



KUHS NEWSLETTER

KUHS Newsletter Vol. 1. Issue 3. December 2019

For private circulation only
December 2019
Volume 1 Issue 3
www.kuhs.ac.in

Quarterly Newsletter
of Kerala University of
Health Sciences



From the
DESK of the
VICE CHANCELLOR

Prof. (Dr.) Mohanan Kunnummal
Vice Chancellor, KUHS

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Message

At the outset, I wish to greet you having taken over as the 3rd Vice Chancellor of the Kerala University of Health Sciences. The University is going through a transition phase from the 1st to the 2nd decade of its inception. The first 5 years marked the establishment of physical infrastructure and completion of affiliation process. The next 5 years saw the establishment of various systems, Planning and laying foundations for the future. While moving on to the next decade, I acknowledge the tremendous contributions of my predecessors and the subordinate officers and staff who worked as a single dedicated team to help the University stand firmly on its feet.

The coming decade is going to be one of significant changes both nationally and internationally. The new National Education Policy is in place, in which many landmark changes have been envisaged in the educational arena. In the coming days these changes will naturally be the prime concern and priority of the University. It is in this context that I am penning down these words.

The Newsletter has a significant role in keeping the stakeholders updated. I sincerely hope this edition will continue to inspire all the stake holders in upholding the great ideas envisaged in the Act and Statute of KUHS. Wishing the very best for this publication.



PRINCIPALS CONCLAVE GOVERNORS VISIT

The 2nd principals meeting of the colleges affiliated to Kerala University of Health Sciences was held on 25th October 2019 at the University senate Hall. The programme was inaugurated by Hon'ble Governor and the Chancellor of the University Shri. Arif Muhammed Khan and presided by Vice Chancellor Prof. (Dr.) M.K.C. Nair D.Sc., Pro Vice Chancellor Prof. (Dr.) A. Nalinakshan, Registrar Prof. (Dr.) A.K. Manojkumar, Controller of Examinations Prof. C.P. Vijayan, Finance Officer Shri. Rajesh K. P and University Union Chairman Shri. Siddique V were present in the function. The Hon'ble Chancellor and Governor of Kerala inaugurated the distribution of financial Assistance for the studentship programme.



BEST TEACHER AWARD 2019

Hon'ble Chancellor and Governor distributed the Best Teacher Awards to the winners of 7 streams of health Sciences. Best Teacher for Medicine: Dr. Chandni R, Govt. Medical College Kozhikode, Faculty of Dental Sciences: Dr. Shoba Sundareswaran, Govt. Dental College, Kozhikode, Faculty of Homoeopathy: Dr. Manzoor Ali K.K. Govt. Homoeopathic Medical College, Kozhikode, Faculty of Ayurveda: Dr. Abdul Shukoor M. M. Govt. Ayurveda College Thrippunithura, Faculty of Nursing: Dr.Usha V.K., Govt. College of Nursing, Faculty of Pharmaceutical Sciences: Dileep C Al Shifa College of Pharmacy, Perinthalmanna, Faculty of Allied Health Sciences: Dr. Seema P Uthaman, Institute of Mental Health and Neurosciences (IMHANS), Kozhikode.



Receiving
Best Teacher Awards
in the various
Streams of Health Science
from Hon'ble Chancellor
and Governor
by the awardees

Farewell

Prof. (Dr.) M.K.C. Nair D.Sc.
Vice Chancellor

On 27th October 2019 Prof. (Dr.) M.K. C. Nair completed his term as the Vice Chancellor of KUHS. He was appointed as the 2nd Vice Chancellor of KUHS on 28th October 2014. With his visionary leadership qualities and long experience as an institution builder, he moulded KUHS as a strong and futuristic university of India. Prof. (Dr.) M.K.C. Nair established the various systems in place. The priority areas were Research, Academic Excellence, and Student Guidance and Support at every level. The Five Tenets of the KUHS, namely: 1) Go by Rule book, 2) Upholding the Sanctity of Examinations 3) Be Student Friendly 4) Right to be Heard and 5) Give Respect & Take Respect – in a way summarizes his approach. His tenure saw enthusiasm instilled at every segment of University activity. There were no student unrest in KUHS throughout his period. The Students Union honoured Dr. M.K.C. Nair as the Best Student Friendly Vice Chancellor, a claim few Vice Chancellors can boast of.

An academician par excellence, Prof. (Dr.) M.K.C. Nair graduated in 1974 from CMC Ludhiana. In 1979 he received his MD (Paediatrics) from there. In 1997 he took his PhD in Medicine from University of Kerala. In 2018, he was awarded with Doctor of Science Degree in Medicine: the first such degree awarded by the University of Kerala. In addition, he has about ten Postgraduate degrees from various Universities. He is the Founder Director of the Child Development Centre (CDC) Thiruvananthapuram, a national level centre of excellence.

Establishing the Four Schools of KUHS, namely the School of Health Policy & Planning Studies in Thiruvananthapuram, School of family Health Studies in Kozhikode, School of Fundamental Research in Ayurveda in Thrissur and



Prof. (Dr.) M.K.C. NAIR D.Sc.
Vice Chancellor

Development of Academic Staff College, Thrissur, and Eight Centres in the KUHS Head Quarters, namely, Centre for Basic Sciences Research and Bio-Ethics, Centre for Gerontological Studies, Centre for Interdisciplinary, Allied Health Sciences and Technology, Centre for Studies in Medical Simulation, Centre for Studies on Health of Young Adults, Centre for History of Medicine and Health Humanities are the milestones in Health Science Research of the University and is the proof of the insight of Dr. MKC Nair. The six-storied, 10000 m² building in the campus housing Pareeksha Bhavan, Vignjan Bhavan and Samskrthi Bhavan are in the final stages of completion. The registration of nearly 11000 faculty under the university has been completed and the process for issuing unique ID card for them is going on. Starting of Academic Monitoring Cells, Quality Assessment Process and the Accreditation of Faculty of the affiliated institutions are ongoing programs initiated during his tenure. We express our gratitude and also expect continued academic support from him in future.



Farewell

Prof. (Dr.) M.K.C. Nair D.Sc.
Vice Chancellor



inaugurations

Staff Quarters Inauguration



Simulation Lab Inauguration



Prof (Dr.) Mohanan Kunnummal

Our **NEW VICE CHANCELLOR**

QUAMI EKTA WEEK CELEBRATIONS

“Qaumi Ekta Week” (National Integration Week) is observed all over the country with a view to foster and reinforce the spirit of Communal Harmony, National Integration and pride. Dr. Alexander Jacob (former D.G.P) delivered an invited lecture on ‘National Integration and Indian Constitution’ in connection with Quami Ekta Week. Hon’ble Vice Chancellor Dr. Mohanan Kunnummal presided over the programme and Pro Vice Chancellor Dr. A Nalinakshan and Registrar Dr. A.K. Manoj Kumar spoke in the function.

Prof (Dr.) Mohanan Kunnummal took charge as the 3rd Vice Chancellor of KUHS on 28th October 2019. An alumnus of Government Medical College, Thiruvananthapuram, he is a Professor of Radiodiagnosis. He has a long track record in the KUHS as the Chairman of the Board of Studies, Faculty Dean (Medicine), Member of Governing Council, Academic Council, various Scrutiny Committees of Inspection Reports of Medical Colleges under KUHS, Committee for Preparation of Minimum Standards for Starting Medical UG and PG courses and Board of Adjudication of Student’s Grievances of KUHS. Prof. Mohanan was a Member of the Medical Council of India. He has achieved many awards including the Best Doctor Award in 2016 by the Govt. of Kerala and Dr. P. J Alexander memorial Oration award of Kerala IMA. We look forward to his directions in taking the University to higher levels.



GRADUATION Ceremonies *of* THE COLLEGES

Hon'ble Vice Chancellor
Prof. (Dr.) Mohanan Kunnungal
inaugurated the
Graduation Ceremony
of BSc Optometry and M Optometry
in Ahalia School of Optometry,
Palakkad on 11th December 2019



Graduation Ceremony
of Susrutha School of
Optometry & Visual Sciences
Kochi was inaugurated by
Prof.(Dr.)Mohanan Kunnungal
on 22nd
December 2019



Inauguration of Ahalia School of
Optometry and Research Centre
by Hon'ble Vice Chancellor
Dr. Mohanan Kunnungal
on 11th December 2019



Kerala University of Health Sciences started its 10th Anniversary celebration on 7th December 2019 and is for one year. The programme was inaugurated by Dr. S Sacchidanand, Vice Chancellor of Rajiv Gandhi University of Health Sciences, Karnataka. The Vice Chancellor Prof (Dr.) Mohanan Kunnummal, Pro Vice Chancellor Prof (Dr.) A Nalinakshan spoke in the function. The 1st Vice Chancellor of KUHS Prof. Dr. K. Mohan Das, Former Vice Chancellor Prof. (Dr.) MKC Nair DSc, 1st PVC Dr. C Ratnakaran, 1st Controller of Examinations and Vice Chancellor of Vinayaka Missions Research Foundation Deemed University, Salem, Dr. P. K. Sudhir, Former Registrar Dr. M.K. Mangalam, 1st Finance Officer Shri G. Gopakumar, Former Project Director Shri S. Narayanankutty, Kerala University Bio informatic Center senior scientist Dr. Sudhakaran etc. were honoured in the function. The Registrar Dr. A.K. Manojkumar presented the Vote of Thanks.

10th ANNIVERSARY Celebrations of KUHS



10th KUHS ANNIVERSARY Celebrations



Programmes OF SCHOOLS AND CENTERS

Certificate Programme on Ayurveda Research Methodology on 2nd & 3rd September 2019.

For the fifth session of the series, Dr. Biju George, Associate Professor from GMC Kozhikode handled the classes of 2nd September on Basic Biomedical Statistics Required for Research and Dr. A. K. Manojkumar (Registrar KUHS) and Dr. K Murali handled the class of 3rd September on the need of Research and how to conduct it.

RESEARCH METHODOLOGY FACULTY TRAINING - PHASE IV: Faculty Improvement Programme

Two days Training on "Clinical Consensus for Research" was conducted in association with the Dept. of Kriyasareera, Govt. Ayurveda College, Tripunithura on September 23rd & 24th 2019, to derive consensus on clinical evaluation and their adaptation into research. There were a total of 44 delegates including 37 teachers and 7 P.G Students in the programme.



SPECIALTY MEETING KRIYASAREERA

A meeting of faculty of Kriyasareera from all affiliated colleges was conducted on 5th November 2019, with an objective to find the area where research is essentially needed. The meeting was inaugurated by Principal Dr. V. S Syamaladevi, presided by Dr. Pradeep K, HOD, Dept of Kriyasareera, Govt. Ayurvedha College Tripunithra. Dr. Sudhikumar explained the need of conceptual research.

SPECIALTY MEETING SALYATANTRA

The meeting was conducted on 11th November 2019 at Govt. Ayurveda College, Thrippunithura. Dr. G Jai, Vice Principal, inaugurated the meeting. Dr. M M Abdul Shukkoor presided and Dr. Sudhikumar explained the status of Salya Research in Kerala and the need for in-depth research.

ONE DAY WORKSHOP FOR SAMHITA, SANSKRIT & SIDHANTA DEPARTMENT

The Department of Samhita, Sanskrit & Sidhantha, Government Ayurveda College, Thrippunithura in association with KUHS-School of Fundamental Research in Ayurveda, organised a One Day Workshop on setting priorities in fundamental research for Samhita



and Sidhanta faculty of Ayurveda colleges affiliated to KUHS, on 22nd November 2019. The meeting was inaugurated by Dr. V. S Syamala Devi, Principal Govt. Ayurveda College, Thripunithura, presided by Dr. Resmy T, HOD Dept of Samhitha, facilitated by Dr. K Murali, Professor Kayachikitsa, Dr. P.Y Ansari, Faculty Dean Ayurveda, KUHS and Dr. Vijayanath, Secretary Adhyapaka Samghatana.



Veeksha II Student Research Conclave
Inauguration By Vice Chancellor
Dr. Mohanan Kunnummal

Veeksha II Student Research conclave

Second Student Research Conclave for PG students of Ayurveda was conducted on 10th & 11th December 2019 at Government Ayurveda College Thrippunithura and the programme was inaugurated by Prof. (Dr.) Mohanan Kunnummal, Hon'ble Vice Chancellor of KUHS. Dr. Syamala Devi V. S, Principal, Govt. Ayurveda College, presided the function, Dr. Sudhikumar K. B, Professor in charge KUHS, SFRA welcomed, felicitations by Dr. C Retnakaran, Former Pro Vice Chancellor KUHS, Dr. Ansary P. Y, Dean KUHS, Dr. Vijayanath, Adhyapaka Samghatana and College Union Chairman. Dr. M Abhilash, Convenor of the program, proposed vote of thanks. The programme was conducted by KUHS School of Fundamental Research in Ayurveda in association with Government Ayurveda College Union. The prime objective of the conclave was to create awareness and promote research among student community.

The Vice Chancellor emphasized the importance of advance research in the field of Ayurveda and the need of functioning of the research centre at Thrippunithura. The toppers on the Research Methodology subject in PG and UG were presented medals by Hon'ble VC. The classes on Qualitative Research and Tool Development were handled by Dr Anandalekshmy, Professor Govt. AVC Thiruvananthapuram, and on the Usage of Software in Research by Dr P V Giri, Professor, Vaidyaratnam Ayurveda College Ollur. The selected PG Scholars presented their thesis for the best thesis award. Dr. Sangeetha of Govt Ayurveda College, TVM and Dr. Manju Joseph of Govt Ayurveda College Thrippunithura won the first and second prize.



Prof (Dr.) M.K.C. Nair D.Sc. Receives Best Student Friendly Vice Chancellor Award



Mathrubhoomi- Grihalekshmi Mrs Kerala contest

O.S. Sumithra, University Assistant receiving the Mathrubhoomi- Grihalekshmi Mrs Kerala Award

BOOK RELEASE

KUHS Revisited: A Hand Book outlining the structure, function, achievements and aspirations of the University was created with facts, figures & pictures accessible at a glance. This was presented to the Hon'ble Chancellor of the University & Governor Shri Arif Muhammed Khan on 25th October 2019 who released this in the Principals Conclave. This book is made available to all for reference.

Hon'ble Chancellor releasing the Book 'KUHS Revisited' and presenting to Prof. (Dr.) Harikumaran Nair G.S. (Dean Research, KUHS) on 25/10/2019



PROCESS MAPPING & EVALUATION REPORT:



As the University enters the 10th year of operations, it was decided to conduct an objective mapping and evaluation of the processes involved in the University's operations. As a preliminary step discussions were conducted with IIMK and as per their directions the process mapping & evaluation were conducted and two interim documents namely, Standard Operating Procedure (SOP) of various branches and the Operational Perspective of sections & branches also compiled. The final product was released by the Hon'ble Chancellor of KUHS & Governor of Kerala Shri Arif Mohammed Khan on 25th October 2019.



The book

'Structured Database of PG Dissertations'

was released by Hon'ble Vice Chancellor of KUHS, Prof (Dr) M K C Nair D.Sc, at a meeting conducted at University Head Quarters on 21-10-2019 in presence of Dr. A. K. Manojkumar (Registrar), Sudhikumar K. B, Professor, School of Fundamental Research in Ayurveda (SFRA), Thripunithura, Dr. Rajamohanam, Professor, School of Health Policy and Planning Studies (SHPPS), TVM, Dr. Anilkumar, Dr. Jithesh and Dr. Sailekha P, Research Assistants, SFRA.

Students Union Activities

INTER COLLEGIATE ATHLETIC MEET 2019-20

D-Zone Kho Kho Tournament

D ZONE KHOKHO BEST DEFENDER
VISHNVA PRADEEN RATHIN



D ZONE KHOKHO BEST PLAYER
ANILA SHAFREN- RIST RATHIN



CONGRATULATIONS
D ZONE KHOKHO CHAMPIONS
CALCUTTA MEDICAL COLLEGE



D-Zone basketball

CONGRATULATIONS D ZONE CHAMPIONS
BASKETBALL WOMEN TEAM



CONGRATULATIONS D ZONE CHAMPIONS
BASKETBALL MEN AND WOMEN TEAM



C-Zone Volleyball Championship



C Zone Cricket Championship



Students Union Activities

INTER COLLEGIATE ATHLETIC MEET 2019-20

C Zone Shuttle Badminton Championship



C Zone Football Championship



Inter Zone Throw Ball Women Championship



KUNS Inter Zone Shuttle Badminton Championship 2019-20



Activities of 'Sarga'

'Sarga' organised Cricket tournament for KUNS Staff





**KUHS Family
on
10th Anniversary**

Editorial Board

- Chairman** : Prof (Dr.) Mohanan Kunnimal
Vice Chancellor, KUHS
- Publisher** : Dr. A.K. Manojkumar
Registrar, KUHS
- Chief Editor** : Dr. Harikumar Nair G. S,
Dean Research, KUHS
- Editor** : Dr. V. V. Unnikrishnan,
Dean Academic, KUHS
- Executive Editor** : Dr. K.T. Jayalatha,
Assistant Librarian, KUHS

Upcoming Building of
PAREEKSHA BHAVAN AND VIJAN BHAVAN



Members

- Prof (Dr.) A Nalinakshan, Pro Vice Chancellor, KUHS
- Dr. C. P. Vijayan (Controller of Examinations, KUHS)
- Dean Student Affairs, KUHS
- Smt. Aliamma P. O. (Assistant Registrar, Deans Office, KUHS)
- Dr. A. Adil Nafar (University Assistant, KUHS)