be under consideration for publication elsewhere.
- Not have been previously published in whole or in part, except as an abstract or conference presentation.
- Comply with accepted standards of research integrity and publication ethics.
- Be free from plagiarism, duplicate publication, data fabrication, data falsification, and inappropriate image manipulation.
- Disclose any use of Artificial Intelligence (AI)-assisted tools in manuscript preparation. AI tools shall not be listed as authors.

The Journal follows the recommendations of the International Committee of Medical Journal Editors (ICMJE), the Committee on Publication Ethics (COPE), and encourages authors to comply with the relevant EQUATOR Network reporting guidelines.

**2. Types of Manuscripts Accepted**

**a. Original Articles**

Original Articles report novel research findings arising from clinical, laboratory, epidemiological, educational, public health, or translational research in all health science streams.

The manuscript should generally follow the structure:

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e-mail: helpdesk@kuhs.ac.in





- Title Page
- Abstract
- Keywords
- Introduction
- Materials and Methods
- Results
- Discussion
- Conclusion
- Acknowledgements (if applicable)
- Funding
- Author Contributions
- Conflict of Interest
- Data Availability Statement
- References

**Word limit:** 3,000–5,000 words (excluding references, tables, and figures)

**References:** Normally not more than 50.

## b. Review Articles

Review Articles critically analyse and synthesize published evidence on topics of current importance in health sciences.

The Journal accepts:

- Systematic Reviews
- Meta-analyses

Authors submitting Systematic Reviews and Meta-analyses are encouraged to follow the PRISMA reporting guideline.

Suggested structure:

- Abstract
- Introduction
- Methods of Literature Search (where applicable)
- Review and Discussion
- Conclusion
- References

**Word limit:** 5,000–8,000 words

**References:** Normally not more than 100.

## c. Case Reports / Case Series

Case Reports and Case Series describe unusual clinical conditions, novel diagnostic approaches, unexpected treatment outcomes, rare diseases, adverse events, or innovative management strategies that provide educational value.

Authors are encouraged to follow the CARE reporting guideline.

Suggested structure:



- Abstract
- Introduction
- Case Presentation
- Discussion
- Conclusion
- Patient Consent Statement
- References

**Word limit:** Up to 1,500 words

**References:** Normally not more than 20.

### 3. Manuscript Preparation

#### General Formatting

Manuscripts shall be prepared in English using clear, concise scientific language.

Formatting requirements:

- Font: Times New Roman
- Font size: 12 point
- Line spacing : 1.5
- Margins: 2.5 cm (1 inch) on all sides
- Continuous page numbering
- Line numbering is recommended
- Submit manuscripts in Microsoft Word (.doc or .docx) format.

#### Title

The title should be concise, informative, and accurately reflect the contents of the manuscript. Avoid abbreviations wherever possible.

#### Language

The journal accepts manuscripts only in English.

#### Abbreviations

Abbreviations should be defined at their first appearance and used consistently thereafter.

#### Units

Measurements shall be reported using the International System of Units (SI Units).

#### Drug Names

Generic names should be used throughout. Brand names may be mentioned only where necessary.

#### Statistical Reporting

Statistical methods should be described adequately, including:

- Statistical software used
- Level of significance
- Exact p-values wherever possible
- Confidence intervals where appropriate

### 4. Manuscript Structure

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## Title Page

The Title Page should include:

- Full manuscript title
- Running title (maximum 50 characters)
- Full names of all authors
- Institutional affiliations of all authors
- ORCID ID of each author (recommended)
- Corresponding author's name
- Postal address
- Telephone number
- Email address

## Abstract

### Original Articles

Structured Abstract (maximum 250 words)

- Background
- Objectives
- Methods
- Results
- Conclusion

### Review Articles

Structured Abstract (maximum 250 words)

- Background
- Objective
- Data Sources
- Review Methods
- Conclusion

## Case Reports

Unstructured Abstract  
Maximum 150 words.

### Keywords

Provide **3–6 keywords**, preferably selected from Medical Subject Headings (MeSH).

## Main Text

**(Tables and figures must be included at relevant areas within the main text)**

### Original Articles

- Introduction
- Materials and Methods
- Results
- Discussion
- Conclusion





## Review Articles

- Introduction
- Methods (if applicable)
- Review of Literature
- Discussion
- Conclusion

## Case Reports

- Introduction
- Case Presentation
- Discussion
- Conclusion

## Acknowledgements

Individuals who contributed to the work but do not qualify for authorship may be acknowledged with their permission.

## Funding

All sources of financial support shall be disclosed.

If no funding was received, authors should state: "The authors received no financial support for this work."

## Author Contributions

Individual contributions shall be clearly described using the CRediT (Contributor Roles Taxonomy) wherever applicable.

## Conflict of Interest

All authors shall disclose financial or non-financial conflicts of interest.

If none exist, authors should state: "The authors declare no conflicts of interest."

## Data Availability Statement

Authors should indicate the availability of the research data.

Examples include:

- Data available upon reasonable request.
- Data available in a public repository.
- No datasets were generated.

## References

References shall follow the Vancouver style.

- Number references consecutively in the order cited.
- Include DOI wherever available.
- Authors are responsible for ensuring the accuracy of all references.

## Tables and Figures

- Number consecutively (Table 1, Figure 1, etc.).





- Provide descriptive titles and legends.
- Refer to each table and figure in the text.
- Figures should be uploaded separately.
- Minimum image resolution: 300 dpi.
- Acceptable formats: TIFF, JPEG, PNG.

Recommended maximum numbers:

| Manuscript Type  | Tables/Figures |
|------------------|----------------|
| Original Article | 6              |
| Review Article   | 10             |
| Case Report      | 4              |

## 5. Ethical Considerations

Research involving human participants must:

- Receive approval from a recognised Institutional Ethics Committee or Institutional Review Board.
- State the approval number in the manuscript.
- Comply with the principles of the Declaration of Helsinki.

Clinical trials should include the trial registration number.

For animal studies, authors should indicate approval by the Institutional Animal Ethics Committee and adherence to applicable national guidelines.

Case Reports require:

- Written informed consent from the patient or legal guardian.
- Protection of patient confidentiality and anonymity.

Authors are responsible for ensuring that all identifying information has been removed unless explicit consent has been obtained.

## 6. Submission Process

Manuscripts shall be submitted electronically to the Editorial Office at [submissions.kuhsjournal@kuhs.ac.in](mailto:submissions.kuhsjournal@kuhs.ac.in)

Each submission should include:

- Cover letter
- Manuscript
- Title page
- Tables



- Figures
- Supplementary files (if any)

The Cover Letter should include:

- Type of manuscript
- Significance of the work
- Statement of originality
- Confirmation that the manuscript is not under consideration elsewhere
- Ethical approval details
- Conflict of interest declaration

## 7. Peer Review and Publication

All submissions undergo the following process:

1. Initial editorial screening.
2. Plagiarism assessment.
3. Peer review.
4. Editorial decision.
5. Author revision (if required).
6. Final acceptance.
7. Copyediting and proof correction.
8. Online publication.

The Journal follows a peer-review process, and the Editor reserves the right to accept, reject, or request revisions.

## 8. Publication Ethics

The Journal adheres to internationally accepted standards of publication ethics.

The following constitute scientific misconduct:

- Plagiarism
- Duplicate publication
- Data fabrication
- Data falsification
- Inappropriate image manipulation
- Undisclosed conflicts of interest

Appropriate editorial action will be taken in accordance with COPE recommendations.

## 9. Copyright and Licensing

Authors retain copyright of their work while granting the Journal the right of first publication. The licensing terms applicable to published articles shall be specified by the Journal. Authors are responsible for obtaining permission for any copyrighted material reproduced in their manuscript.

## 10. Contact Information

Email: [submissions.kuhsjournal@kuhs.ac.in](mailto:submissions.kuhsjournal@kuhs.ac.in)





## Author Submission Checklist

Before submitting the manuscript, authors should ensure that:

- The manuscript falls within the scope of the Journal.
- The manuscript has not been submitted elsewhere.
- The Title Page is complete.
- The manuscript follows the prescribed format.
- Abstract and keywords are included.
- References are in Vancouver style.
- Tables and figures are correctly numbered.
- Ethical approval has been obtained where applicable.
- Patient consent has been obtained for case reports.
- Funding information has been disclosed.
- Conflicts of interest have been declared.
- Author contributions are declared.
- Data availability statement is included.
- A cover letter accompanies the submission.
  - **KUHS FEP id / Student ID or all the authors must be mentioned.**